

## Discover the outdoors

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STAFF WRITER

The Discover Outdoor Center is the university's one stop shop for outdoor adventure. Located in the new Student Recreation Center, Discover offers a variety of services to students, faculty and staff including adventure trips, kayak programs, challenge courses, equipment rentals, an ever-expanding resource center and the soon-to-be-open indoor climbing wall. According to Discover Outdoor Center intern Jamey Shine, the center's mission is to provide quality adventure recreation experiences and to be used as a resource center in that process.

Discover has taken advantage of Wilmington's close proximity to the Appalachian Mountains by planning several adventure trips throughout the semester, including overnight backpacking, hiking and rock climbing excursions, as well as day trips to locales closer to home.

"We've got a lot of really cool things going on: the opening of the new climbing wall in the student recreation center, all the new trips coming up, we're working on the challenge course and working with the new students training to be on our staff," said Debo Cox, Assistant Director of Campus Recreation/Outdoor Recreation.

For those not afraid of getting wet, Discover offers a variety of kayak adventures. Programs include basic and roll clinics, kayak day tours, and kayak camping. Kayak basic clinics cover information and skills needed to get started in the sport of kayaking and serve as a pre-requisite to kayak roll clinics. These 2-hour clinics are held on campus at the Trask Natatorium several times throughout the semester. The clinics cost \$7. Kayak days tours and camping trips utilize the area's many rivers and tidal wetlands and give students the opportunity to explore the wildlife and ecology of these unique ecosystems.

"This is such a great area for paddling, we don't really have to go very far," Cox said.

Planned paddling trips include Bear Island, near Hammock's Beach, sections of the Cape Fear river and Fort Fisher.

All trips require registration and are on a first come, first served basis. Full payment is due upon signup. A complete schedule of trips and prices can be obtained by visiting the Discover Outdoor Center or its website.



Several Challenge 2000 High Ropes Course Play Days are scheduled for the fall semester. Participants can experience the 35 foot climbing tower, zip line and other exciting high ropes course elements. Challenge courses may be scheduled for individual groups such as university clubs, Sororities and fraternities and are effective in developing leadership skills, team-building, self awareness, communication skills and problem solving.

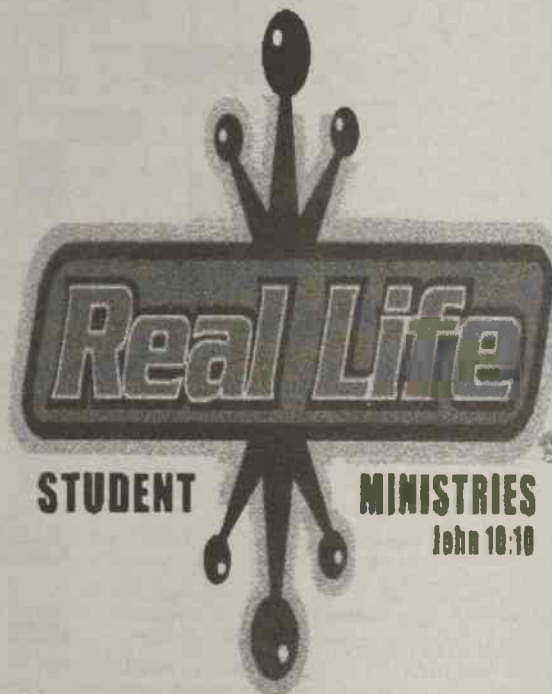
The Discover Outdoor Center also serves as a resource center for adventurers planning their own expeditions and provides information about outdoor activities and popular destinations. The center maintains current intership, volunteer and professional job opportunity listings in parks and recreation for a diversity of majors. A computer center furnishes visitors with internet access and a program providing up-to-date weather, current and tide information for any location on the southeastern coast of the United States.

In addition to informational resources, the center provides quality outdoor gear including backpacks, tents, sleeping bags and cooking equipment for rent. A complete price list can be obtained at the center.

The long-awaited completion and opening of the indoor rock climbing wall located in the new Student Recreation Center is anticipated for the first week of October. The 3-panel wall offers over 1,600 square feet of artificial climbing surface textured and colored to replicate North Carolina granite. Routes will range in difficulty from beginner to expert and will have the capacity to support several climbers at the same time. Use of the wall will be free to UNCW students, faculty and staff. Climbing equipment and shoes will be available for rent at a nominal cost through the Discover Outdoor Center.

For more information, including schedules and costs, stop by the Discover Outdoor Center Mon.-Fri. 9 a.m. to 5 p.m. or give them a call at (910) 962-4052.

## WELCOME INCOMING STUDENTS!!



Jesus said, "I have come that they may have life, and have it to the full."  
John 10:10

*The decision of what to do with the rest of our lives can be overwhelming. We spend our lives looking for answers and sometimes never seem to find them. Come join other college students as we learn how to face these REAL LIFE issues and ultimately point to the One who offers REAL LIFE.*



### Free Food!

*Join us this Sunday for our monthly college luncheon. It will be after our 11:00 morning worship service, so plan to eat around 12:15 PM. Remember, it's free to all students so we hope to see you there. Come meet new friends and get plugged in to a local church!!*

#### SUNDAY

9:45A.M. COLLEGE BIBLE STUDY  
11:00A.M. MORNING WORSHIP  
6:30P.M. EVENING WORSHIP

#### WEDNESDAY

7:00P.M. CROSSSEEKERS FOR COLLEGE STUDENTS

#### Freedom Baptist Church

Jason Mears, Minister to Students  
802 N. College Road  
Wilmington, NC 28405  
(Just 1.5 Miles North of UNCW)  
910-799-4898  
email: [reallife@freedombaptist.org](mailto:reallife@freedombaptist.org)