



Arts & Entertainment

JANUARY 11, 2001

Briefly...

Ramsey Lewis Trio to play Thalian

Grammy award winning musicians, the Ramsey Lewis Trio, are scheduled to play at Thalian Hall on Jan. 13 at 4 p.m. and 8 p.m. Their newest album, "Appassionata," has topped the international charts and songs from this album will make up part of the program co-presented by WHQR 91.3 FM Public Radio. Lewis presents "acoustic improvisations on classical, operatic, blues and spiritual themes." Tickets for either of the two shows are available at Thalian Hall for \$18-\$28. Call 343-3664 for more information.

Creativity workshop offered at library

The Northeast Regional Library is holding a workshop based on the popular book, "The Artist's Way: A Spiritual Path to Higher Creativity," by Julia Cameron. This class, which will be facilitated by three librarians, is intended for individuals seeking to release their "inner artist." An informational meeting about the ten-week workshop will be held on Jan. 16 at 9:30 a.m. The course will begin Jan. 30 and run weekly on Tuesdays from 9:30 a.m. until 11:30 a.m. until Apr. 3.

Art Museum to hold classes

St. John's Museum of Art will begin art classes for interested patrons beginning this month. Classes include Watercolor, Life Drawing, Jewelry Making and Saturday Soldering. Fees, not including materials, range from \$60-\$95. Museum members receive a 10% discount on all classes. To register for classes or receive more information, call St. John's Museum of Art at 763-0281. Payment may be sent to 114 Orange Street, Wilmington, NC, 28401.

New year brings new entertainment

KATIE TRAPP
STAFF WRITER

It is only the second week of January and 2001 is already looking prosperous. January is full of entertainment events that students should enjoy, including performances at Thalian Hall and Kenan Auditorium, in addition to the many events of Homecoming week.

This Saturday, Thalian Hall will be hosting The Ramsey Louis Trio. Ramsey Louis is a three time Grammy winner whose early pop hits include "The In Crowd" and "Hang On Sloopy." His group plays jazz-infused classical, gospel, and folk music. His newest album, "Appassionata," has gained international acclaim. Performances will be held at 4 and 8 p.m.

"More than any album I've ever done, 'Appassionata' is a snapshot of all I've ever been involved in," Lewis said in a recent press release.

"Aladdin," an ArtVentures Family Theatre event co-presented by the Junior League of Wilmington, will play at Thalian Hall on



Courtesy of Arts in Action

Momix, a performance group that combines gymnastics, dance and theatre, will perform this month.

Jan. 27. This family musical will entertain the audience with the classic tale of the genie in the bottle. Performances are at 11 a.m. and 2 p.m. and tickets are \$6.

For Thalian Hall audiences, the beginning of February will bring even more music en-

tertainment. The NC Jazz Festival Preview, which celebrates 20 years of Dixieland and mainstream jazz, will be presented on Feb. 1 at 8 p.m.; the festival continues throughout the weekend at the Hilton in downtown Wilmington. The next night, Feb. 2 at 8 p.m., the St. Lawrence String Quartet will play. This ensemble recently won the Banff International String Quartet Competition and is now among the most celebrated chamber ensembles in the world.

UNCW's Arts in Action program is bringing Momix to Kenan Auditorium. This production, called "In Orbit," combines gymnastics, dance and theatre to tell a story of space and the new millennium. Momix will perform on Saturday, Jan. 20 at 8 p.m. Tickets are \$12-\$14 for the General Public, \$6-\$8 for faculty and staff, and \$4-\$5 for UNCW students with a valid I.D.

"Momix is really about the human body, but they use really large props to create a sort of fantasy world," said Arts in Action Program Coordinator Shannon Hooker.

Homecoming week is set for Jan 22-27

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Northeast Library explores Artist's Way

SARAH VAN SCHAGEN
A&E EDITOR

The Northeast Regional Library will begin offering a workshop to help patrons reach their "inner artist" beginning with an informational meeting on Jan. 16. The workshop is based on the best-selling book "The Artist's Way: A Spiritual Path to Higher Creativity," by Julia Cameron, which outlines a weekly program for releasing one's creativity.

The workshop will take the form of small group meetings on Tuesday mornings from 9:30 to 11:30 a.m. During the meetings, participants will compare notes on how the week went according to the suggestions in Cameron's book. This support group hopes to aid 'recovering creatives,' people who know at some level that they were meant to be creative.

"This program is a mix of pop psychology, new-age, self help and a recovery group all jumbled into one," said librarian Paige Owens.

The program is free and, although limited to 20 participants, is open to anyone interested in exploring creativity and artistic confidence. Participants will be involved

in weekly exercises such as writing down creative dreams. Another important part of the program is journal writing, or what Cameron calls "morning pages," to help clear one's mind and stimulate creative energy. Individuals will also go on a weekly Artist Date, a brief, solitary outing to an art museum or second-hand store, as a treat to one's inner artist.

Participants may pursue any genre of creativity from painting and drawing to writing or even acting. Cameron emphasizes that people are afraid to be creative, but it is only a subtle shift in lifestyle. She indicates the importance of creativity in all fields from business and finance to landscaping. One of Cameron's most important points, and one that the workshop is based on, is that creativity is an important part of life and it is not just for those with a lot of free time.

"It depends on the individual, but if nothing else, one should gain the courage and freedom to take care of one's inner artist," said Owens.

Librarians Ronda Grizzle, Paige Owens and Phyllis Smith will lead the workshop. Owens asserts that they will work as facilitators and not teachers because they will help encourage the participants to work with their

inner artists. The three women have read and studied Cameron's book and plan to lead the small group in accordance with Cameron's suggestions.

Grizzle participated in a program at the San Pedro Center for Art and Contemplation in Orlando, Fla. that is similar to the workshop she will help lead. She is an avid journal writer and works at the main library maintaining their computers. Owens works the reference desk at the Northeast Regional Library and has a master's degree in creative writing. She believes in the power of journal writing and she has led workshops on the subject for the library and the YMCA. Smith has worked as a leader for many book discussions and she is the manager of the Northeast Regional Library.

The Northeast Regional Library will hold an informational meeting about the workshop on Tuesday, Jan. 16 at 9:30 a.m. Following the meeting, Cameron's book, which is required for those participating, will be on sale for \$12.95, a 20% discount off the retail price. The course will begin on Jan. 30 and will meet weekly from 9:30 to 11:30 a.m. through April 3. Participants are encouraged to attend each of the ten sessions.