

THE LANCE

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The Editorial staff's intent is to maintain professional standards within the guidelines put forth by the Code of Responsibility. Signed articles reflect the opinion of the author, whereas unsigned editorials and articles reflect the majority opinion of the staff. Opinions expressed are not necessarily those of the College. Letters to the editor and articles are welcomed though subject to space limitations.

Blessings. . .Pope

At times having to room with someone can be exasperating--for both parties. Just getting used to someone else's life style can often take a great deal of time and effort.

The best way to do it, I have found, is to show a genuine interest in your roommate's hobby. I decided to try this. It was difficult for me because my roommate is really interested in yoga, and I always laugh out loud at the strange positions he bends in. Lord knows I could never hope to participate. My body sags where it should bend.

If your roommate does yoga, you have to get used to your friends saying, "Hey, I just went by your room and your roommate was in his underwear standing on his head. What's his problem?"

If this happens, you just smile and say, "He's just doing his yoga. Don't worry."

One day, I thought I would have a go at appearing interested in what my roommate was doing.

I walked into the room and found my roommate lying prone on the floor in his briefs, his arms beside him, eyes closed, breathing funny. I didn't panic and run for help, no, he had warned me beforehand.

"Hi," I said as I stepped over him to get to my closet. "How was your day?"

No answer.

"Oh, I notice you are doing yoga."

No answer.

By now I have decided he must be elsewhere or something so I get ready for bed, then get a coke out of the refrigerator. When I pop the top, Coke foams out of the can onto the rug on which he is lying.

"Hey," he says, "watch it or you'll lower the vibes." "Oh."

He contorts his body in something he calls the cobra pose. "What good does all this bending do you?" I sincerely asked. "It places your organs back in their proper places and aids in indigestion."

"Do organs really get out of place? How interesting. And it aids indigestion, uummm. You been having problems?"

"It's to keep me from having problems."

"Preventive medicine, then. Ha, Ha, Ha,"

No response.

By now I have finished my drink and have taken to my bed, for safety or what have you and he is again stretched out on the floor, breathing funny again.

"Tired? I mean you're having trouble getting your breath."

"It's all part of the exercise. It's controlled breathing. Most people do not breathe properly," he said to me with accusation written all over his face.

"Didn't know that. I'll have to be careful how I breathe for now on."

I decided that I had done my best by then and started to go to sleep. But I couldn't stand it, I had to look to see what awful thing he was doing to himself then, so I rolled over.

He was still lying on the floor, not doing anything, or so it appeared from a layman's point of view. I had to ask.

"You alright?"

No answer. Yoga is a silent hobby, I finally learned.

I laughed. It was uncontrollable. Anyone would have to, unless they really had an understanding about what was going on. It is really funny to see one's roommate just lying on the floor in his briefs.

I noticed that he was starting to laugh too. Then he said, "Now I've got to start all over."

"At just lying there? That couldn't be too hard," I said.

"I was not just lying there. I was doing the dead pose."

Had to ask, "Exactly what is the dead pose?"

"It is a relaxing position. You start off by concentrating on your toes telling them to relax and you slowly work up your body to your head. I was at my navel when you interrupted."

"You relaxed your navel. How?"

"You just do it."

"Can I watch? I've never seen anyone relax a navel before."

"Yeah."

I watched, silently at first, then asked are your toes relaxed yet?"

No answer.

"Are they? They don't look any different."

He started laughing. Then I joined in.

"Why don't you try it?" he asked.

"Is it better than going to sleep?"

"Better."

So I tried it. There I lay on my bed saying, outloud, I'm afraid, "Toes relax! Toes relax!"

But, I fell asleep before anything happened.

Om, ya'll

THE LANCE



Public Recruiters Function As Solicitors, Not Displays

Last week the Peace Corps and Vista set up an exhibition of literature and photographs in front of the trophy case in the student center. Although this contradicted with the school policy of recruiters being given a room out of public view to conduct interviews, these organizations were told their exhibit constituted a display and was therefore permissible. They were also informed that any actual recruiting would have to take place in a room out of public view consistent with the college policy.

What they were requested to do and what they actually did were not the same. Verbal recruiting took place at their "display."

Similarly, this week the Marines were granted the privilege of setting up a display in front of the trophy case. Perhaps truer to form they also held interviews in the job placement office. Nevertheless, they also had a recruiter standing next to the display recruiting. But that is not the real point at issue.

Two years ago students protested to the administration that they were offended by recruiters--in particular military recruiters--having a table set up in front of the trophy case in the student center for the purpose of recruiting. It was at that time and because of that fact the administration adopted its present policy.

This year a number of students re-affirmed their feelings that recruiting exhibitions set up in public view were offensive to them.

The fact that both the exhibition put up by the Peace Corp and Vista, and the military were technically termed displays is irrelevant. The literature and the pictures had the purpose and served the function of recruiting potential em-

SA Paraplegics

Join Foundation

The St. Andrews College Chapter of the National Paraplegic Foundation has recently been formed. The St. Andrews group joins approximately 27 other Chapters across the nation aimed at fulfilling the purposes of the National Foundation which include programs to reduce the consequences of paraplegia and efforts to increase public and private funding for research and treatment.

Officers elected at the February 13 meeting are as follows: Charlie Webster, president; Marty Fort, vice-president; Annette Lauber, secretary; Iris Addington, treasurer. Membership is open to any interested persons. Prospective members are invited to attend the next meeting, March 5 at 7:00 p.m. in the Main Lounge of the Student Center.

ployees--as they were designed to do.

The literature and pictures were created for the purpose of telling a story of a job that needs to be done and the benefits obtained by doing it. In other words, the literature

Change Content Not Requirement

BY MARSHALL GRAVELY

The right to learn is also governed by certain responsibilities. When a student signs up to come to this college he supposedly agrees to certain requirements which the college or its faculty deem necessary to the learning experience as they see it.

The issue of S.T.M.S. being an infringement on the student's right to learn can also be applied to C&C or to the former language requirement. If the required course is irrelevant to the majority of the students taking it, as the petition seems to indicate, then the course should be revised. The requirement can be, and apparently is, an excuse for certain meaningless courses -- but the requirement is needed.

The most vehement opposition to this required course is apparently from those who did poorly in the course. This is not to say that the persons complaining are just against a course they did poorly in, but it seems that had they done better they would be less likely to complain. Some requirements are necessary to prevent such intellectual laziness.

Furthermore, the guided independent study can provide an example of the other extreme. Although most of the students taking these do profit, certain students have used them to get away from other courses or major requirements.

As one of the graffiti remarks on the petition said, many of those students who did do well in STMS went on to become science majors. They enjoyed S.T.M.S. as a learning experience and it was valuable to them. Perhaps they were even inclined to major in science because of their exposure to the department through S.T.M.S. Therefore, the requirement is not totally irrelevant.

If the S.T.M.S. course is stagnated and irrelevant, change it. The course is the problem, not the requirement of it. If the requirement is abolished, the next point of attack will be C&C, and so forth. Rather than a piecemeal opposition to one requirement at a time, the opponents would do better to look toward a meaningful restructuring of the entire system of requirements and courses. This problem is not one of requirements, rather it is a combination of irrelevant course material and the intellectual laziness of students.

and pictures were recruiting. They were recruiting just as assuredly as if a man stood by captivating those passing, trying to interest them in a job position.

The students of two years ago and again of this year objected to and found offensive the act of recruiting in public view. Perhaps in the future a stricter application of the policy for recruiting on campus should be adhered to for the benefits of community members who have found the blatant recruiting of prospective employers offensive.

In Brief

The College Union Board will show Good-bye Columbus starting Richard Benjamin and Ali McGraw this Friday at 9:00 and Saturday at 8:00 p.m. Admission will be 25¢ per person.

There will be a concert featuring Black Sabbath, and Wild Turkey at 8:00 p.m. at the Cumberland County Memorial Auditorium on Wednesday, March 1. Admission in advance is \$4.50 at the door \$5.00. Tickets can be obtained at the Student Center desk.

Ron Bayes, writer-in-residence, is proud to announce that Rex McGuinn, one of our seniors, has had two poems -- "The Black Porch" and "The Struggle" -- accepted for publication in Poet Magazine published in India by editor Ktishna Srinivas.

Hendrix Values Student Concern

Dear Editor:

I feel it was very commendable of the Lance to note the recent illness of some of the Physical Plant employees and your encouragement of the students to help at this time. Any job is made easier when you know that others are concerned about your welfare and are willing to come to your aid. The Physical Plant employees are concerned that they do their job well and that their area of responsibility is well kept. Therefore, it gives them great satisfaction when everyone cooperates and they are able to keep their area clean and attractive. It also is a source of discouragement when there is a wild party or some other unseemly behavior and their work of many hours is messed up.

We have just received word that Harlee Campbell, Vardell janitor, does have cancer and is paralyzed. He will not be able to work anymore according to his doctor. Any help to this family would be appreciated.

Thank you again for the concern of Lance and the Student Body.

Sincerely,
Wade Hendrix, Director
Physical Plant