



*Knights' Baseball team members Travis Seahase (standing) and Marc Norris (sitting) pump iron during one of the teams hard training schedules. The team works out everyday, alternating between running and weight training until their season begins in February.*

Lance photo by Jerome Baker

## St. Andrews' Day, Nov. 30th

St. Andrews College will celebrate St. Andrews Day on Monday, November 30, with a variety of activities.

Andrew is the patron Saint of Scotland and was Jesus' first chosen disciple.

There will be an Open House in the Heritage Room of the Library from 9:30 - 3:00.

Monday night will feature a St. Andrews Day celebration for the Monday Night in the Arts program beginning at 8:00 p.m. Chaplain David Thornton will give a presentation on the topic, "Who Was Andrew?" followed by a reading of greetings from St. Andrews Societies nationwide as well as greetings from St. Andrews University in Scotland.

Members of the college pipe band will perform selected Scottish tunes. A special feature of the entertainment will include Highland Danc-

ing to be performed by students Fiona Montgomery and Susan Walmsley.

Also, the Chaplains Office is sponsoring a St. Andrews Day essay contest on the topic, "If St. Andrews were alive today and visited St. Andrews College, What would He Say?" Cash prizes of \$50.00 and \$25.00 will be awarded to the first and second place winners respectively.

For more information about the contest, contact Chaplain David Thornton at ext. 5143.

### *Gathering Place presents "Unplugged"*

For those of you who missed the first "unplugged" of the year, Tim Freeman has scheduled the next jam session for Thursday, December 3rd, beginning at 9:00 pm.

The guest list for December's "unplugged" includes Charlie Hamill and David Southwood Smith, Lindi Wiggins and Just Forest.

Anyone interested in performing may contact Tim Freeman or Rod Riley for more information.

## Mother Earth Needs Your help!

In the last Lance article about the Year of the Environment, I defined what the Year of the Environment was and outlined some possible suggestions on how to get involved. Ruefully, I may not have been specific enough because not a single individual contacted me about details on how she could get active. Now the end of the semester is upon us and work, stress (from the holidays and otherwise) and illness are mounting daily. So even though you may not have the time and energy to be Eco-Man or Woman-saving the world from the perils of ozone depletion and deforestation—here is a list of simple things to do that take only fifteen minutes to raise environmental awareness.

1. Turn off lights, heat/air-conditioning, stereos, etc. when not in the room for a long period of time. All too often lights are left on academic and residential sides of the lake. Heating becomes

wasteful when people are not even in the room, or a (suite lounge) door is left open when the heat is on.

2. Work with your suite to organize recycling bin take-out sign-ups to share the responsibility of taking out the recycling bins every TUESDAY EVENING for Wednesday pick-up. Filled recycling bins on this campus have a tendency to hang around for several weeks if they are not taken to the long part of the curb Tuesday nights.

3. Consult your club (Tri-Beta, CSO, Eco-Action, etc.) and organizations (SAU, BSU, etc.) presidents about sponsoring an environmental project for the Year of the Environment. President Eddie Brown released a memo several weeks ago reminding the presidents of the various clubs about this plan, and if you haven't joined a club this would be the perfect opportunity.

4. Make suggestions to your Environmental Dorm Chairs and Dorm Presidents about an environmental project

sponsored by each dorm for The Year of the Environment. A dorm clean-up (and picnic) might be a suggestion of one. (hint, hint).

5. If there is a pressing (environmental) concern that needs attention call me (Gregg Phelps at 5598), or if it is really important visit Dr. Reuschling (the father of YOE) for an answer. His door is always open (unless he is on a business trip).

The next step after this awareness is action. So even though this article may seem elementary and/or authoritarian, it is just a subtle reminder of what needs to be done to make the Year of the Environment campaign a success. Let's not be just "armchair activist" (taken from a speech on campus involvement by Katie Bonsal), but get advice.

### Equestrian

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ics at St. Andrews for the past five years. She complimented the St. Andrews Equestrian team and the improvements she has noticed in the program the past few years.

St. Andrews riders J.R. Macaully, Kathy Kassel, Beth Anna Perry and Susan Yeaman, accompanied by Shelby Finch, will be representing the U.S. in Panama, December 12-18. They will be competing in international show jumping. This is a once in a life time opportunity for the St. Andrews Equestrian program. They feel fortunate and honored to be able to participate and represent the United States in Panama.