

Soccer Swiches Keep Teams Tight

Matthew Stucke
The Lance

After two years of coaching the men's soccer team at St. Andrews, Tom Frambach has resigned. Frambach is headed to North Carolina State University, where he will be the assistant coach for women's soccer. Upon Frambach's departure, a national search was launched to find his successor. Four coaches were interviewed by Athletic Director Carl Ulrich and the men's soccer team. Stevan Hernandez, who coached women's soccer and softball this year, rose to the top and was selected to be the head coach of the men's soccer team. Elizabeth Bowden, assistant coach for the women's soccer team, will be taking over responsibilities as women's head coach.

Frambach, a 2000 graduate of SUNY Cortland, was head coach of the men's team for two years, with a record of 8-27-2. This year, he led the team to a record of 7-12-1 overall and 5-4-1 in the CVAC, with a No. 5 seed in the conference tournament. Geoff Krampe, Frambach's assistant, will remain at St. Andrews as an assistant to Hernandez. Krampe, a 2001 graduate of West Virginia University, has taken extra responsibility over the men's team while Hernandez is in softball season.

"Our goal is to win, and do it all the time. We do it in the classroom. We do it on the field. All the time."

**Stevan Hernandez
Men's Soccer Coach**

Hernandez, an Upper Saddle River, New Jersey native, was hired by St. Andrews in May of 1998 to restart the women's soccer program and coach a softball team with six players.

"I said I'd explore different options once I got the women's soccer team to a point where the program runs itself," said Hernandez. "I was excited to see that team grow." He has obtained his Advanced National Diploma for the National Soccer Coaches Association of America. As well as coaching, Hernandez has been a Resident Director for 2 years and helped to create the intramural program.

"Our goal is to win, and do it all the time. We do it in the classroom. We do it on the field. All the time." states Hernandez. This is a philosophy that Hernandez applies to any team he has coached. He believes that any player playing for him should "leave here bleeding blue."

"He brings a lot of dedication and work ethic to our program" Ulrich notes. Hernandez

lack no confidence as he states: "I'm ready to go. I've got confidence in the players that are here."

Bowden has stepped into the role of women's head coach. She was a four-year starter at Belmont Abbey College, where her team made it to the NCAA quarterfinals in 1998 and 1999 and claimed two CVAC regular season and tournament championships.

Bowden, an Atlanta, Georgia native, has been the assistant coach of the women's team for four years. Because she was deemed such a good fit for the team, no additional search was deemed necessary for a women's head coach.

"I very much look at us as a family" says Bowden.

Hernandez recognizes Bowden's contribution by saying, "(The women's soccer program) couldn't be where we are without her."

Both Men's and Women's soccer programs have had an excellent rebuilding year this year. Hernandez and Bowden are looking to build on this success to establish well-respected soccer programs at St. Andrews.

"My goal is to win the conference championship this year, and the year after that, and the year after that" says Hernandez.



Coaches Elizabeth Bowden and Stevan Hernandez.

Spring Sports Update

Peter Galan
The Lance

Men's Lacrosse

The St Andrews Knights Men's Lacrosse team has enjoyed a successful start to their season. At printing, the team was 4-4 with a 3-0 record in the Deep South Conference. In front of a rain-soaked but faithful home crowd, the Knights won their home opener over Lees-McRae 14-6. Sophomore Kyle Weiher had 5 goals while sophomore Pat Fitzgerald had 3 goals and 3 assists. Junior Chris Sherman, in his first start as a St Andrews Knight, made 6 saves. The Knights lost at New York Institute of Technology but followed the tough loss up with another home win a couple weeks later by a score of 12-4 over Pfeiffer.

•See Update, Page 9

St. Andrews New Sports

Peter Galan
The Lance

The St Andrews Athletics Program has welcomed three new programs into its fold, all of which are spring sports (which is why I have waited this long to write something about them. Oops...)

The men's tennis team is new in all ways possible, as not only is it a new program, but the entire team is comprised of freshmen, and oddly enough, all of the players are from out of the country. I asked Coach Carter why there was such a strong foreign influence in the tennis program, and pointed to the "chance to be on the new, up and coming program and have the opportunity to play in the top 6 singles positions or top 3 doubles positions as freshmen" as mitigating factors in the complexion of the team. I myself don't know where the team plays, so I asked Carter for directions to the tennis complex. He was more than willing to oblige: "The team plays on the Scotland Tennis Center courts on Atkinson Street. This is about 1 mile from campus. Turn right out of the entrance near Harris Teeter and then veer left at the intersection just before KFC. The courts are on the left a few blocks down." So by all means, come out and support the tennis team as they go through the growing pains of a new program with all new players. I'm sure they would appreciate any support they can get!

Women's golf is a venture that was started up by men's golf coach Jason Hughes. They have struggled throughout the year, as freshman Andrea Johnston is the only player on the team who has had prior experience playing competitively, as she played for three years on her high school team. Mainly, the girls have just played for the love of the game, to get better at it, and to have some fun on the golf course. Hughes has aggressively recruited for next year, hoping to bring in some quality players, saying this year was "the building block to many great years for St. Andrews in women's golf."

The women's lacrosse program is also new at St Andrews this year. Having to compete with established programs has made the year difficult for the ladies, as it was predictably difficult to get a system in place and then execute it in games. Hopefully the team will continue to progress, bring in fresh recruits to make the team better, and use the players they have now (only one of which graduates this year) to build on a successful future under the guidance of Coach Samantha Valder.