



"I do not agree with what you have to say, but I'll defend to the death your right to say it." - Voltaire

ST. ANDREWS EQUESTRIANS

Continued from page 1

sorry," said one student who was handing boxes over others." "That's one of the dangers," another replied light-heartedly.

"I've sent boxes monthly, but never like this," said McAlinn. "This can be done at any time of the year, not just Christmas."

One of the more unusual items is baby wipes. "They need baby wipes because sometimes they can't get a shower," she said.

When finished, the equestrians packed more than 300 boxes and took them to the VFW Post in Southern Pines for forwarding to the troops. The boxes filled a three-horse trailer.

"I'm just hoping other equestrians or other clubs will pick up this project nationwide," said Nancy Wennberg.

And the lollipop connection?

Lollipops are a favorite to the soldiers, says Wennberg. They



St. Andrews Equestrians gather to build toy boxes. Picture courtest of Rooney Coofman.

look for them in every box.

Why?

"The lollipops are for the kids over there!" she said.

November's Horse of the Month

"Woody"

Registered name: Driftwood
16 hand bay Trakhener



Woody getting his workout. Picture courtesy of Megan Fisher

Equestrian graduates from as far as 10 years back will remember one horse with great fondness: Woody. Woody does everything from hunters to dressage to beginners. He can be a little sticky over jumps when not ridden forward, but in the process, he has taught many riders how to ride correctly. Two years ago, Woody had an eye injury that almost ended his career - the NCSU veterinarians and Dr. Kellam treated him and he made a full recovery. In the past, Woody has participated in ANRC competitions and has been to local and A-rated hunter shows. Now, he participates in the PHJA and IHSA shows as well as being a sub for IDA shows and teaching in the community riding program. Woody was named IHSA Horse of the Year in 2003.

December's Horse of the Month

Worthy

Registered Name: Worthwhile

Worthy (Worthwhile) came to us in 1999 from Patty Heuckeroth in Southern Pines. He was Amy Ziegler's ANRC horse for two years and in 2002 he was named National IHSA Horse of the Year. He carried many students to victory in IHSA shows and his crowning glory was when his rider won the Cacchione Cup. He has spent all of his summers with Sarah Rhymer - either in Brevard or at Camp Seafarer. Besides being one of our best school horses he has recently excelled in the dressage training level tests at our IDA Shows.

Worthy recently passed away from a broken leg, we will miss you!

St. Andrews Therapeutic Horsemanship Program Featured in *Practical Horseman*

Danielle Heider

The St. Andrews Therapeutic Horsemanship program was recently recognized in the December issue of *Practical Horseman*. Therapeutic Riding is a growing health-allied field that enriches the lives of individuals with disabilities through the use of the horse. *Practical Horseman's* article, *College Programs that Fill an "Incredible Need"* discusses the growing industry of Therapeutic Horsemanship and the increasing educational opportunities offered throughout the nation at colleges and universities.

St. Andrews Presbyterian College is the first college in the nation to offer a four year, bachelors degree in Therapeutic Horsemanship. According to the author, St. Andrews is still ahead of the curve and is continuing to grow.

The Therapeutic Horsemanship major allows students the opportunity to earn teaching hours through the Ride Like a Knight Therapeutic Riding Program, which serves the Laurinburg and surrounding communities. Graduates of the Therapeutic Horsemanship program receive a registered or advanced certification from NARHA (North American Riding for the Handicapped Association).

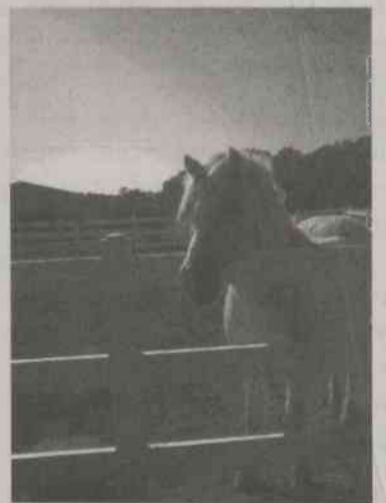
St. Andrews is setting an example to other colleges and universities about the increasing and unique opportunities that are available within the Therapeutic Riding Industry.



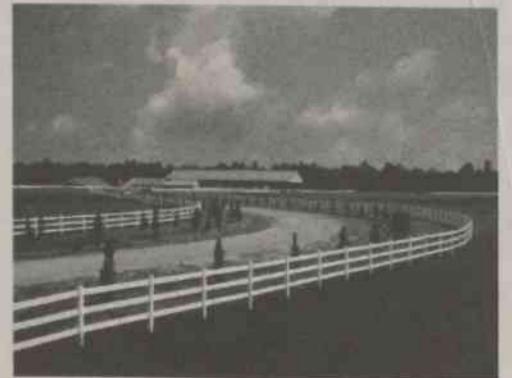
(From Left to Right): Liz Hariis (top), Allison Summey (top, Graduate '06), Kelly Chaplin (top, Graduate '06) Danielle Heider, Britney Fitts (Graduate '06), Alicia Toke and Katie Miller with participating riders. Picture courtesy of Rooney Coffman.

Futhermore, the Therapeutic Horsemanship program is furthering opportunities for students by offering a Therapeutic Riding Business Management degree. This will allow students the opportunity to further explore the business aspects of the Therapeutic Horsemanship Industry. While the St. Andrews Therapeutic Horsemanship program is continuing to grow, the increasing opportunities are gaining respect and recognition.

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Close up of Merlin. Picture Courtesy of Kristina Goodspeed.



Singletary from the driveway. Picture Courtesy of Rooney Coffman.



Pebbles Turbeville with her horse, Dutch. Picture Coutesy of Rooney Coffman.

*****For further information contact Pebbles Turbeville at Turbeville@sapc.edu or pick up the latest edition of the *Practical Horseman* at your local tack store*****