

Knights Athletics



"I do not agree with what you have to say, but I'll defend to the death your right to say it." - Voltaire

St. Andrews Women's Cross Country named All-Academic Team

For the fourth consecutive year the St. Andrews Presbyterian College women's cross country team was named an NCAA Division II All-Academic Team by the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) announced on Thursday. The Lady Knights harriers accomplished this amazing goal for the fourth straight year after posting a team cumulative grade point average (GPA) of 3.607.

"What an incredible accomplishment for the women's team," said fifth year head coach Gary Aycok. "They have proven their ability once again to balance the responsibilities of a St. Andrews student-athlete." The USTFCCCA honored 91 D-II women's cross country programs with All-Academic Team honors. For schools to qualify, the student-athletes on their NCAA eligibility list

must have a group cumulative GPA of 3.0 or higher. Individually, four different Lady Knights were awarded All-Academic honors including junior Tessa Franz (Warren, Ore.), junior Veronica Gobeyn (Mullins, S.C.), sophomore Alyson Trovato (Cedar Park, Texas), and sophomore Leah Nicholson (Hendersonville, N.C.).

St. Andrews' team cumulative GPA of 3.607 is the 16th highest nationally for 2006. "I think their recognition speaks volumes about their commitment to the classroom and the cross country discipline. It is truly a pleasure to work with such an awesome group of young ladies!" concluded Aycok.



Veronica Gobeyn on the run. Picture courtesy of Rooney Coffman.

St. Andrews Men's Lacrosse Starts Spring 2007 Season

Matt Stucke

The St. Andrews Men's Lacrosse team played their season opener on February 17, 2007. The Knights finished the 2006 season with an overall record of 8-7 and a 7-2 record in the Deep South Conference. This year, they will be participating in the reformed Carolinas-Virginias Athletic Conference. Saint Andrews was ranked as the ninth best team in the nation by Lacrosse magazine. They were picked 2nd in a pre-season CVAC poll. Limestone, the CVAC preseason favorite, was ranked sixth nationally.

The knights are lead by head coach Michael Lawson. They are returning eight seniors this year, providing a solid core

of experience. This years team is "more mature" than in the past and "the biggest team the school has ever had", stated Lawson. He also asserted that they have a "talented group of freshmen that each bring a different piece of the puzzle." This years captains are Zach Mryncza, Dan Hartzell, Sean Todd, and Tom Watt. This year "every game is a key game" with a schedule that is "extremely competitive out of region", says Lawson.

The goal of the St. Andrews lacrosse team, says Lawson, is to "win a national championship" and "acquire recognition for academics. We want to have the highest percent of GPA" of any sports team on campus. He

seeks to "attract high quality student athletes." Lawson admits, most of his players are "probably not going to make a living with a lacrosse stick. They need a strong foundation so they can be successful when they leave this place."

St. Andrews will be hosting the CVAC tournament this year, starting on April, 20, 2007. Lawson urges the continued support of the St. Andrews student body, especially at the CVAC tournament. "Having the support of the students is big. It is a bigger piece than I think people realize." It is through the support of the students that the continued success of the team is made possible. Home games will be on February 17 and 28 and March 14, 17, 21, and 25.



St. Andrews Men's Lacrosse Team. Picture courtesy of Rooney Coffman

March 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Notes:				1	2	3
					T vs. Queens (3:30) CVAC Basketball Tourney	WG @ Limestone (All Day) HB vs. Barton (12:00) ML @ Mercyhurst (12:00) CVAC Basketball Tourney
4	5	6	7	8	9	10
WG @ Limestone (All Day) BB vs. Barton (1:00)	MG @ Florida Tech (All Day) WG @ Limestone (All Day)	MG @ Florida Tech (All Day) HB vs. N. Greenville (1:00) SB @ Francis Marion (1:00)	BB @ Lander (3:00)	SB vs. West Va. Tech (1:30)	SB @ N. Greenville (2:00) MI @ N.Y.I.T. (3:00) WL vs. Regis (3:00)	BB vs. Belmont Abbey (12:00)
11	12	13	14	15	16	17
WI. vs. Nazareth (12:00) BB vs. Belmont Abbey (1:00) SB vs. Greenville State (1:00) MI @ Bryant (1:00)		T vs. Lafayette (2:30) WI vs. New Haven (4:00)	SB @ Limestone (2:00) ML vs. Belmont Abbey (3:30) HB @ UNC-Pembroke (6:00)	SB vs. Mount Olive (2:00) MI vs. Chowan (3:00)		T vs. Erskine (11:00/1:00) HB @ Mount Olive (12:00) WL vs. Belmont Abbey (1:00) ML vs. Wingate (3:00) T&F @ UNC! (All Day)
18	19	20	21	22	23	24
BB @ Mount Olive (1:00) SB @ Coker (2:00)	Golf hosts SA Invite (All Day)	Golf hosts SA Invite (All Day) BB vs. Catawba (2:00)	T @ Pfeiffer (3:00) ML vs. Queens (4:00)	BB vs. Wingate (2:00)	T&F @ UNC-W (All Day) T @ North/South (TBA)	BB @ Anderson (12:00) SB vs. Belmont Abbey (1:00) WI vs. Lees-McRae (3:00) T&F @ UNC-W (All Day) T @ North/South (TBA)
25	26	27	28	29	30	31
MI vs. Adelphi (12:00) BB @ Anderson (1:00) SB vs. Fayetteville St. (2:00) WI vs. Queens (3:00) T @ North/South (TBA)		HB @ Chowan (1:00) SB vs. St. Aug's (2:00)	SH vs. Chowan (2:30) WL vs. NC Wesleyan (4:30)		MG @ Camp Lejeune (All Day)	MG @ Camp Lejeune (All Day) BB vs. Coker (12:00) T @ Limestone (1:00) ML @ Presbyterian (2:00)