

**STAFF CHANGES TO THE ATHLETIC DEPARTMENT:**

St. Andrews Presbyterian College Athletics has announced several changes within its department for the new school year including Elizabeth Hernandez being named the new head coach for the men's and women's tennis programs and the addition of seven new assistant coaches.

Hernandez, who has served in several capacities in the Knights athletics department, will continue to be associate athletics director and compliance coordinator in 2007/08, while also taking over the tennis programs.

"I am really looking forward to working with our tennis programs," said Hernandez. "We have a great group of student-athletes on both the men's and women's teams, and I am look forward to seeing them progress throughout the year."

Hernandez will be taking over immediately and will oversee all aspects of the programs that will be competing in the spring of 2008.

"I am pleased that Liz has agreed to lend her proven overall coaching skills to the men's and women's tennis programs, while we continue to search for a suitable permanent replacement for the position that became vacant over the summer," said St. Andrews Athletic Director Brian Mand. "Liz will be actively involved in administering the tennis program and providing instruction and leadership for the tennis student-athletes, while also being actively involved with determining the overall direction and future leadership of the program."

**Administrative Changes**

In addition to the coaching changes, St. Andrews athletics director Brian Mand has also revealed a few administrative changes.

Jody Murphy has been promoted from assistant athletic trainer to head athletic trainer in her fourth year at SAPC.

"It gives me a great deal of pleasure as an administrator to promote from within, and it did not take long into my brief tenure as Director of Athletics to recognize that Jody Murphy's knowledge, experience and demonstrated loyalty and commitment to St. Andrews made her the obvious choice to fill the head athletic trainer vacancy," said Mand.

Elizabeth Burris, second year head coach of the Lady Knights softball team, will also take over as the Senior Women's Administrator (SWA) and the coordinator of the CHAMPS Life Skills Program.

Dr. Linda Schoonmaker, associate professor of sports management at St. Andrews, has been named the Faculty Athletic Representative (FAR) for the Knights.

**New Assistant Coaches**

Burris brings in Kim Tackett to help with the softball program. Tackett just finished a four-year playing career at NCAA Division III powerhouse Muskingum College.

"We are very excited to have Kim here," commented Burris. "She brings a lot to the table; know how to win, instilling hard work, and the energy to get our players ready. She will be a great asset to this team and the coaching staff."

First year head baseball coach Keith Williams brings in a pair of new assistant coaches. Jim Blair spent the past three years as an assistant coach at NCAA Division III Hampden-Sydney College in Virginia. Blair also coached at Richard Stockton College and played collegiate baseball at his alma mater, Caldwell College. Thomas Ford was an assistant for Williams at Rutgers-Camden last year after playing baseball for Coach Williams for four years.

Fourth year head women's basketball coach David Johnson has hired a pair of St. Andrews graduates to help assist his program. Diana Martinez played four years for the Lady Knights and was coached by Johnson for her final three years. Dwayne Jeffcoat joins the women's staff after playing his collegiate basketball for the Knights men's team.

Second year head coach Joe Baranik will have his first assistant coach for a young St. Andrews wrestling program. John Lowery joins the Knights staff after wrestling for his alma mater, Campbellsville University. Lowery, who also teaches high school English, wrestled three years at Virginia Military Institute

Fourth year head coach Michael Lawson brings in a new assistant coach to a Knights men's lacrosse team that finished last year nationally ranked. Tim Murphy comes to SAPC after earning coaching experience as an assistant at both the University of Southern Maine and Merrimack College. Prior to that, Murphy played lacrosse for four years at Merrimack.

The St. Andrews Fitness Center will open up starting tomorrow, Tuesday, August 21st. The weight room and facilities will be open for the hours listed below with the exception that these services will be closed on evenings of home indoor sporting events (i.e. volleyball, basketball, and wrestling).

Pool hours will be announced in the near future.

**BE PREPARED:** You must have your St. Andrews ID card to use the facilities. You will be asked to show your student, faculty, or staff ID card when using the facilities during the open hours. If you do not have your St. Andrews ID card, you will NOT be permitted to use the facility. Anyone not within the St. Andrews community will not be allowed to use the facilities.

**HOURS OF OPERATION:**

6:00-9:00 PM – Monday thru Friday  
1:00-4:00 PM – Saturday  
Closed – Sunday

The weight room will remain closed at all other times during the week to accommodate all of our athletics teams.

**Knights harriers finish fifth at Wingate Invite: Staff Reports**

WINGATE, N.C.—Junior Mitch Cooper (Virginia Beach, Va.) and sophomore Pedro Tapia Jr. (Sanford, N.C.) both finished in the top-10 individually to lead the St. Andrews Presbyterian College men's cross country team to a fifth place finish out of 14 teams in the 2007 Wingate Invitational Saturday morning.

The Wingate University Invitational defending champion, Cooper finished third overall this year with a speed of 34:05 on the 10-kilometer course. Tapiafollowed in 10th place, crossing the finish line in 35:13. Cooper was the fastest runner in the 124-entrant field out of Southeast Region runners. Cooper was only 18 seconds behind the race winner.

Alabama-Huntsville, the No. 3 team in the South Region, won the team title with 48 points. SAPC concluded in fifth with 149 points.

The Knights next two finishers were freshman Josh Pickett (Asheville, N.C.) and junior Perry Morris (Austin, Texas). Pickett, competing in his first 6.2 mile race, finished 45th with a time of 37:34. Morris followed one spot in back of Pickett at 37:42.

Sophomore James Lloyd (Lusby, Md.) was the fifth scoring runner for St. Andrews setting a new PR for a 10k race. Lloyd gutted out a 49th place finish by beating his previous best by 23 second with a time of 38:09.

A couple more spots back were freshmen Tommy Wilson (Salisbury, N.C.) and Doug Holt (Toms River, N.J.) with times of 38:38 and 38:41, respectively.

Other Knights to complete the race included senior Patrick Hogan (Denton, N.C.) at 42:12, sophomore Brad McKee (Kings Mountain, N.C.) at 45:01, and senior Caeland Garner (Salisbury, N.C.) concluded at 58:26.

St. Andrews will have two weeks to prepare for The Citadel Invitational at James Island County Park in Charleston, S.C. on Saturday, September 29th. The men are scheduled to take off at 9:00 a.m.