Drown-Proofing

By Sylvia Peele

when you think you're going

to drown -- don't panic.

that will save your life.

If there ever comes a time

Listen to Coach Holmes. He

They are: (1). Drown

proofing - a skill of hanging in

water in the jelly fish position

for 10 seconds. Lifting the

head getting a bite of air and

then returning to the hang.

This can be repeated for

hours through complete

relaxation and buoyancy of

which we all have to some

degree. (2). Remembering

three basic rules of safety and

self preservation: (a) Don't

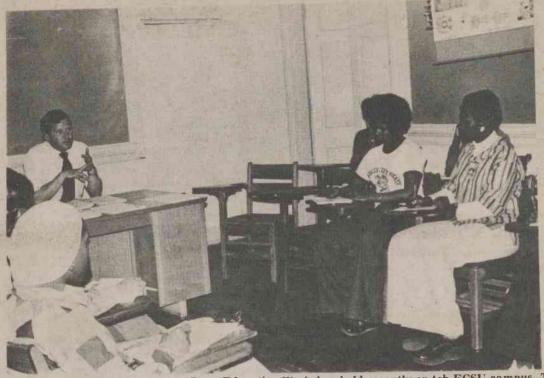
panic (b) Think (c) Conserve

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The clothing may also be

has some safety techniques

Is Possible



Brayom Anderson (left)speaks to a Drug Education Workshop held recently on teh ECSU campus. The five-week workshop was offered to ECSU Health and Physical Education majors. A consultant for a regional drug information program under the direction of Dr. Lionel Kendrick of East Carolina University, Anderson explained that the real problem was not a drug problem but a people problem. He said that people simply don't know the real facts about the abuse of drugs and that is why he participated in the workshop.

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Construction is already underway for the new ECSU Industrial Arts Building. The new structure, to be completed during the next school year, will extend the campus to the Weeksville Road. Already a new road has been constructed by the site of the new building for a new entrance to the ECSU campus.

My Opinion: Be Your Own Man

By Francis Akinyemi It is well for all of us to examine our attitudes and their implications on the goals we are trying to achieve. Students should know what they have come to college for. The behaviors of some students during class lectures and most especially during class tests are becoming unbearable to their fellow students.

Instructors are not helping the students when they see them copying from textbooks and friends during class tests and ignore them. Success in college depends mostly on abilities and mastery of basic skills. Students, please try to be your own man, try as much as possible to stand on your own during class tests. Do not depend on the textbooks or friends during class tests. The textbooks are for you to collect facts before

the test, but not during the test.

Instructors should try to maintain at all times the basic discipline of class behavoir. To feel successful, a student must set the kind of challenge that he feels is worthwhile and attainable. It should not be competition among "block heads". Try to do everything on your own and discover yourself. If you happen to do bad on a test, don't be discouraged over it. Tyr to discover your faults and be prepared for the next

Please let this college be a place for all to stay. Do not drive students away because of your cheating attitudes. A lot of students are complaining and considering transferring to other schools if the cheating during class tests continues.

Student Records Safe From Prying

By Ronald Wood

The right to privacy is one of the fundamental rights of a college student. According to the Buckley Amendment, no one has the right to see anyone's record without the written permission from the student.

So if anyone makes false statements to other people about a student he stands a good chance of being sued for slander. Our records are well protected because of this. Anyone could, before the law was passed see our grades and do anything with them after they had seen them. They could make remarks to hurt or to slander the student.

These statements would

hurt our chances of getting jobs or ahead in life, which is why we all come to college. We don't want to throw thousands of dollars away, because some one is slandering us and we don't know who or why.

Slander should be the furtherest thing from our mind because we're all here to do one thing and that is to learn. I think Mr. Buckley knew that we needed to protect our rights to an education. And if any one wants to play detective and dig down into our records without our permission today he would be breaking the law

Curriculum Development Program Held On Campus

Elizabeth City State University hosted the Second Regional Cluster Workshop of the International Curriculum Development Program (ICDP), the North Carolina Cluster, in February, at the Ridley University Center.

Under the theme, "International Relations: Confrontation, Conflict, two-day Change," the workshop was devoted entirely to work on curriculum module development. Dr. George Urch of the Center for International Studies, at the encouraging Director of International Education Programs of the Phelps-Stokes Fund, as principle participants during members from

Augustine's College, Fayetteville State University, College, Barbara-Scotia Winston-Salem- State University, Livingstone College and ECSU attended the workshop.

According to Dr. Louis V. Nadeau, Coordinator of the University's ICDP Committee, the organization is designed to continue: enriching existing curricula offerings at the participating institutions, by introducing a world perspective into traditional courses; University of Massachusetts, dissemination of existing joined Dr. Ruth Njiiri, materials on international affairs; providing a base for interaction between people of different nationalities; and to the workshop. Over 25 sponsor international cultural St. and social experiences.