

Band Takes On New Look

The 1976 Edition of the Marching Viking Band is under the direction of Floyd L. Robinson and Robert Thomas. The chief arranger is Hannon Lane. Thomas and several students have been arranging tunes for the band also.

The band has a new look

this year in the color guard and flag squad. The six flags indicate the school colors of the northern division schools of the CIAA.

Drum majors are Walter Paul and Ike Mabry. Gwen Sanders is the head majorette. The band council, which assists the directors in

planning shows and keeping everything organized, is composed of Theresa Conroy, Gayle Plummer, Wendell Parks, Anne Delrow, Ondra Rodgers, James Holmes, Omega Robinson, Anthony Ray, Darhyl Pulley, James Gardener, and John Brown.

BEHIND THE SCENES

By Lawrence Wiggins

The E.C.S.U. band is 96 good instrument playing college students, a color guard, a flag team and majorettes.

The group is well organized under the directorship of Mr. Floyd Robinson. With a young man by the name of Mr. Thomas as his helper the band will be a high stepping unit with great skills to be

shown at football games and in parades.

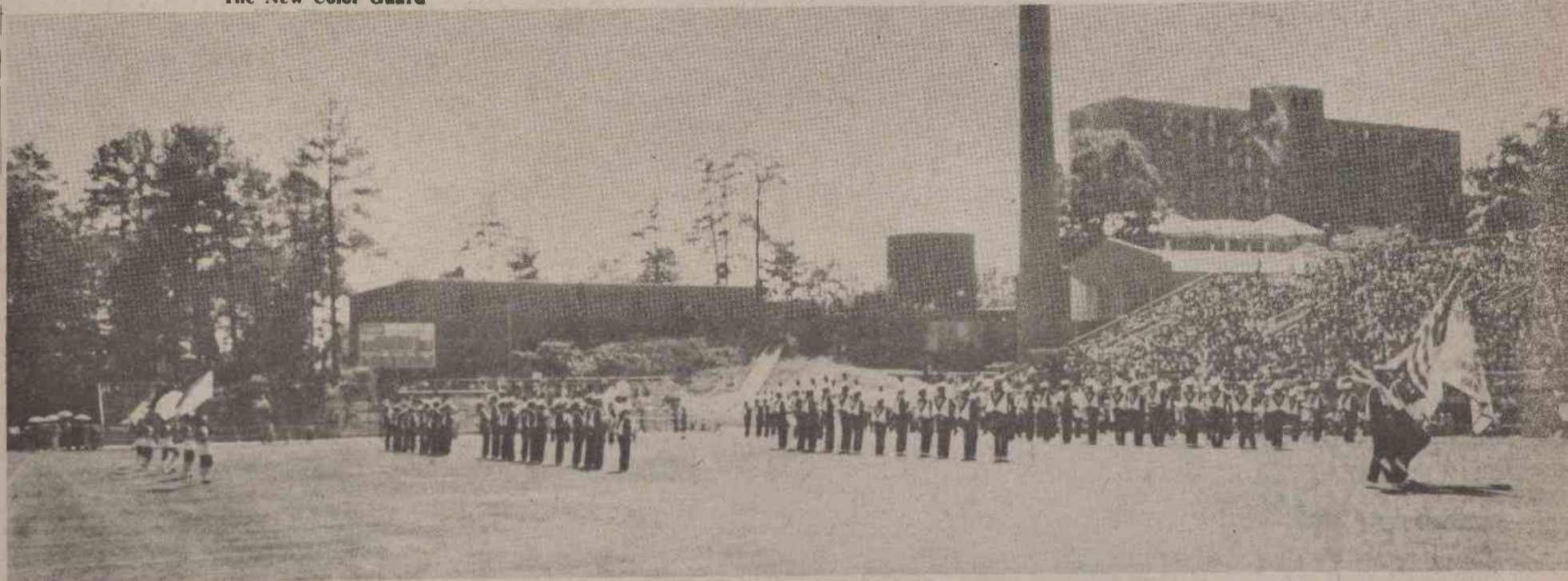
Being in a band as a Freshman has been a great experience in my life. To meet good players who are proud to be known as an E.C.S.U. Marching Viking.

College life for a band student started a week before the regular students come in. During this week the band practices from three to four

times a day beginning at 6:00 A. M. and ending about 9:00 P. M. During these days the practices consist of mostly running and getting into shape because there is not much time for this during class days. The practices are long and hard but in the end the members have shown its pride in their hearts to a great part of the Marching Viking Band.



The New Color Guard



"1976 Marching Vikings"

Career Information

Dr. Eloise Horton, Vice Chancellor of Student Affairs, has announced plans to have Career Information Seminars. The purpose of

these seminars are to give students information on writing resumes. It is also to give students information about how to go for a job interview.

Admin. Intern

Dr. Lafayette Lipscomb, on leave from North Carolina Central University to participate in an administrative internship program during the 1976-77 academic year, will do a portion of that experiential project on this campus. Dr. Lipscomb began her residency at Elizabeth City State University on Monday, September 20, and was here through Friday October 1. She is to return later for an additional two-week period that will extend from October 18 through October 30, 1976.

The seminars will last around an hour depending on the interest of the students. The seminars cover all majors. It is sponsored by Career Counseling and Placement. Correspondances are by the Dormitory Directors and the Health Center.

There will be a Sex Education seminar offered also. Anyone can attend these seminars regardless of your classification.

There are plans for intramural programs as soon as the old gym is open. The old gym will be opened for Homecoming. It will be under directorship of Students Affairs.

Is There A Doctor In The House?

By Elizabeth Wooten

If you plan to catch the doctor, you'd better do it between 9-10 A. M. on Mondays, Wednesdays, and Fridays or else you might be in trouble. Elizabeth City State University Health Center has only one part-time doctor, Dr. J. A. Gill. Dr. Gill may only be part time but if it's any comfort he is on call 24 hours a day. In case you can't get the doctor then you can be taken care of by the staff. The staff consists of one registered nurse, three nurse's aides, and one orderly. The infirmary has 14 beds. During such periods as the flu season, the infirmary has been known to hold 30 or more people. Medicines are free except for special medications.

The Family Planning Clinic is held between the hours of 2-4 every second Thursday of the month at the health center. The clinic will set up another day out of the month if it becomes necessary.

Now to the important question. How many of us are fully covered in case something happens? Who would have to pay the hospital bill if it ever came to that? The answer lies in those who have illness coverage and those who don't.

All students are included in our \$1,000 Blanket Accident Program and the premium for this insurance is paid by Elizabeth City State University. In addition to this accident program, illness coverage is available on a

waiver basis. This plan provides, in addition to accident coverage, protection from the expense of more costly illness requiring hospital care. Reimbursement will be made up to \$1,000.00 for each accident. It makes no difference whether the accident occurs at school, at home or while traveling or participating in sports. Payment will be made for resulting medical expenses incurred within 52 weeks after the date of an accidental bodily injury.

Mrs. K. S. Wamack, a registered nurse summed it up best when she told me that "All students are insured for accident, but all students are not fully insured for other ailments."