

# MCKINNON PARTICIPATES IN CORPS

Kevin LaRoy McKinnon of Hampton, Va., is participating in the first Peace Corps Summer Intern Program. Mr. McKinnon, a senior at Elizabeth City State University in Elizabeth City, N.C., is majoring in English.

This internship is designed for students who attend historically Black, Hispanic or Native American colleges and universities. The eight week program covers issues concerning Third World development. One of the objectives of this program is to increase minority awareness of the Peace Corps and to show minorities the importance of becoming involved in international affairs.

Fifteen students are participating in the first program. The students attend workshops in the morning and report to work in the afternoon. Each student has a work assignment with one of the Peace Corps' many offices.

Mr. McKinnon is working in the Latin American Region of the Peace Corps.

"Through my involvement with this program I have gained in-depth and very beneficial knowledge about the Peace Corps and its functions on an international level. This program is definitely an asset in terms of minority awareness of the Peace Corps and the making of future leaders in the United States and, in fact, the world," said Mr. McKinnon.

Headed by Richard Celeste, the Peace Corps is an independent part of ACTION, the federal volunteer service agency. Around the world, nearly 6,000 Peace Corps volunteers are serving in 59 developing nations. Other ACTION programs include VISTA (Volunteers in Service to America), University Year for ACTION, and three major Older American Volunteer Programs involving over a quarter million volunteers. Sam Brown is the Director of ACTION.

Information about ACTION programs is available by calling 800-424-8580, extension 93, toll free.



Kevin McKinnon (center) of Hampton, Va. discusses a research paper he is working on with Dr. Beverlee Bruce

(right), one of the coordinators of the Peace Corps Summer Intern Program and an instructor at Howard

University. Willie Holmes (left), another intern from Birmingham, Ala. watches and listens to the conversation.

## COPING RULES FOR UNDERSTANDING OTHERS

The way that other people with whom one comes into contact react to him, has a very definite influence upon one's behavior. If people are rude and abusive to a person, that person is likely to become fearful, insecure, and to develop deep-seated hatred for others.

If one is treated with kindness, he is likely to be secure and like people. Often, one tends to dislike other people simply because he thinks that others dislike him.

The person who takes the time and makes the effort to understand others is likely to find out the below-the-surface meaning of their behavior. This understanding makes one adopt a more confident and positive attitude toward people with whom he comes into contact.

Following are ten rules that will help you to understand others and will result in making both you and the other person happier in each other's company:

(1) Tolerate the weaknesses of other people. Do not become upset simply because other people are different than you and want to do things in a different manner. Even a temperamental, mean and abusive person respond favorably to love, like you do. So, respect their differences and weaknesses just as you would want them to do.

(2) Search for the positive rather than the negative in others. Learn to look for the good in others and you are likely to find what you are looking for. When one seeks to find negative traits, he is likely to find them--and to even interpret the good as bad.

(3) Be sincere in your desire to understand people. There are many times when a person who is envious, angry, and troubled, automatically criticizes everyone with whom he comes into contact. He dislike people because he thinks that they are better than himself.

(4) Accept the challenge of liking the bad in people. Almost anyone can enjoy understanding the rude, happy, stable person. However, the challenge comes in enjoying, and understanding the rude, unstable, abusive person. This understanding indicates disciplined maturity.

(5) No one is perfect; so, don't expect them to be. Every person has flaws of some kind--even you and I. Avoid expecting people to be perfect. Avoid being upset when people fail to live up to your high expectations. Do you always live up to the expectations of others?

(6) Dislike the things; don't dislike the person. Avoid falling into the trap of disliking a person merely because that person disagrees with you. Dislike his ideas or his argument--not him. It is alright to hate evil, abusiveness, lying, distrust, and greed--but have sympathy for the unfortunate person, who is controlled by them.

(7) Treat the unkind with kindness. Determine to assert yourself, but be kind in your assertiveness. Decide that the more unkind a person is to you, the kinder you will be to that person. The unkind person seeks your love and acceptance. Give it to him, and watch him beam with approval--and kindness.

(8) Do not let failure frustrate you. You have more successes than failures in your life. So, never be deterred from seeking your objective. The greatest attribute of the successful person is consistent determination to never stop trying to succeed.

(9) Be sincere in wanting to improve. Be honest about acknowledging the fact that you have shortcomings. Once you recognize your shortcomings, you proceed with your enormous energy to eliminate this. This realization is the first step towards self-improvement and happiness.

(10) Do not be your worse enemy. Do not let your emotions dictate your actions. Make decisions only when you have complete control of your emotions. A decision made while you are angry is a bad decision.

These simple, easy-to-follow steps will also help you to understand yourself by understanding others. Happiness will be your reward.

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1. Who was the only president never elected by the people?
2. What is ECSU's motto?
3. Who ran for president on the republican ticket in 1964?
4. Who was the first Chancellor of ECSU?
5. Are you registered to vote?

Answers:

1. Gerald Ford
2. To live is to learn
3. Barry Goldwater
4. Marion Thorpe
5. ????????????