

Tracy Hoggard

Have you ever wondered where to go if a sickness or cold comes upon you? Well, the students of ECSU are proud to say that we have a Health Center, originally known as the Infirmary, to aid in cases of sickness.

The Infirmary consists of four special features which are Planned Parenthood, Transportatio, Physical Examination and Equipment. These features are operated under the supervision of Mrs. Jean Robertson, a full dedicated nurse who is available 24 hours a day if necessary to help you in anyway possible. Mrs. Bonds and, Mrs. Mullen, two full time nurses aides are on duty during the day; Mrs. Shirley Williams a full time nurse's aide is on duty until mid-night; and Mrs. Griffin a full time secretary will help you with your insurance claims and will also help you in making appointments with other health facilities.

The Planned Parenthood Program is concerned with students in making preparation for wanted and unwanted parenthood.

The Transportation Program is provided to transport students to and from the hospital in case of emergency. It is also provided to transport students to other health facilities.

The Physical Examination program provides examination for atheletic teams, student pledgees, kindergarten, nursery students and for emergency situations in which the doctor will make a special appointment to see you.

The Equipment System contains equipment and materials to conduct tests which are known to be very expensive in an outside physician or hospital. The system is equipped to do blood test, urine test, EKG machine test, pregnancy test, and determination of veneral disease.

If medical attention is required after 8 p.m. it is advised that you contact your Residence Hall Director or Security. You must be accompanied or referred by them.

If an emergency develops afrt 12 p.m. , notify your Residence Hall Director or Security and they will notify the proper personnel.

Alumnus
of the
Month

SHEILA CONNOR

This month's featured alumnus is Elvin "Bam-Bam" James, a 6'1", 249 lb. offensive guard of the class of '82, and a Physical Education major. "Bam-Bam" will be participating in tryouts for the Boston Breakers, a U.S. Football League. Tryouts will be held during the last week of January in Orlando, Florida.

His previous record at ECSU included being all CIAA in 1981 and playing in the Black Sheraton All-Star game.

When asked his view of it all "Bam-Bam" replied, "All I want is to just get there; I'll make it. I'm willing to pay the price and I have belief in myself that I can overcome all obstacles. I've always believed if the mind can receive it, and the heart can believe it, you can achieve it." GOOD-LUCK "Bam-Bam"! Sheila Connor & Gary Savage, Sports Co-Editors, Compass Staff.



Theldine

Baldwin

ROTC

BRENDA STEPHENSON

Theldine Baldwin a memeber of Army ROTC is 21 years of age. Her major reason for going into ROTC is because she felt she needed a challenge. When asked how it feels to be a female in Army ROTC, she responded "Being a female in Army ROTC is more than just being a woman. You're a leader, a thinker, decision-maker, and one who is ready to take charge of any situation. All these things are a valuable experience. ROTC gives me a chance to achieve my career goals. It also produces the practical training, challenges, and responsibilities of a fulfilling experience. I would encourage all qualified women to join ROTC.



Places to go...things to do

December

Special Events

Christmas Vacation
December 18-January 13.



Final Examination Week
December 13-17

Fashion Flash

Leggy Looks

By Lynette Gutridge
"Nothing beats a great pair of legs" or so a certain advertising jingle goes. And it's really true. Gorgeous legs have intrigued all for decades. But come winter, you might think showing off a great pair of gams as strictly summertime stuff.

Not so! This season, legwear has come on stronger than ever. Sassy socks, pretty pantyhose, knockout knee-highs, wonderful leg warmers and tights in colors that offer endless possibilities. The really great thing about the latest leg fashions is you can get by without spending a bundle and it helps to bring your current wardrobe into fashion focus.

So with your imagination and a few tips you can give your wardrobe a lift.

Start off by layering one pair of socks over another. Next you can put on a pair of patterned socks with solid

tights. The extra layers will help to keep feet warmer too.

Look for socks with novelty trims and details. Then try to dress to focus attention to the leg area. Pull legwarmers over skinny pants and then add your boots. For a coordinated look, try matching legwarmers, socks, mittens, or hats.

Textured stockings come in a variety of everything from herringbones to stripes and tweeds. Texture helps to add balance to winter wools. Tone your pantyhose to your shoes—the lines are automatically slimming.

For holiday parties, try the glittery metallic hosiery. They come in gold, silver, and copper. It helps to dress up any outfit. The opaque tights are as popular as ever—especially with black patent pumps.

Just remember the accent is on your legs. As the saying goes...