

HEALTH

WOMEN, BEWARE

Delta Chi Chapter of Delta Sigma Theta Sorority, Inc. is observing Breast Cancer Awareness during the month of October. All females should follow all detective methods and should know the signs, symptoms, and risk factors.

Things to Remember:

1. Early detection is your best protection.
2. The biggest risk factors for breast cancer are being a woman and being age 50 or older.
3. When found and treated in its earliest stage, breast cancer is highly curable.
4. You should get a screening mammogram every year starting at age 40.
5. You should give yourself a breast self-exam every month starting at 20.
6. A clinical breast exam should be given every year if you are age 40 or over; and every 3 years for women between 20 and 39.

If you have any questions, please call Natasha Coley at 331-8727

BURST INTO A HEALTH CAREER!!!

- ARE YOU UNDECIDED ABOUT YOUR MAJOR?
 DO YOU WANT TO BECOME A HEALTH PROFESSIONAL?
 DO YOU WANT TO ATTEND SEMINARS AND WORKSHOPS?
 DO YOU WANT TO MEET RECRUITERS FROM HEALTH PROFESSIONAL SCHOOLS?
 DO YOU WANT OTHER STUDENTS PURSUING HEALTH PROFESSIONS?
 DO YOU WANT TO INCREASE YOUR MCAT AND HEALTH PROFESSIONAL SCHOOL TEST SCORES?
 DO YOU WANT TO LEARN MORE ABOUT ALLIED HEALTH PROGRAMS?

IF YOU ANSWERED YES TO ANY OF THE QUESTIONS ABOVE, VISIT THE N.C. HEALTH CAREERS ACCESS PROGRAM AT ELIZABETH CITY STATE UNIVERSITY. WE ARE LOCATED IN THE CARDWELL/HOFFLER INFIRMARY.



If you have any questions or concerns, call us at (252) 335-3270.

Izila Mouring, Director
 Miriam Jackson, Coordinator
 Melvona Griffin,
 Office Assistant



In 1985, Ms. Izila Felton Mouring, an alumna, out of love for her two (2) uncles, initiated a scholarship in their names for the purpose of assisting students with their education and recruiting dynamic football players. Since then, the scholarship has gone over \$20,000.00. Ms. Mouring would like to increase it to at least \$100,000.00.

Please join me in making contributions to this scholarship by sending your donations to:

Elizabeth City State University Foundation
 J & G Felton Scholarship Fund
 Elizabeth City State University
 Elizabeth City, NC 27909