

Fashion

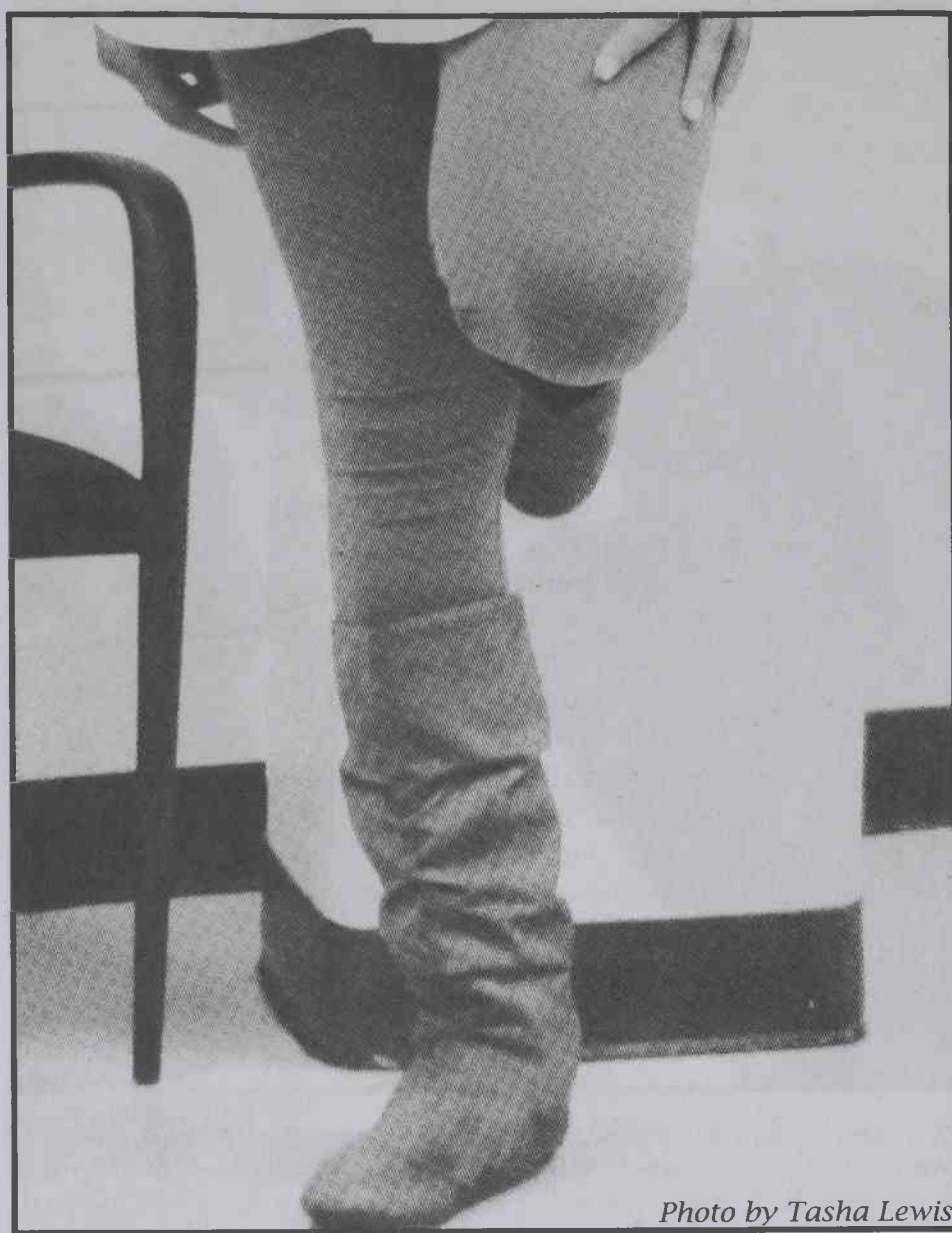


Photo by Tasha Lewis

Yolanda Clark models the latest trend in leggings. Paired with a simple peasant boot, these leggings prove to be both fashionable and trendy. In addition, leggings add an extra layer of warmth in the winter and fall seasons.

GETTING A LEG UP ON FASHION

By Stephanie Brunson

They come in many different looks, from leopard print to polka dots and even glow in the dark. Leggings are the new fashion must-have.

Leggings, not to be confused with pants, are extremely popular among female college students. Instead of young ladies going to class dressed in a pair of jeans and a shirt, they're trading their pants in for leggings. Once upon a time, leggings were more acceptable in the gym, but today, they are a popular trend in today's world of fashion. The cost of this new and growing trend ranges from \$5 to \$20 depending on their maker.

Fashion is continuously moving backwards. Styles that were popular in the 1980s and as far back as the 1950's are making cameo appearances all over the world. A modern example of these styles can be seen in the 1950's ballerina-style flat shoes. Leggings were popular in the 1980's. Other popular fashions this year are lace clothing,

military-style apparel and fur boots, according to Fashionising.com.

Leggings can be worn under long sweaters to serve as accessories to fall dresses and skirts. They can also be worn under jeans to add extra insulation on particularly chilly days. Many women wear leggings in place of tights and stalkings, but they do not qualify as actual pants. "I usually dress in what's comfortable to me. Leggings aren't for all body types," said Maya White, a junior at Elizabeth City State University. "Sometimes they (leggings) just shouldn't be worn out in public." Can anyone wear leggings? In all honesty, leggings aren't for everyone.

According to fashionpolice.net, if you have chunky ankles, big thighs or large calves, they are not going to be your most flattering accessory. The biggest problem that comes with the use of leggings is that they are not for all body types. Some women don't take into account just how leggings would look on their own body.

DENIM JEANS GET "RIPPED"

By Mahogany Joyner

Made popular by rock stars of the 1960's, ripped denim jeans are back in fashion. Some may call it an "I don't care" look, while others view it as classic causal. Ripped denim jeans are the funkier type of jeans worn by college students today. Sported by both men and women, this old trend is being rejuvenated on catwalks, in fashion magazines and now on college campuses. For men, ripped jeans impart a rugged look while women wear them simply because they are cute. Ripped denim jeans are an example of fashion repeating itself.

Johnnie Davis, a junior at East Carolina University, says that ripped denim jeans are popular on the campus. "There

are a pretty equal number of men and women wearing them (ripped denim jeans)," Davis said. Davis thinks the next repeating fashion will be bell-bottom jeans.

Jeans, which were originally work pants, have been bleached, shrunk, permanent press, cut-off, torn, shredded, distressed, ripped, stone washed and acid washed over the years. There were the 1960's ripped jeans, the 1970's flare jeans, the 1980's bell bottom jeans, the 1990's baggy jeans and overalls with the two hooking straps which only proves that jeans have changed as the years have gone by.

"More girls here are wearing them (ripped denim jeans) than guys," said Tashika McKellar, a freshman at North Carolina Central University. "The guys aren't really that

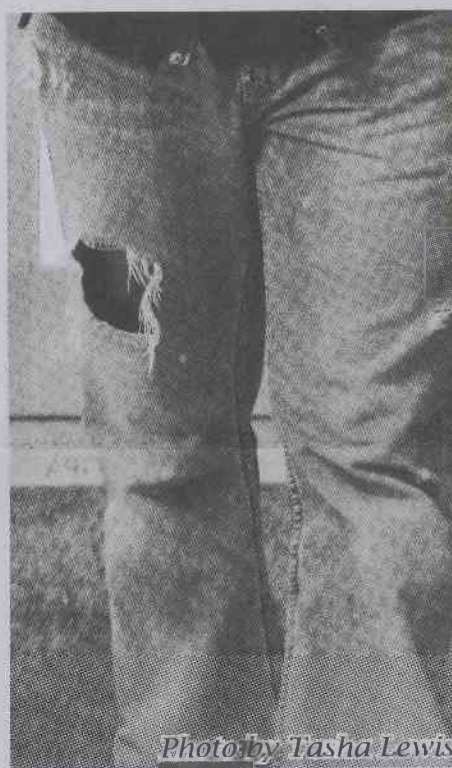


Photo by Tasha Lewis

into them like the girls here." McKellar also thinks that bell-bottom jeans will be the next fashion must-have to appear on the market.

Ripped denim jeans are not just for the average college student. *Hillary Magazine* reported celebrities, like Rihanna and Kim Kardashian, were spotted wearing them this spring and summer which made ripped jeans a popular trend among fashionistas worldwide.

SUCCESSFUL DRESS IN COLLEGE

By Damika Howard

Summertime is often synonymous with internships, and as much as women like their high heels, they are just not practical for the common nine to five work day. The hunt for comfortable yet appropriate shoes is often a challenge for ladies who want to dress for success while remaining comfortable. Fashionistas on the campus of Elizabeth City State University are fast catching onto the trend of canvas shoes. With rubber bottoms and plenty of give, these funky flats will no doubt save the sole.

Common styles for comfort at ECSU are flats, but these shoes feel much like a sneaker. Dressing for success here at ECSU has set a high new profile for the students in Viking Land.

Unfortunately, work attire normally requires pumps and most flats would be inappropriate for anything beyond casual Fridays. However, two exceptions to this are the classic cap-toe flat, which always looks professional and the solid color slip-on that looks like a pump, but doesn't have a heel. If your job's dress-code is less restrictive and fortunately for most, that is more likely than not these days, you can select from the trendiest styles: Slippers, slides, and mules, which run the gamut from sporty to sexy.

Money should be no exception when it comes to comfortable style. Just like in life, if you want to eat healthy, you have to spend money. Dressing for success while being comfortable has its price. However, with thrifty shopping, and a little ingenuity, you can find comfortable yet stylish shoes that are right in your price range.

THE TIME FOR SPLITTING HAIRS IS OVER

By Khadija R. Young

There are many hairstyles today for both men and women. They include natural, dreading-up and for men, going bald. These hairstyles have been trendy for many years. In the 1960's to the 1980's hairstyles included afros and juicy curls. These hairstyles, seen by many in yearbooks of college students' parents, are becoming the go-to styles of today.

Over 40 percent of college students, male and female, have gone

natural or have dreaded their hair. The other 60 percent have either cut their hair off or have a weave. "Most college students do have so many different unique hairstyles in their college years," said Monica Huston, a freshman at St. Augustine College. "Many of us just want to be different and just try many things with our hair. It expresses how we are." Huston has been going natural for three years because of her religion. "When I get up in the morning, I don't even feel like doing my hair," said Jessica

Hank, a junior at East Carolina University. "All I want to do is just get up... and go without doing my hair."

A recent survey in *Ebony Magazine* reports: "Hair is one of the most famous trends out for college students. It is a way to express yourself and just show your unique style. For most African American college students, the way they wear their hair has been the same for centuries."

NAILING DOWN THE DETAILS WITH COLOR AND FLARE

By Yolanda Clark

Long, short, or average, nails are an important feature on the hands of college students and can change an entire look. Nails vary and every woman makes a choice when it comes to maintaining length. Some like short nails and others make use of their long nails to enhance the beauty of their hands. Coloring makes them look more appealing. Today, women have a wide range to choose from when it comes to applying nail color and design.

There are a lot of different ways to have nails done. There are three popular types: acrylic, gel, and solar. Acrylic nails look and feel real, but are much stronger. Some women like nail

tips to be applied to their nail and a coat of acrylic to protect the nail and to make the appearance look real and natural. Others like to get acrylic on top of their real nails, which provides strength to the nail and makes it harder to break.

Gel Nails, which cost a little more than acrylic nails, are popular and can also be applied to real nails. Gel Nails are slightly smoother than acrylic and no primers or glues are applied, as opposed to acrylic, which once removed might leave an impression on the nail. Gel Nails come in a variety of textures. "When it comes to acrylic nails, it is always necessary that you keep in mind to get them replaced and designed at a specified interval of every two weeks or so, "

Said Mimi, a popular nail artist in Elizabeth City, and owner of Tip Top Nails. "This is not the case with Solar Nails (artificial nails) and that's the best thing." "Artificial nails are so long term that you would mostly need to get them refilled after a longer time span of something like three weeks," reports *Nail Weekly*.

Whether it be the latest bit of gossip, or a day of pampering, the nails salon is a haven for one to relax and treat themselves. Tamara Whitley, a nail salon regular said, "I get my nails done because I simply enjoy it. I love the fact I can express my artistic individuality through nail art and design. More than anything, I love it because it makes me feel more feminine."