

Track Season Underway

Track season started in January with cross country conditioning and five-mile runs each day. The team has also been into weight training and an intense program of stretching. The reason for this, as explained by Coach Cornelius Davis, is that if the team becomes strong physically, thier will be less injuries throughout the season. Davis said he feels the team is more advanced than last year's team because they're gettin an earlier start. He also feels everyone will show a vast improvement with this extra work.

The men's team includes

one well-known individual, Tony Boulter who is all CIAA champion for the 120 high hurdles. Davis said he feels Boulter will be the strength of running events, relays and hurdles. Other members are George Gordon -- high hurdles; Art King, Eddie Houston, Ron Langford, Michael Murry and Marlone Parks -- Sprints; Derrick White, Elden Patterson -- quartermile; Eddie Stone -- 880; & Clifton Moore -- mile.

All NAIA and CIAA performer, Cedric Moser will compete in field events along with Spergeon Thompson. Competing in high jump will be Lynn Aikens; pole vault,

Carlton Caples; shot put, John Coles.

The women's track team has started from scratch. They're very dedicated in training, so Davis says he has high expectations. "Although they're small in number, they will be very competitive in any event they enter. The team is as follows:

Sprints -- Sylvia Carter, Teresa Wilson, Janice Ruffin; Quarter-mile -- Pamela Penn, Annette McConnell, Penny Bailey; Field events -- Penny Bailey.

The season definitely looks good for the team, so let's get out and support them all the way.

WINSTON-SALEM STATE UNIVERSITY 1977 - WOMEN'S SOFTBALL SCHEDULE

DATE		TIME
APRIL		
5	UNC-Greensboro	3:00 p.m.
13	Shaw University	3:00 p.m.
15-16	Appalachian State	3:00 p.m.
18	Catawba University	3:00 p.m.
20	Appalachian State	Invitational
22-23	NCAIAW	State Tournament
26	NC Central Univ.	3:15 p.m.
28	A&T State Univ.	3:00 p.m.
30	Johnson C. Smith	Tournament

Coach: Mrs. Marcelene Scales
Phone: (919) 761-2109

Track Schedule

Date	Meet	Place
4/9/77	J.C. Smith Relays	Charlotte, N.C.
4/16/77	Fayetteville Relays or Pembroke Relays (Preferrable)	Fayetteville or Pembroke
4/22/77	N.A.I.A. District 26 Finals	Mocksville, N.C.
5/6/77	C.I.A.A. Southern Division Meet	Winston-Salem,
5/7/77	C.I.A.A. Southern Division Meet	Winston-Salem,
5/9/77	C.A.A.A. Southern Division Meet C.I.A.A. Championship Finals	Charlotte, N.C.

Coaches: Cleo Wallace
Cornell Davis
Phone: (919) 761-2109

Tennis Schedule

APRIL			
8	Johnson C. Smith Univ.	Charlotte	10:30 a.m.
13	Fayetteville State Univ.	Winston-Salem	1:30 p.m.
15	Fayetteville State	Fayetteville	1:00 p.m.
27	A&T State Univ.	Winston-Salem	1:30 p.m.

CIAA TENNIS TOURNAMENT -
APRIL 29 & 30 - CHARLOTTE, N.C.
Coach: Al Roseboro
Phone: (919) 761-2109

Enrollment Declines In So. Colleges

Continued from Page 2

ment grew nearly 13 percent in the South, as young people confronted a poor job market in that year of recession and chose to enroll in college. Many of these students appear to have changed their minds in fall 1976 and dropped out of college.

The stabilizing enrollments for the region and the declines in some states and for some types of institutions

are basically an adjustment to the large increases of the year before. For example, some state systems note that their two-year projections made in 1974 had underestimated the 1975 growth, but, with the small shifts of 1976, were now in line with expected changes over the two-year period.

The decline in two-year college enrollments particu-

larly indicates an adjustment among youth who initially chose an educational or occupational training option and have now returned to a more receptive labor market. The fall-offs for some institutions and states are also partly attributable to the decrease in enrollment of veterans, since the number of veterans eligible for G.I. Bill benefits dropped substantially in 1976.

Part II Don't Get Hung Up On Examinations

DEVELOP A CONFIDENT ATTITUDE

Tests to serve a purpose. They give you an opportunity to check your progress. Students who have formed good study habits throughout the term should be confident. Exams will help your understanding of important ideas and your ability to express them.

ORGANIZE PRE-EXAM HOURS

1. The day before an exam, review a maximum of three hours. Question yourself as you review. Reread text passages only when you have difficulty remembering them.

2. Eat and sleep well so that you are refreshed for the exam.

3. Get up early to avoid rushing on the morning of the test.

4. Shower, have a good breakfast, exercise, go for a

walk.

5. Take a last look at your summary notes, unless it makes you nervous.

6. Be sure you have all the supplies you need.

7. Arrive in the examination room a few minutes early.

PACE THE EXAM CAREFULLY

Listen to the instructions and read through the entire test. Organize your thoughts.

Budget time for each question. They might be equal in scoring, so answer the easy ones first. Remember to number the answers to match the questions.

Think carefully about one question at a time. Your first sentence should be clear and contain some, if not all, of the main points in your answer.

Jot down key words as guides. Indent paragraphs,

number points under each heading, or make a rough diagram or outline.

Write legibly. If the instructor cannot read your work easily, your mark might suffer.

Short-form or objective questions demonstrate your ability to recognize details and your ability to choose among alternatives. Pay attention to key words like: all, none, never, might, should. Avoid leaving blanks, an answer might be correct even though you are not sure. An omission will probably count against you. In multiple choice, cross out what you know is wrong and think about what is left. Be sure to completely erase if you change an answer.

Essay questions test your ability to express yourself, to interpret and organize material. Important cue words will indicate what or how

much your instructor is asking for. The ones most frequently used are: analyze, compare, contrast, criticize, define, describe, discuss, elaborate, enumerate, evaluate, explain, illustrate, interpret, justify, list, outline, prove, relate, review, state, summarize, trace. Each one of these terms calls for a specific type of material, so think about their meanings in advance.

Finish each question as best you can and go on to the next. Leave room at the bottom of each answer for possible additions later.

Make answers as concise and clear as possible. Try not to repeat yourself.

Reread everything carefully. You might have left out a key word or want to add other points.

REASSESS YOUR WORK.

When you receive your grades and get back exam

books, read your answers. Compare them with your textbook and class notes. If you don't understand your instructor's marks, ask him where you went wrong. Learn by your mistakes and go on to the next phase of college work.

This article on examinations is one in a series on study skills developed for college students by the College Textbook Publishers. Free copies are available in booklet form to individual students. The series includes: HOW TO PREPARE SUCCESSFULLY FOR EXAMINATIONS, HOW TO GET THE MOST OUT OF YOUR TEXTBOOKS, HOW TO IMPROVE YOUR READING SKILLS, HOW TO BUILD YOUR WRITING SKILLS. For copies write to: AAP Student Service, One Park Avenue, New York, N.Y. 10016.