SPORTS



Sharon Holloway Center for Lady Rams

By Melanie Beatty

Sharon Holloway a 1984 graduate of Athens Dr. High School, and a Raleigh native, is rolling here at WSSU.

Sharon is the starting center for the Lady Rams' Basketball Team. Last year, she was also picked as outstanding Freshman Athlete here at WSSU. While attending Athens Sr. High School, Sharon received sveral awards, for her outstanding abilities in basketball. She was chosen for All-Conference her junior and senior year not to mention, All-Metro and "Female Athlete of the year" while a senior. She was also selected for the All Star Team at Kay Yow Basketball Camp, where she was team captain for two consecutive years.

Sharon's future plans are to graduate with a degree in Business Administration. She would like to continue to perform to her fullest potential while playing womens' basketball at WSSU.

Her philosophy of life is "never look down on a man, unless you are picking him up." With this positive attitude it is evident Sharon Holloway will do well in the years ahead.

Miller High Life

Sponsors "Win The Finals" Basketball Sweepstakes

The "Win the Finals" Sweepstakes sponsored by Miller High Life offers basketball fans a chance to watch their favorite teams in the college basketball finals in Dallas.

Basketball fans can enter the sweepstakes by completing an official entry form. Each entry must include the seat numbers depicted on tickets held by Miller High Life spokesman Al McGuire, as pictured in retail displays.

Official entry forms will be in February issues of Sports Illustrated, Basketball Times and USA Today. Entry forms also will be available in college newspapers and on point-of-sale displays, where legal.

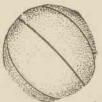
The grand prize winner will receive \$10,000 plus a trip for four, with McGuire, to the finals. Five first-prize winners will receive big screen television and \$1,000 each. Twenty-five second-place winners will get VHS recorders and \$1,000 third-place winners will receive official Al McGuire sports bags.

"The college basketball finals are one of America's top sporting events," said Robert Tyley, Miller High Life brand manager. "The Miller High Life 'Win the Finals' sweepstakes will give basketball fans throughout the country an opportunity to attend this exciting event and witness the crowning of the next national champion."

Miller is an operating company of Philip Morris Incorporated, the wholly owned subsidiary of Philip Morris Companies Inc. Principal beer brands include Miller High Life, Lite, Lowenbrau, Magnum, Meister Brau and Milwaukee's Best.



Basketball Ram Player of the Month: Alexander Hooper



by Shelton Bullard Sports Writer

Alexander Hooper a junior Business Major from New York, New York, scored 25 points and had 7 rebounds in the J.C. Smith game Saturday. Hooper stated that "I knew it would be a physical game and that we had a good chance of winning."

Hooper is a graduate from Tunxis Community College with a Associate degree in Science. He has been confident about his performances in the previous games.

Hooper is very happy with his performance this season as well as that of the team. Hooper said that, "I knew there were going to be some problems this season, because the team is young." Hooper also states that, "the team is going to be a big surprise to everyone."

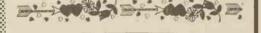
"I feel that WSSU has a good chance of winning the Tournament, because it is up for grabs," stated Hooper.

In high school Hooper played baseball and football; however his football career was ended quickly because of an injury before the season. Also Hooper's father would not allow him to play basketball his senior year in high school for academic reasons.

Hooper's father who is a former basketball player and roommate with Earl Monroe, owns a steel company in N.Y., where Hooper would not mind working if his dream of going pro does not come true.

Hooper's main concern at WSSU is to keep good grades. Winston-Salem has come to be a home away from home for Hooper and he would not mind working here one day

Hooper has also stated that "Coach Gaines is like a father figure to me and you can't play under anyone more understanding and knowledgeable.



"Mat Men" Lose First Home Match

by Tonia Johnson

Winston-Salem State University wrestling team had their first home match of the season at the C.G. Gaines Complex on Jan.

The Rams wrestled against Livingston College and the rebuilding squad did well in their first home match.

The wrestlers for WSSU are: James Hargrave, Rod Davis, Michael Peller, David Raleigh, Joel Shackleford, Marshal Taylor and Robert Toran.

Livingston College defeated the Rams in an overall score of 33-21.

Wrestling coach Melvin Fair, is determined to make this a successful season for his young team.

He urges "all Ram fans to come out and support the wrestling team at all of their home matches."

Karla's Korner

by Karla Barksdale News Editor

Beating the Seasons Blahs!

Chapped Hands

Start with an ounce of prevention, wear mittens or gloves so your hands aren't exposed to the cold, dry air. Try to keep hand washing to a minimum, and when you do wash them, immediately pat dry, and apply lotion

Irritated Eyes

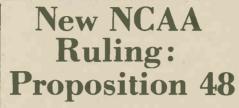
Since red, teary eyes often result from the wind and cold, get in the habit of wearing sunglasses outdoors. If your eyes do sting after exposure to the elements, treat them to soothing drops, but avoid the frequent use of eye drops intended to reduce redness. They work by constricting blood vessels, but eyes can become desensitized, requiring more and more drops for the same result.

Fatigue

The morning after a big night out, get yourself going with a few minutes of exercise. Running in place or jumping rope are two ways to get your body going. Throughout the day, take time for a nosweat exercise break like side stretching or arm circles.

Hangover Horrors

Sorry, when you overdo the alcohol, you'll have to suffer some. But there are ways to alleviate the agony. Before retiring for the night, eat some honey spread on toast or a cracker. Sounds odd, but it works. The fructose in it helps your body metabolize alcohol. Drink coffee to relieve headaches, the caffeine constricts dialated blood vessels. To help hold down fluids, sip some salty water, preferably bouillion, instead of plain water.



by Melanie V. Beatty and Robert Toran

Proposition 48 is a set of athletic eligibility guidelines that will take affect for college athletes during the 1986-87 school year. This amendment was introduced at January's NCAA convention.

More than 50 percent of the athletes in football and baskeball would be ineligible under the Proposition 48 rule.

No longer will a "C" average—2.0 on a 4.0 scale - be enough to qualify an athlete for a Division I scholarship and playing eligibility. Starting in August, 1986 incoming freshmen must have the "C" average in at least 11 college preparatory courses. The athlete must also achieve a SAT score of 700 or an ACT score of 15.

Proposition 48 is currently in effect. If a student-athlete doesn't qualify, he can't practice or play as a freshmen and he loses that year. This means that the athletes' college-athletic career is limited to three seasons.

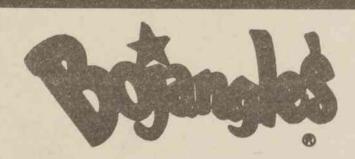
Alex Hooper and Dawn Hand, two WSSU athletes have their opinions on Proposition

Alex Hooper, a junior and a member of the WSSU mens basketball team, feels the new ruling will be unfair. The new ruling will not only affect athletes, but others who are not able to score above 700 on the SAT. There are other alternatives, such as a Junior College, but the ruling will hurt alot of talented athletes.

Several athletes that attend Wake Forest University, feel the ruling is very fair. In order to attend WFU they had to score a 700 or above on the SAT and a accumulative 2.0 GPA. It will stop alot of guys from entering school and probably eventually dropping out anyway, I think the ruling is very fair.

Dawn hand, a sophomore, and a member of the Lady Rams Basketball team feels, if the institution focuses only on the academic aspects of an athlete then it will delay the progress of that person's college career. This new system also allows the institution to up-grade the process by which student athletes are recruited and admitted, it also instills more discipline in the student athletes, not only to perform well on the athletic courts and fields but to perform well in the classrooms."





(Claremont Avenue location only)

Free medium drink with a purchase of \$100 or more for all WSSU students

*Students must present college ID