

**From the Editor in Chief**

# Give back to those who gave to you

Isn't it convenient to always have certain people in mind who you know you can always count on? Whether it's your parents, siblings, best friends, co-workers, etc, any time you need a favor they are always there for you. I'm sure that



**Cortney Hill**  
Editor

you express your appreciation by saying "thank you", but do you think a simple "thank you" is enough?

When people help you out you want them to feel as if they really did make a difference. You can do that by simply returning the favor. Make it known to them that you can be counted on. Here are some great tips you can consider when you want to return the favor.

Let those that help you know they are appreciated. I'm not saying that you have to get down on your knees and show outstanding emotion, but sending a nice "thank you" note is sincere, and different. People like receiving small momentos, and little thank you notes. Giving these items are a good ways for them to feel as if

they really did help you.

Let those that help you know they can count on you for a favor. If you establish that fact there won't be any problems with them knowing they can count on you. To prove that you mean business, exchange numbers and/or mail box addresses. You want them to realize that if they need you, they can call or write you. Besides, you just may need that information from them when you need future favors.

Return the favor. If you really want to build a firm relationship with this person, returning favors are key to success! Allow yourself to actually follow through on your commitment to that person, if possible. If it's a case where you need a ride somewhere because you do not have a car, offer gas money. If you borrow a piece of clothing because you do not have that particular item, wash it for them (but please read the label first). In situations like these where you cannot return the actual favor, do something that

will contribute to the favor.

Be on good terms with that person. People have the tendency to only ask for favors from certain people when they realize that they could be of some kind of help. I'm sure you've experienced people that only talk to you when they need a favor, right? So why would you do that to someone else? It's quite

annoying and very tacky to only talk to people when you need something.

Besides, you don't want to be labeled as a "user". Always stay on good terms with the person you get favors from. You never know when you might need another favor from that person.

People want to be treated fairly and with respect, so do not only talk to the person because you need a favor, get to know them for who they are.

Treating people the way you want to be treated is a must. Doing things like returning favors, showing appreciation, and establishing good relationships are essential deeds when you want the

same things done to you. Believe it or not, some people like to be needed because it makes them feel important and it makes them feel as if they have accomplished something positive.

Learning to give back to those who gave to you helps you become a sensible person.

Sensible people know the value of favors and they know the importance of returning them.

Not only does it make you sensible, it makes you reliable as well. Being reliable is a good characteristic to have. People like to know that they can depend on you if they ever need anything.

It is always good to have a person to rely on, and it is especially good when they can rely back on you.

In the meantime, remember to treat people the way they want to be treated. No matter how many favors a person grants you, they are making a special sacrifice to do that.

Always appreciate those caregivers and give back the support you receive because you never know when you will need them again.

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## Former Winston-Salem State student becomes licensed attorney in Raleigh

**Sherrie Wallington**  
Guest Writer

Tyyawdi Baker wants to be a judge and she is well on her way. She graduated from Winston-Salem State University in 1996 with honors and a bachelor of arts degree in English and a minor in Political Science. After graduating she attended law school at the University of North Carolina at Chapel Hill. She graduated this past May and passed the North Carolina State Bar exam in June.

Baker was officially sworn in as a licensed attorney by Chief Justice Henry Frye of the N.C. Supreme Court at a special ceremony held in Raleigh on Oct. 14. Two of her former professors, Dr. Shirley Manigault and Larry Little, were there to witness the occasion.

Currently, Baker is a law clerk for Frye.

She enjoys working at the Supreme Court and especially working with the chief justice. "He is an excellent teacher and role model and this is a wonderful opportunity for me," she said.

Though she is quite busy and works very hard, she still feels it is important to give back, especially to her alma mater, Winston-Salem



Courtesy of Sherrie Wallington  
Tyyawdi Baker poses with Justice Henry Frye of the Supreme Court (left) and Carl Miller (right), Baker's grandfather at the Supreme Court.

State University.

Recently, she contacted Manigault, an English professor and director of the Honors Program, and volunteered to do a workshop for students preparing for law school and the LSAT.

The workshop was Oct. 9, 1999 from 8:30 a.m. to noon in Hall Patterson, room 305. Three faculty members and 13 students attended. Baker focused on preparing for the LSAT, applying to law school, writing personal statements, devising a plan and sticking to it, maintaining a competitive grade point

average, and having a strong support network of family and friends.

Maintaining focus has been one of the keys to Tyyawdi's success.

"One thing that helped Tyyawdi was that she was always focused. From the moment she entered Winston-Salem State she knew exactly what she wanted to do and has steadfastly worked toward her goal," Little said.

Baker spoke candidly about the rigorous and challenging work load and the massive amount of reading, studying and writing required in law school and to pass the bar exam.

"The courses that really helped me during law school and studying for the bar exam were the English classes that I had taken at Winston-Salem State," stated Baker.

After completing the clerkship with Frye, Baker will begin a new position with the prestigious law firm, Smith, Helms, Mulliss & Moore of Charlotte.

The workshop was the second in a series of workshops sponsored by the Honors Program.

For more information about upcoming workshops or the Honors Program, contact Dr. Shirley Manigault or Sherrie Wallington at (336) 750-2182.