

Student Life

**"Never lose sight of your dreams and apply the golden rule.
Put your priorities in proper perspective and pray, pray, pray."**

Carl Matthews, a civil-rights activist

Civil-rights activist describes atmosphere of 1960s Winston-Salem during lecture

Quemella Holland
News editor

The leader of the Winston-Salem lunch-counter sit-in spoke Feb. 23, marking the 40th anniversary of the sit-in.

Carl Wesley Matthews, a civil-rights activist, spoke as part of the Joseph N. Patterson Lecture and Assembly Series.

Just days after the sit-in at the Woolworth lunch counter in Greensboro on Feb. 8, 1960, Matthews sat alone at "whites only" lunch counter at Kress.

"This launched the sit-in movement for freedom and liberation," Matthews said.

Matthews said that he didn't know why or what provoked him to sit at that lunch counter, but at that moment, freedom, justice, and equality rang in his heart. When asked if he was scared, he said no because he prayed. He and 21 other students from Winston-Salem Teachers College, Atkins High School and Wake Forest University were arrested for protesting segregation. Matthews and the other students continued to protest and on May 25, 1960, five previously segregated stores opened their dining rooms to blacks.

Matthews discussed black-on-black racism and how he experienced it himself because he refused to lie, cheat, or steal from blacks or

with blacks during the movement.

"Truth will destroy the devil and liars," he said. He also had a message for young people. "Never lose sight of your dreams and apply the golden rule. Put your priorities in proper perspective and pray, pray, pray."

Other members of the sit-in – Victor Johnson, Donald Bradley, Billy Bright, and Jefferson Davis Diggs III – were recognized at the lecture. After the lecture, Matthews along with other black and white students who fought Jim Crow laws were honored downtown with a plaque.

*From bowling and jazz
to coffee houses and book stores ...*

Winston offers lots of options

A GUY'S NIGHT OUT: Music offers new alternative

Adrian Gilliam
Reporter

The majority of young people at WSSU and other HBCUs generally go to the clubs to hangout and have a good time.

Guys go to the clubs to meet women and vice versa. Clubs are considered by many to be more for outgoing individuals. But there is that large percentage of people that are more low-key and mellow, and the club is not their sort of thing.

Night clubs, particularly the ones here in Winston-Salem, tend to be a little too rowdy and a lot of times the rowdiness escalates to violence. When various students were asked why they don't club in Winston, violence was the number one answer. Those individuals who are more laid back and don't club find themselves left out when it comes to alternative ways to have a good time here in the local area.

Guys suggest that one alternative are the Jazz clubs.

These are clubs with sort of a lounge atmosphere with dim lights and live music. You find older more mature individuals at these spots.

The most popular one here in the city is the Unique Upstairs Jazz Club on the corner of 4th and Cherry streets downtown.

Keith Rivers says "I 'dig' jazz. It (a jazz club) is a nice place to take your girl to."

These jazz spots serve alcoholic beverages and have bands perform who are renowned all over the country. You must be 21 to get in, and they do check for ID.

Groups of guys go here and the same applies for females thus making this a great meeting ground for people of the opposite

sex. Here one will meet those mature more sophisticated ladies with great taste in music.

Another popular place for guys is the bowling alley, particularly AMF Bowling Alley on Jonestown Road here in Winston-Salem. Generally, the objective for guys attending the bowling alley is to establish that "male bonding" and to have fun participating in friendly competition. The bowling alley has a game room and a pool room.

"This is one of the few places here in Winston other than the club that stays open past 1 a.m.," says Keenon Robinson, a junior from Winston-Salem who attends the University of North Carolina at Greensboro.

The bowling alley actually stays open until 3 a.m. After midnight on weekends, the lights go out and the strobe lights come on and music is played. It is very similar to a club. It is called "Retro Bowling."

The most common hangout for guys are sports bars.

Mike's Sports Bar on Robin Hood Road features several big screens and nightly specials on beer and buffalo wings. The most popular sports bar in the Triad is Champ's on High Point Road in Greensboro. There, they have one of the biggest Super Bowl parties in the state. The bar features "happy hour" and prize giveaways.

Finally, there is a spot where one doesn't even have to leave their homes to hangout at – home.

Keith Morrison, a junior from Statesville, says "I just 'chill' at home."

And for the most part those individuals who stay "off the yard" (translation – off campus) generally are able to have fun at home by having get-togethers or just relaxing.

Food for thought and gossip

Tiphani Malette
Reporter

Ever get tired of those hot, smelly night clubs – where you hope to have fun, and worry about your safety?

Well ladies, there are many "laid back" places in town. If you are looking for something to satisfy those mellow moods, then here are some locations you can check out:

In downtown Winston-Salem, Rainbow News & Cafe at 712 Brookstowne Ave. offers a cool environment in a Victorian-like setting. They serve lunch and dinner (think pastas, lasagna, salads). They also offer books and magazines for sale.

Just around the corner, the West End Cafe, 926 W. Fourth St., is a great but simple deli with salads and sandwiches – a casual eat-and-go environment. The menu is affordable. It is recommended that you stop by following lunch, when the wait is brief and laid back.

Morning Dew Herb & Coffee Co. Inc. on 1140 Burke St. offers a true "coffeehouse" environment – an intellectual and artistic atmosphere. It's said to have the best espresso in town. And it has been voted the "best coffee" in the Triad by the Golden Fork Award for the past five years. Matt Foster, the manager, said "Its a unique place for artists, weirdos, hippies and intellectuals."

Ollie's Bakery on 300 S. Marshall St. has the sweet-tooth in mind. This retail bakery specializes in European bread. Ollie's is accented with dark green and marble and is very nice. Now that it's warming up, at Ollie's you can enjoy a spot on the deck and catch some sun. Sia Gattis, a junior from Durham, said "I love their chocolate-coated doughnuts, but you've got to have milk."