Lady Rams' basketball season is winding down

Townsley Anderson STAFF REPORTER

With their final two home basketball games approaching on Feb. 8 and 21, the Lady Rams are determined to enter the games well-focused and prepared to grab a couple more wins for the home crowd.

The team has had a bumpy season this year with five wins, but they're determined to finish the season strong as they host Bethune-Cookman on Wednesday, Feb. 8, and Savannah State Wednesday, Feb.21. Both games start at 7 p.m. at C.E. Gaines Center . On Tuesday, Feb. 13, the Lady Rams will play Longwood at Longwood, Va.

Other than their plans to win, the team strives to "get better skill wise, get along with one another and teach each other how to be a leader," said starting forward Lavontay Johnson.

The team functions as a unit and not as individuals, said Coach Dee Stokes. "We do not believe in having only one captain, as they alternate each game because they all are leaders," she said.

With seven returning players, the Lady Rams hope to build a successful season on the backs of freshman Ja'Pel Sumpter; sophomores Richea Harris, Lavontay Johnson, Candace Saunders, Akebia Williams; juniors Tierra Rudd and Keoshia Worthy, and their new recruits.



Photo by Stanley Leary

Lady Ram brings it hard against her opponent.

Lady Rams Bowlers on a roll

Sharrod Patterson

The Lady Rams bowlers have had an up-and-down season, but things are looking good for the future. The Lady Rams have only

been bowling for five short years, but by 2003, the team - led by former head coach Leon Kay, and now head coach Tyrone Scales had already won its second Western Division regular-season title and secured a No. 1 seed in the 2003 CIAA Bowling Championship Tournament.

In 2003 the Lady Rams bowlers also competed their first-ever NCAA Women's Bowling National Championship.

Lady Rams bowling has been

making slow but steady progress. With the arrival of WSSU in the MEAC, the opposition has stiffened, putting the team in a difficult but also promising situation. The Lady Rams could use more support at their matches, but they understand that most of the matches are pretty far from campus, with their closest tournament being the NC A&T Aggie Invitational in Greensboro.

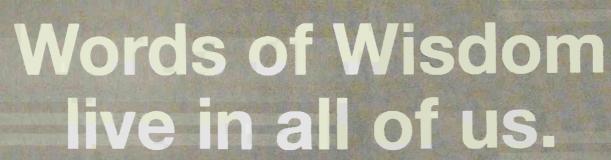
After getting off to a rocky start in 2006, the bowlers showed a

tremendous effort by turning things around in the recent 2007 MEAC Southern Division Classic, winning their first three matches of the tournament. With seasoned veterans such as Patrese Nesbitt, Alexa Jeffries and Candice Leatherberry increasing their already high averages and evergrowing commitment to the team, the Lady Rams could finish their 2006-07 season on a high note at the Releaser's NCAA Invitation in Tallahassee, Fla., Feb. 9 through 11.

"The team is showing significant improvements, and with the help from their new recruits, things can only get better," said Nesbitt, the team captain.

Coach Scales is equally happy with his team's improvements, and he believes the move to the MEAC should increase the team's fan

"We keep improving and are ready for the MEAC, and this team is going to make it back to the nationals," Scales said.



How will you share yours?

In support of Black History Month, Alltel Wireless is inviting HBCU students to enter our

> Words of Wisdom: Lessons in Courage

essay contest.

Fifty years ago, the Little Rock Nine personified courage and spirit Write an essay showing how you will personify courage and spirit today. Winners will receive a scholarship to the HBCU of their choice and will be presented awards personally by Dr. Maya Angelou.

> Visit www.alltel.com/wordsofwisdom to find out more.

alltel

1-800-alltel-1

Alltel Retail Stores

High Point 5836 Samet Dr. | (336) 841-0107 Main St., inside Kmart | (336) 434-1780

Kernersville 950 S. Main St. 1336/ 993-3810

Summerfield 4548 U.S. Hwy, 220 N. 1 (336) 644-7048

Shop at a participating retailer:

High Point Celtular Plus | (335) 885-5060 One-Stop Celtular | (336) 885-0084 Parcom | (336) 434-2143

Lexington Deviction Comm.: (335) 238-2105 Bandleman 3-D Wireless ((336) 498-6677

Reidsville One-Stop Cellular | 1336; 616-1530

WAL+MART **Proud Sponsor of**



For Business & Government Accounts call 1-877-BIZ-CNTR or visit alitelbusi No purchase necessary to enter or win. Must be 17 or older, a legal resident and cirron of the 60 United States (including the District of Columbia), and a current, full-time student in good standing or a high achool server who has been accepted to a participating college/iniversity. For the list of participating college/iniversity.