

# T R A C K

## Track Roster

# B R A V E S

Name	High School	Events
Abell, Tim	West Carteret, NC	Shot
Covington, Charles	West Montgommery, NC	High Jump, Triple Jump, Long Jump
Carella, Tom	Newtown, NY	Mile, 2 mile, 3 mile
Costin, Charles	Harrells Acad., NC	Javelin
Grant, Tim	Isle of Wright Acad., NC	440, Long Jump
Griggs, Ray	Knapp, NC	Pole Vault
Green, Ronnie	Lane, Va.	Discus, Shot, Javelin
Holbert, Larry	First Colonial, Va.	440 Relay, 440 Mile Run
Howard, Milton	Tarboro, NC	100, 220, 440 Relay
Johnson, Joe	Appomattox, Va.	Shot, Javelin
Kenan, Lozenzo	Wallace-Rose Hill, NC	Long Jump, 120 HH
Lancaster, Sam	South Edgecombe, NC	440 IH
Morris, Kevin	West Springfield, Va.	Long Jump, Triple Jump
Nixon, Thomas	Burgaw, NC	120 HH
Nucaro, Frank	White Plains, NY	440, Mile Relay
Powell, Jerry	Brevard, NC	880
Satterwhite, Lycurtis	J.C. Webb, NC	880
Treuvett, John	Douglas Freeman, Va.	Mile, 2 Mile, 3 Mile
Tillery, Alton	Tarboro, NC	High Jump
Washington, Charles	Behtel, Va.	100, 220, 440 Relay, Mile Relay
Webb, Robert	Tarboro, NC	120 HH
William, Ted	Goose Creek, SC	Mile, Mile Relay
Whitehead, Waddell	Tarboro, NC	100, 220, 440 Relay
Williams, Robert	Albemarle, Va.	Shot
Patterson, Mike	Maryville, Tenn.	880, 2 mile, 440, Mile Relay
Ross, Bill	Rutherford, NJ	Shot
McDaniel Mike	Garner, NC	100
Simmons, James	Pincrest, NC	Pole Vault, 120 HH



### CHOWAN COLLEGE Track Schedule 1975

April 1 (Tues.) 1:30	Elizabeth City State	Home
April 8 (Tues.) 2:00	Ferrum College	Home
April 10 (Thurs.) 1:30	Wingate College	Away
April 14 (Mon.) 2:00	Ferrum College	Away
April 17 (Thurs.) 1:30	Wingate College	Home
April 23 (Wed.)	Region 10 Meet at Brevard College	Away

#### RUNNING EVENTS

100 yds., 9.7 Alton Tillery  
 220 yds., 22.2 Matthews  
 440 yds., 50.0  
 880 yds., 1:58.6 Irby  
 One Mile Run 4:31 Irby  
 Two Mile Run 10.16  
 Three Mile Run 16:16.8 John Spears  
 440 Inter. Hurdles 55.9 David Brammer  
 120 High Hurdles 15.1  
 440 Relay 43.3 J. Smith, B. Wingo, K. Barnes, B. Britt  
 Mile Relay 3:28 M. Ribet, J. Smith  
 B. Wingo, E. Boyette

#### FIELD EVENTS

Shot Put, 45' 1/2", Stan Lucas  
 Discus, 138' 9", Stan Lucas  
 Javelin, 198' 10",  
 Pole Vault, 12' 8 1/2", Mike Ribet  
 High Jump, 6' 4", Barnhill,  
 Conway, Trevvett, J.  
 D. Holts, C. Covington  
 Triple Jump, 45', Conway  
 Long Jump, 22' 4", Charles Covington



### Track Team Opened 80-63 Over ECSU

Chowan College's track team opened its season with an 80-63 defeat of Elizabeth City State University April 1 at home. Charles Covington of Troy and Tom Carella of Elmhurst, N.Y. paced the Braves, coached by Dan Surface. Each won two events and Covington also had a second in the high jump. In all, Chowan won 11 events. Placing first for Chowan were: Mike McDaniel of Raleigh, pole vault, 11'6"; John Trevvett of Richmond, Va., high jump, 6'4"; Carella, mile run, 4:47.6 and two-mile, 10:45; James Simmons of Jackson Springs, 120 high hurdles, 16.2; Ronnie Green of Charlottesville, Va., discus, 115'7"; Charles Costin, Warsaw, javelin, 164'10"; Covington, long jump, 21'7 1/2" and triple jump, 41'5 1/2". Ted Williams, Monks Corner, S.C., 220, tie for first, 22.5; and Robert Williams of North Garden, Va., 880, 2:13. The defending Cavalier-Tarheel Conference champions will begin defense of their crown Friday at home against Ferrum.