

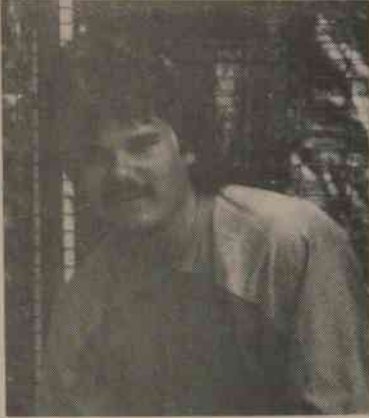
## Chowan Grad in Australia

Keith R. Lawson, a Chowan College graduate of 1981 with the associate degree of science in pre-dentistry, is currently studying as a Rotary Scholar in the science faculty at the University of Tasmania in Australia. While a student at Chowan, Lawson was endorsed as a candidate for the Rotary Scholarship by members of the Rotary Club of Murfreesboro.

After graduating with honors from Chowan, Lawson transferred to the University of North Carolina at Chapel Hill where he continued his studies in science. After his year in Australia he will return to UNC-Chapel Hill. His long-range career objectives are in dentistry.

Recently Dean Lewis received a letter for Lawson who wrote, "I have adjusted quickly to different foods and a different way of life. The people have accepted me and are very helpful. However, I was disappointed to learn that Australians view Americans as conceited. Australians also think we carry guns and shoot innocent passersby. I am hoping to change this attitude among Australian friends whose image of Americans have been too greatly influenced by television. My visions of the wild bush country and aborigines have changed, too!"

Lawson graduated Cum Laude. While at Chowan he served as Resident Assistant and President of Phi Theta Kappa. He is from Lawsonville of Stokes County in North Carolina.



Keith R. Lawson

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## Lung Association Warns Of Marijuana's Hazards

Marijuana smoke may be even more harmful to the lungs than tobacco smoke, says the American Lung Association, The Christmas Seal People®.

Compared to tobacco, marijuana produces a smoke that contains 50 percent more of the cancer-causing agents benzyrene and benzanthracene, according to the Association. Marijuana smoke also contains 50 substances called cannabinoids, not found in tobacco smoke, which are respiratory irritants.

In one study with healthy college students who smoked five marijuana joints a day for two or three months, highly significant effects on lung function were found. The researcher—Donald P. Tashkin, M.D., professor of medicine at Los Angeles School of Medicine—stressed the surprising degree of damage that developed after such a short period of marijuana smoking.

"If lung function continued to deteriorate at the same rate that was observed during the course of the study," he said, "individuals who continued to smoke an average of five joints a day would become disabled by respiratory insufficiency in a few years." Dr. Tashkin is a member of the American Throat Society, the medical arm of ALA.

In 1982, the U.S. Surgeon General Everett Koop, M.D., issued this alarm: "As Surgeon General, I urge other physicians and professionals to advise parents and patients about the harmful effects of using marijuana and to urge discontinuation of its use." The problem of marijuana smoking, especially among young people, Dr. Koop said, justifies national concern. "I am especially concerned about the long-term developmental effects of marijuana use on children and adolescents, who are particularly vulnerable to the drug's behavioral and physio-

logical effects," he said. Among the damaging effects he listed: impaired short-term memory and slowed learning; impaired lung function; interference with ovulation and prenatal development. In males, there can be interference in sperm production and levels of testosterone.

"The age at which people first use marijuana has been getting consistently lower and now is most often in the junior high school year," he said. "More high school seniors smoke marijuana than smoke cigarettes."

Sixteen million adult Americans—and four million teenagers—smoke marijuana regularly. Marijuana habits also begin early. A national survey showed that half of the high school seniors who used marijuana regularly had first tried pot by the eighth grade. Another third started in the ninth grade. One of the Lung Association's concerns is the effects of marijuana on young, still developing lungs.

Although there are few studies on long-term effects, researchers suspect that marijuana smokers—like cigarette smokers—may be at increased risk of developing long-term lung diseases such as chronic bronchitis and emphysema.

One complicating factor, says the American Lung Association, is that marijuana smokers deliberately inhale deeply to get high concentrations of the smoke into their lungs. Some pot users have "power hitters" and other paraphernalia that blast high concentrations of the damaging smoke into their lungs.

Inhaling any smoke assaults the lungs. But smoke from burning marijuana and tobacco is especially hazardous, even to healthy lungs. "Whatever it is, don't smoke it," advises the American Lung Association. "That's the best policy for a healthy lifestyle."

## Campus Paperback Bestsellers

- The Winds of War**, by Herman Wouk. (Pocket, \$4.95.) One family's struggle to survive during World War II.
- Sophie's Choice**, by William Styron. (Bantam, \$3.95.) The nature of evil seen through the lives of two doomed lovers.
- War and Remembrance**, by Herman Wouk. (Pocket \$3.95.) Continuing the story began in "The Winds of War".
- When Bad Things Happen to Good People**, by Harold Kushner. (Avon, \$3.50.) Comforting thoughts from a rabbi.
- Happy to be Here**, by Garrison Keillor. (Penguin, \$4.95.) Stories and comic pieces by a radio personality.
- Hitchhiker's Guide to the Galaxy**, by Douglas Adams. (Pocket, \$2.95.) Companion to the PBS TV series.
- Love**, by Leo Buscaglia. (Fawcett, \$3.50.) Inspiration from a Southern California professor.
- Items from our Catalogue**, by Alfred Gingold. (Avon, \$4.95.) Spoof of the L. L. Bean catalogue.
- The Parsifal Mosaic**, by Robert Ludlum. (Bantam, \$4.50.) Spies and counterespies race to prevent World War III.
- A Few Minutes With Andy Rooney**, by Andy Rooney. (Warner, \$2.95.) Humorous essays by the TV personality.

Compiled by The Chronicle of Higher Education from information supplied by college bookstores nationwide. March 23, 1983.

## New & Recommended

- An Unknown Woman**, by Alice Koller. (Bantam, \$3.95.) One woman's intensely personal quest to reshape her own life.
- Nam**, by Mark Baker. (Berkley, \$3.50.) A full and vivid account of the war from those who fought it. An oral history that searches through first hand accounts to confront the American experience in Vietnam.
- Woman Up The Corporate Ladder**, by Angela Harper. (Signet/NAL, \$2.95.) Lifegames. Selected from 64 possible futures as the heroine of your own plot-it-yourself corporate adventure.

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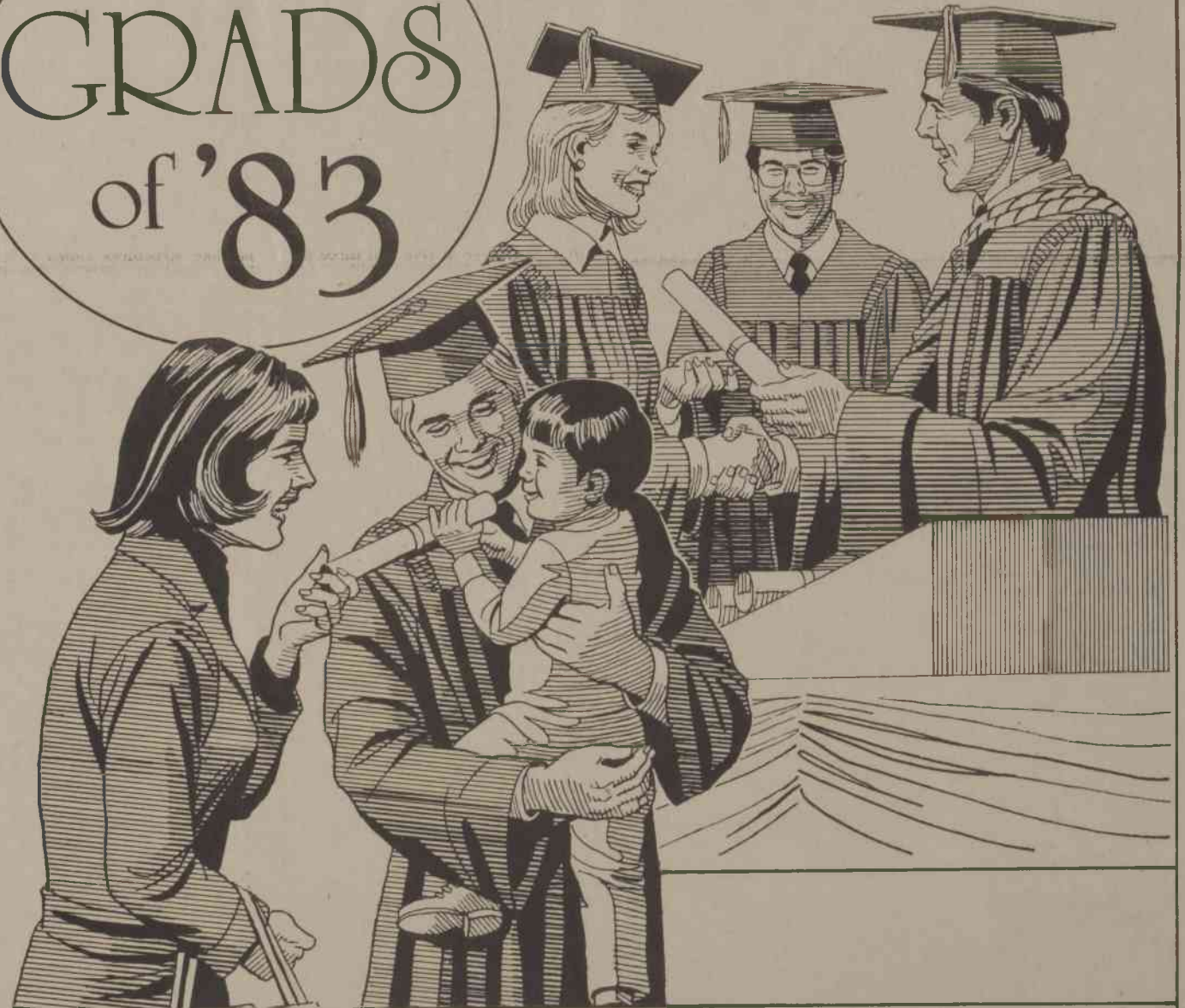
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