

Editorials

God Talk - Rev. Carrie

Frederick Buechner, a prolific writer, preacher and theologian, in a book entitled, *Listen To You Life*, has put together a wonderful set of daily devotions. He invites each of us to: Listen to your life.

All moments are key moments. (p. 2)

The author goes on to identify and elaborate upon some of the key moments in a person's life. He writes:

...taking your children to school and kissing your [spouse] goodbye. Eating lunch with a friend. Trying to do a decent day's work. Hearing the rain patter against the window.

There is no event so commonplace but that God is present within it, always hiddenly, always leaving you room to recognize him or not to recognize him, but all the more fascinatingly because of that, all the more compellingly and hauntingly...

...Listen to you life. See it for the fathomless mystery that it is. In the boredom and pain of it no less than in the excitement and gladness: touch, taste, smell your way to the holy and hidden heart of it because in the last analysis all moments are key moments, and life itself is grace. (p. 2)

How are you "listening to your life?" What are you learning about yourself, your neighbors, world, God? How is your life at Methodist College a matter of "key moments?" I encourage you to remember that all your moments are gifts from the God who walks daily with you, wants the best for you, from you, because of you.

Won't you spend some of those moments in worship on Wednesdays at 1 PM? Invest 30 of those moments in the fellowship breakfast on Fridays, 7:30 AM, in diningroom #3.

Don't forget the THANKSGIVING SERVICE for all students, staff and faculty on Monday, November 23, at 7:30 PM, in Hensdale Chapel. Our own Methodist College chorus will provide the anthem.

Have a great day! Thanksgiving break is almost upon us; may it be a blessed time for you. PEACE. Carrie

SMALL TALK

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Letter to the Editor

Dear Editor,

Mrs. Heyward and Mrs. Jerch wish to assure Ms. Foti's Education 362 class that they thoroughly enjoyed their vacation. Frankly, they wonder if the Bahamas will ever be the same! They know, they will not. Just an update--Mrs. Heyward's premature aging has regressed into a semi-conscious mid-life funk. In addition, Mrs. Jerch's blindness should not impede her acutely obnoxious nature. Never before and never again will these two unsuspecting travelers board a flight with such sheer ignorance as to their intended destination. They now realize that "The Time of Your Life Travel Agency" really means just what it says! We thank you all.

--Mrs. Heyward, and Mrs. Jerch

Dear Editor,

I have a number of complaints involving the meal plan here at Methodist. I find the food to be tasteless, fattening, very hard to digest, and very costly. These are just some of my complaints about the cafeteria food.

First, it is obvious that the food is very fattening. Most of the meals contain a food that has been cooked in saturated fats and oils. These foods are high in calories and cholesterol. On the average, female students complain of gaining 5 -10 pounds as a result of eating the cafeterias food here at Methodist.

Second, there are several students who say they find it very difficult to digest these fatty foods. They have complained of constipation and problems with their digestive systems as a result of eating the cafeteria food. Some students have actually complained of permanent irregularity.

Last, but not least, the cost of board for a resident student is 1,000 dollars. Obviously the entire 1,000 dollars does not go to the food providers, but the entire 1,000 dollars is coming out of student's pockets. The students deserve better food for their money. One might ask why student just don't get off the meal program? Well, they must have a medical reason along with a doctor statement in order to get off. Aren't these medical reasons enough?

Ketha Michelle Bonner

Dear Editor,

As Director of Dining Services at Methodist College I welcome the opportunity to talk with students regarding how we can best meet their needs in this area. I meet with the cafeteria committee and try to be sensitive to the concerns brought to the committee. I have been at Methodist College for four years and take my responsibilities very seriously.

I would like to clarify a few points.

In a recent cafeteria survey, cleanliness of the cafeteria, variety of foods and overall value of the food plans ranked the highest among a sample of 150 students, faculty members and staff personnel.

The cooking oil that we use is cholesterol free and is 40% lower in saturated fats. On the average, our entrees contain less than 300 calories and 10 grams of fat. As for the students who gain 5 -10 pounds I would recommend that they try to lower their intake of foods such as ice cream with fudge topping and Captain Crunch cereal.

Remember, pizza and cheeseburgers eaten every day will certainly run havoc on a digestive system. We offer a full salad bar with plenty of green vegetables and a deli bar which includes 95% lean ham. The same ham is used in many of our casseroles and side dishes. Our vegetables are steamed and when we do boil our vegetables we use very little vegetable oil or salt.

The cafeteria offers two meal plans with a meal transfer option to the snack bar. A salad bar that contains 40 items, a deli bar with fresh cold cuts and hand-made salads and fresh soups are options to the hot line. For breakfast we offer whole grain and natural cereals. Those are just a few of the many options available in our resident dining program.

Last, I would like to emphasize that we are here to serve all your dining needs. I am always willing to listen to suggestions that will help make your dining experience a pleasurable one.

Don Sawicki
Director of dining services