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And while it may sou cheesy, learn to communicate with your roommate, students say.
"Try to determine what kind of personalities you both have right away, and try to be considerate of each
other," says Kassandra Kasak, a University of Illinois junior. "If you find out your roommate is a real neal freak, just try to pick up a little more. Oh, and always remember to give them their messages."

Jason Kinney, a University of Iowa senior, admits that a lack of consideration got him int
one of "My best frie
My best friend and I shared a room with another guy, and we ache says. "We ordered a barbecue grill off an ad on TV and decided to grill in the room. You need to have respect for the other guy.

That sums up Chris Nehls advice, too. "Just be a decent human being, and you should be fine," says the University of Virginia junior
-Secrets of success
On the way to snaring that diploma, it's easy to be tripped up by some killer distractions, say students. "Partying. There's a party saying don't have fun, but don't get swept up in partying all the time. You're not taking out student loans to get Fs," says Lee, from Western
HOMESICK from page 1

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& \text { The research should help } \\
& \text { sdevise practical strategies for }
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$$ colleges devise practical strategies for

fending off homesickness, such as sofending off homesickness, such as social activities for first-year students,
she said. Dartmouth, for example, ofshe said. Dartmouth, for example, offers pre-orientation camping trips, in which small groups of freshmen go
hiking, horseback riding, or biking. hiking, horseback riding, or biking. sults of Scaramelli's study, Dartmouth's Health Service decided

Illinois.
Also, "take Solitaire and Tetris off your computer. There's only so long you can play Mi
advises Harvard's Rolf.

A good way to avoid distrac
tions is to make the most of campus life, say upperclassmen. For instance think of the college years as a way to
establish long-lasting friendships. establish long-lasting friendships. strangers; just a bunch of people no strangers; just a bunch of people you haven't met," advises Marc Pellmann,
a senior at Illinois Slate University. Some of the ways upper classmen said they made friends wa classmen said they madte to know people who were enrolled in classes in their major or through clubs or intramural sports. If you get assigned a group project, that's the perfect way to make friends. Because if you have classes with those people, there's a good chance you'll have the same major and may end up seeing a lot of them," advises Kasak of the University of 111 l nois.

Don't forget your studies but don't get too wrapped up in them either, says Ann Kuo, a Northwest em junior.
"People study too much, and don't get out," she says. "Explore your surroundings. I think you can learn a lot going out to art museums, etc., than just sitting in class."

## SGA catalyst for new visitation hours

By Lea Metz
Affer many heated discussions last spring within the Student Gov-
Association, a change in visitation hours will be implemented this fall.
The residence hall affected are Cumberland, Sanford, Garber, and Weaver. New visitation hours are Sunday through Thursday, 11 a.m. to 1 a.m. and Friday through Saturday 11 a.m. to 2 a.m. This new policy provides the students with an extra two hours of visitation. This change will be the first of many changes for the 1997-98 school year.

If you have any questions, comments, or concerms, please do not hesitate to stop by the SGA office in the Berns Student Center. We look foward oo working with you this year as we strive to promote the growth and devel-

## Help wanted!

The Methodist College student publications Pride and Carillon (the MC yearbook) need YOUR help!
We need students interested in writing desktop publishing (layout/design), and photography
Student editors receive a cash stipend as well as valuable experience. If interested, contact the
Director of Student Media at 630-7292.
to create a program to help identify and counsel homesick students. . The health service's 60 staff to nurses form secretaries to doctors signed to to counselors, will be as members will that say, "I'm your e-mail messages you're feeling That way, there's "more ac quaintance with students other than
when they're sick," said Jack Turco, director of the health service.

Scaramelli, who will attend Harvard University's law school this fall, says she's pleased that Dartmouth is putting the study results to good use. "I think that's wonderful," she said. "It's important to make try to make people's first year at
fortable as possible."

Please recycle this newspaper S

## Relationship Issues

## Handling long distance love

Dear Darlene
I am a freshman here at Methodist College. I am a long
way from home way from home; I moved here from
Indiana. I've already begun to Indiana. Ive already begun to my family and especially my boy my farmily and especially my boy
friend, Jamal. We have been together for almost two years. We wanted to go to the same college but it just didn't work out the way we hoped. We try to keep in touch by phone, but it seems the more time passes, the more distant he gets. I'm very afraid of losing him. I simply don't know what to do to keep our love as strong as it used
to be. What can I do? to be. What can I do?
Sincerely, Sincerely,

Dear Loving: What a brave thing
What you've done: coming to college
and leaving the love of your life behind!
knew you wen you did it, you knew you were taking a risk. But
you risked it anyway, You mus have had very good reasons. Probably you knew that this. move would be good for you move would be good for you
Perhaps you knew that even if you couldn't keep the love alive you couldn't keep the love alive
between you and Jamal you needed to do what was right for your life. If that is true, then right now you are being called on to do what is right for your life. Perhaps some of these suggestions will help:
(Call him as often as to and can afford to.〈Be honest with him bout how you feel.〈Encourage him to be honest, too.

Accept that he is also going through changes. (Make an effort to involve yo
friends. (Do things that are in g and fun for you. <Find a good friend who will listen when you are feeling lost and lonely.
(Let life happen!

Remember that love is a living thing and it cannot be Yontrolled and ordered around. pen to love. If you do that all will be well, regardless of what happens with Jamal. happens with
Best Wishes, BARLENE
DARLEN
$\qquad$
Darlene Hopkins, director of Counseling and Psychological
Services at Methodist College, is Services at Methodist College, is If you would like to submit a leter to Relationship Issues, please send it to Pride via campus mail. If you would like a confidential reply to a letter, you may send it to Darlene Hopkins at the Counseling Center via campus mail

## Campus Calendar September 1997




