2 Wednesday, August 27, 1997

ADVICE from page 1 -

And while it may sound cheesy, learn to communicate with your roommate, students say.

"Try to determine what kind of personalities you both have right away, and try to be considerate of each other," says Kassandra Kasak, a University of Illinois junior. "If you find out your roommate is a real neat freak, just try to pick up a little more. Oh, and always remember to give them their messages."

Jason Kinney, a University of Iowa senior, admits that a lack of consideration got him into hot water with one of his roommates.

"My best friend and I shared a room with another guy, and we actually got kicked out of the room," he says. "We ordered a barbecue grill off an ad on TV and decided to grill in the room. You need to have respect for the other guy.'

That sums up Chris Nehls' advice, too. "Just be a decent human being, and you should be fine," says the University of Virginia junior.

Secrets of success

On the way to snaring that diploma, it's easy to be tripped up by some killer distractions, say students. "Partying. There's a party going on almost every night. I'm not

saying don't have fun, but don't get swept up in partying all the time. You're not taking out student loans to get Fs," says Lee, from Western

HOMESICK from page 1 -

The research should help colleges devise practical strategies for fending off homesickness, such as social activities for first-year students, she said. Dartmouth, for example, offers pre-orientation camping trips, in which small groups of freshmen go hiking, horseback riding, or biking.

Also, after hearing the results of Scaramelli's study, Dartmouth's Health Service decided

Also, "take Solitaire and Tetris off your computer. There's only so long you can play Mine Sweeper," advises Harvard's Rolf.

Illinois.

A good way to avoid distractions is to make the most of campus life, say upperclassmen. For instance, think of the college years as a way to establish long-lasting friendships.

"Be outgoing. There are no strangers; just a bunch of people you haven't met," advises Marc Pellmann, a senior at Illinois State University.

Some of the ways upperclassmen said they made friends was by getting to know people who were enrolled in classes in their major or through clubs or intramural sports.

"If you get assigned a group project, that's the perfect way to make friends. Because if you have classes with those people, there's a good chance you'll have the same major and may end up seeing a lot of them," advises Kasak of the University of Illinois.

Don't forget your studies, but don't get too wrapped up in them either, says Ann Kuo, a Northwestern junior

"People study too much, and don't get out," she says. "Explore your surroundings. I think you can learn a lot going out to art museums, etc., than just sitting in class."

COLLEGE NEWS

SGA catalyst for new visitation hours

By Lea Metz SGA Secretary

After many heated discussions last spring within the Student Gov-

ernment Association, a change in visitation hours will be implemented this fall.

The residence hall affected are Cumberland, Sanford, Garber, and Weaver, New visitation hours are Sunday through Thursday, 11 a.m. to 1 a.m. and Friday through Saturday 11 a.m. to 2 a.m. This new policy provides the students with an extra two hours of visitation. This change will be the first of many changes for the 1997-98 school year.

If you have any questions, comments, or concerns, please do not hesitate to stop by the SGA office in the Berns Student Center. We look foward to working with you this year as we strive to promote the growth and development of Methodist College.

Help wanted!

The Methodist College student publications Pride and Carillon (the MC yearbook) need YOUR help! We need students interested in writing, desktop publishing (lavout/design), and photography. Student editors receive a cash stipend as well as valuable experience. If interested, contact the Director of Student Media at 630-7292.

to create a program to help identify and counsel homesick students.

The health service's 60 staff members, from secretaries to doctors to nurses to counselors, will be assigned to groups of freshmen. Staff members will send e-mail messages that say, "I'm your contact person; if you're feeling blue, come talk to me." That way, there's "more ac-

quaintance with students other than

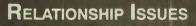
Labor Day

when they're sick," said Jack Turco, director of the health service.

Scaramelli, who will attend Harvard University's law school this fall, says she's pleased that Dartmouth is putting the study results to good use. "I think that's wonderful," she said. "It's important to make try to make people's first year at college as comfortable as possible."

2

Women's soccer vs. Baldwin Wallace, 4 pm



Handling long distance love

Dear Darlene

I am a freshman here at Methodist College. I am a long way from home; I moved here from Indiana. I've already begun to make friends here, but I still miss my family and especially my boyfriend, Jamal. We have been together for almost two years. We wanted to go to the same college, but it just didn't work out the way we hoped. We try to keep in touch by phone, but it seems the more time passes, the more distant he gets. I'm very afraid of losing him. I simply don't know what to do to keep our love as strong as it used to be. What can I do? Sincerely,

Loving but Worried

Dear Loving:

What a brave thing you've done: coming to college and leaving the love of your life behind!

When you did it, you knew you were taking a risk. But you risked it anyway. You must have had very good reasons. Probably you knew that this move would be good for you. Perhaps you knew that even if you couldn't keep the love alive between you and Jamal you needed to do what was right for your life. If that is true, then right now you are being called on to do what is right for your life. Perhaps some of these suggestions will help:

(Call him as often as you need to and can afford to. (Be honest with him about how you feel.

PRIDE

(Encourage him to be honest. too.

(Accept that he is also going through changes.

(Make an effort to involve yourself with your new friends.

(Do things that are interesting and fun for you.

(Find a good friend who will listen when you are feeling lost and lonely.

(Let life happen!

Remember that love is a living thing and it cannot be controlled and ordered around. Your job is to live well and stay open to love. If you do that all will be well, regardless of what happens with Jamal. Best Wishes, DARLENE

Darlene Hopkins, director of Counseling and Psychological Services at Methodist College, is the author of Relationship Issues. If you would like to submit a letter to Relationship Issues, please send it to Pride via campus mail. If you would like a confidential reply to a letter, you may send it to Darlene Hopkins at the Counseling Center via campus mail.

SATURDAY

Football vs. Chowan, 1pm

6



Campus Calendar September 1997 FRIDAY THURSDAY TUESDAY WEDNESDAY MONDAY SUNDAY 3 4 5

		Racquetball tournament sign-up Softball starts SGA meeting, 11am, DR#5 SAC meeting, 11am, DR#3 Campus Crusade, 8pm, Weaver basement	Men's soccer at Mt. Olive Last day to drop a class <i>Liar, Liar</i> , 8 pm FCA, 9pm, Weaver basement Pre-ministerial Fellowship, 5pm, CMC Chapel Choir, 7pm, Chapel	Table tennis tournament Chapel, 11 am Christian LYFE Council, 7pm, Weaver basement Gospel Choir, 7pm, chorus room	Prayer Time, 6:30 pm, Chapel		Cross Country at UNCW Men's soccer at Millsaps Women's soccer at Salisbury State
北京中国法法国教	7 Men's soccer at Rhodes College Women's soccer at Christo- pher Newport	Opening Convocation, 11 am, Reeves Auditorium Volleyball at Peace College Home Run Derby Flag football sign-up SGA meeting, 11am, DR#5 SAC meeting, 11am, DR#3 Campus Crusade, 8pm, Weaver basement	9 FCA, 9pm, Weaver basement Pre-ministerial Fellowship, 5pm, CMC Chapel Choir, 7pm, Chapel	10 Flag football captains meeting Chapel, 11 am Gospel Choir, 8pm, Chapel	11 Women's soccer at Greensboro Prayer Time, 6:30 pm, Chapel	12 Last day to file intent to graduate forms Volleyball at Salem Women's Golf: Lady	13 Cross Country: MC Invitational Football at Guilford Men's soccer vs. Heidelberg, 3 pm Invitational Monarch Invitational
一日 四年日 四日	14 Men's soccer vs. New Jersey, 2 pm	15 Flag football starts SGA meeting, 11am, DR#5 SAC meeting, 11am, DR#3 Campus Crusade, 8pm, Weaver basement	16 Volleyball at Greensboro Punt/Pass/Kick Tournament FCA, 9pm, Weaver base- ment Pre-ministerial Fellowship, 5pm, CMC Chapel Choir, 7pm, Chapel	17 Women's soccer vs. Barton, 4 pm Spades Tournament Chapel, 11 am Christian LYFE Council, 7pm, Weaver basement Gospel Choir, 8pm, Chapel	18 Comedian Vic Henley, 8 pm IDS110 Program on Sexually Transmitted Diseases, 7-9 pm, S222 Prayer Time, 6:30 pm, Chapel	19	20 Volleyball vs. Christopher Newport/ Meredith, noon Men's soccer vs. Hampden-Sydney, 1 pm Women's soccer vs. Elizabethtown, 11 am
	21 Women's soccer vs. Heidelberg, 2 pm	22 SGA meeting, 11am, DR#5 SAC meeting, 11am, DR#3 Campus Crusade, 8pm, Weaver basement Women's Golf at Radford Invitational	Volleyball at NC Wesleyan 23 Women's soccer at St. Andrews Tennis sign-ups Road Run sign-up Coffee House: "Standish Drive," 11:30 am FCA, 9pm, Weaver basement Pre-ministerial Fellowship, 5pm, CMC Chapel Choir, 7pm, Chapel	24 Checkers toumament IDS110 Program on Sexually Transmitted Diseases, 7-9 pm, S222 Chapel, 11am Gospel Choir, 8pm, Chapel	25 Prayer Time, 6:30 pm, Chapel	26 Southern Writers Symposium: Fred Chappell: Places of Possibility	Football vs. Newport News Apprentice, 1 pm 27 Cross Country at Greensboro Invitational Men's soccer at Christopher Newport Women's soccer at Maryville Southern Writers Symposium: Fred Chappell: Places of Possibility Family Weekend
	28 Women's soccer at Kean	29 Top Gun contest SGA meeting, 11am, DR#5 SAC meeting, 11am, DR#3 Campus Crusade, 8pm, Weaver basement	30 Volleyball vs. Averett, 7 pm Tennis begins IDS110 Program on Sexually Transmitted Diseases, 7-9 pm, , S222 FCA, 9pm, Weaver basement Pre-ministerial Fellowship, 5pm, CMC Chapel Choir, 7pm, Chapel				