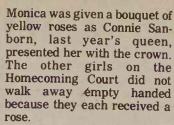


(Continued from Page 1)



After the Homecoming Queen was announced, the couples resumed their places on the dance floor, conversations continued, and general good times went on as before.

Sunday gave some students a chance to recuperate from Saturday's festivities, and it also marked the day of Wesleyan's Mud Fest. The object of the Mud Fest was to get dirty!!! And that was exactly what Wallace Johnson and Terri Gillette did; they were named King and Queen of the 1979 Mud Fest. There were games such as a three-legged race, wheelbarrel race, and chugging contest--with root beer.

It isn't difficult to sum up all the festivities into one word--GREAT! Everyone had a nice time thus making 1979 Fall Homecoming Festivities a smashing success.

Valerie Holland

## CAREER PLANNING: NOW OR ?

In these days of uncertainty the world of work is one in which the average college graduate is un-derprepared. At first glance the work world appears to be a colossal foe which gets the best of each and every new graduate. After all, unemployment seems to continually climb as the price of oil soars and the dollar falls. Scared? Well, without some serious thought about what you want to do with your degree (and your life) your fears are totally warranted. However there is a solution! It's not simple and it will not be spoonfed. But, if you are willing to roll up your sleeves and dedicate some time and energy to planning your career you will make it. If your next question is what do I do? The Career Planning and Placement Center can help.

The Career Planning and Placement Center is located in the Student Life Office with hours from 10 AM to 1 PM Monday through Thursday. Although we are presently redeveloping the program and rebuilding our resources we

offer some valuable services. Included in these are help in: academic planning aimed to maximize employability; resume writing; placement services; planning your job hunt; the JOB INFORMATION BOARD consisting of current full and part-time job openings (located in the Student Life Office); a library of undergraduate and graduate catalogs, career books, job files by occupational areas and company profiles.

This all leads us to the final queston. Is career planning only for Seniors? the answer is definitely NO! If you wait until your Senior year to start thinking of the future you have let three valuable years slide by. If you're not sure how to maximize your college experience, drop by the office and we'll be glad to lend a hand. Remember - with some realistic plans, some hard work and a good bit of determination this mean ol' world isn't such a bad place to live.

Al Garlick



## SAGA: THE EDIBLE IDEA

## Why Not Intramurals, Activities, Programs, Etc.?

"Why should I bother getting involved in extra stuff-after all I'm in college to study?" Occasionally I hear a statement similar to this, and I'd like to comment on the value of extra-curricular activities, especially as they affect one's future.

Wesleyan's Intramural sports program offers a golden opportunity to stir up the body and spirit. Besides helping you burn off excess calories acquire through "beverages," spaghetti, pizza, and however many cookies it takes you to complete your English paper regular participation in sports of all kinds can lower your general anxiety level and contribute to your sense of well-being.

well-being.
Socially, the intramural program invites you to experience pure fun. In addition, sports are a chance to learn about teamwork, leadership, risk-taking and breaking the ice with folks you might not meet in your general rounds.

In addition to intramurals, NCWC's club activities and programs, student government, and productions are places to try out new skills and mix up your social life.

"That's fine," you may say, "but I haven't got time." I would submit to you that

there is both long and short term value to reaching out beyond your classes. So far we've looked at immediate short term payoff for extracurricular activity. This payoff is confirmed in studies of student success in college! A good predictor of success is the outside activities and another is working. The student who only studies and goes to class, may not be developing the personal-emotional skills necessary for doing well in college.

Long term payoff?

Employers like to see an employee who is responsible about his-her health, able to give and receive criticism, able to have ideas and put them into motion, and knowledgeable about nondegree related things. Teamwork, leadership, and a sense of humor are required in jobs with advancement potential. And what are you going to say when an interviewer says, "Tell me a little about yourself?" or "What involvements have you had outside of your classwork?" Finally the payoff is yours. The more you extend yourself. the more you learn about yourself and the world; the more you will have increased the richness and satisfaction in your life.

Doug Frazier

Returning students have probably already noticed quite a few changes in the cafeteria so far this year.

Aside from a few new faces, we have a whole new food service. Most students seem to be pleased with the change.

SAGA food service was started in 1948 at Hobart and Williams College in upstate New York. Three enterprising seniors decided they would be managers of the school cafeteria. They served meals family style and did so well that the administration of the college asked them to continue after they graduated.

News of their achievement spread and they were asked to manage other college cafeterias. At present, the company operates dining facilities in over 400 colleges and is the largest catering service for colleges in the U.S.

Two of the men responsible for the changes at Wesleyan are Fred Heaviside, food service manager, and Mike Keyes, food service director. Mike is on temporary assignment to help Fred get the SAGA program started here. Both men are graduates of hotel and

restaurant management programs, Fred from Florida State and Mike from the University of Denver. Both men are interested in pleasing the students and after this week they expect the food service program to be in complete operation.

SAGA was originally to be called Kanadesaga. However, when the early plans were submitted to the New York State government, another company was already using that name. Then the name was shortened to SAGA.

Any complaints or suggestions can be directed to Fred or Mike. Also, there is a suggestion box in the cafeteria. Any other comments or complaints can be taken to the Food Grievance Committee or any student Senate representative. The food grievance committee is made up of all SGA officers and several other representatives and they meet regularly with Fred and Mike.

SAGA plans to have nine special events throughout the year (one per month). These special events are mainly for holidays. There are many specials in addition to this.

Examples are a few of the meals served during Homecoming Week. During exams, there will be a time at night when the cafeteria will be open serving coffee and doughnuts, potato chips, and other snacks. Another plan is to have a midnight breakfast during exams and on some other occasion to have a country and western breakfast

With an emphasis on variety and diversity, a lot of changes have taken place. Students must be the final judge of these changes.

Sharon Lipscomb Noel Patel

## THANKS.....

I'd like to take this opportunity to thank the members of the Social Commission, SGA, Alpha Delta Chi, South Hall, SAGA, and all others who worked so hard oo help make the Homecoming festivities a success. Thank you all for your efforts and cooperation.

Sincerely, Doug Frazier Coordinator of Student Activities