

The Decree

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Students vulnerable to Hepatitis B

By NICOLE COX

There is a sexually transmitted disease that is 100 times more contagious than AIDS, kills 14 people a day, and is not preventable by the use of a condom.

The disease is Hepatitis B. Hepatitis B is a highly contagious, potentially deadly virus that is not

selective about who it infects; anyone can get it. Yet even though Hepatitis B affects the lives of hundreds of thousands of young people in the United States, most people know little to nothing about this extremely serious disease.

Though often linked to HIV, the virus that causes AIDS, the

Hepatitis B virus is far more widespread and much more contagious. Like HIV, the virus is spread through sexual transmission, blood and other body fluids, contaminated needles, and from mother to child during birth. But unlike the HIV virus, Hepatitis B transmissions can also occur in settings of continuous close

personal contact, such as sharing of toothbrushes.

About half of those who get Hepatitis B will suffer from an inflammation of the liver, called acute hepatitis, as well as cirrhosis and liver cancer. Some of the symptoms of Hepatitis B include nausea/vomiting, loss of appetite, abdominal pain, jaundice, skin

rashes, and arthritis. Fifty percent of those infected with Hepatitis B are asymptomatic.

This group of symptomless carriers can unknowingly pass the disease on to numerous others, and may eventually get extremely ill themselves.

(Continued on Back Page)

S.G.A. update

Vice president selected

Wesley Jones was made Vice President of the S.G.A. after former Vice President Toby McAuliffe resigned. No formal campus-wide election was held because Jones was the only candidate running for the position.

Juniors get president

Regina Watt was chosen to serve as President of the Junior Class. Watt was also the only candidate running for the office. All other class positions remain vacant.

Whitehead resigns

Elbert Whitehead resigned as Commuter Representative. As of yet, no one has obtained a petition to fill the vacancy. All those who are interested should stop by the S.G.A. office in the SAC to pick up a petition.

Committee formed

At the last meeting on Nov. 2, the S.G.A. established a Security Committee to look at issues of security on campus. All those interested in serving on the committee can call extension 5225 for further information.

Next meeting Monday

The next S.G.A. meeting will be held Monday, Nov. 23, in the multi-purpose room during open period. All S.G.A. meetings are open to the Wesleyan Community.



FUNNY LADY — Comedian Maryellen Hooper entertained students on Nov. 11 in Doc's. The college's snack bar is featuring a variety of entertainment during the year, including singers and comedians. (Photo by Chris Taylor.)

Dinner, show on 'Pinafore' draws crowd

By ELLEN STANTON

North Carolina Wesleyan College held its second annual Dinner Theatre Concert on Tuesday, Nov. 10, in the Student Activities Center.

The evening was a huge success. Almost all 168 seats were filled. Anywhere from \$600 to \$700 was raised.

The enchanted evening began at 6:30 p.m. with dinner and soloists. Dinner featured a garden salad, spaghetti, and cheesecake for dessert. One of the soloists was Wesleyan's own Chynna Bonner.

After dinner, Wesleyan's Madrigal Singers first performed

seven traditional numbers.

The Wesleyan Singers and the Tar River Chorus then joined together to sing various numbers from Gilbert and Sullivan's *H.M.S. Pinafore* in an abbreviated version of the operetta. Faculty members such as Al LaRose and Dr. Allen Johnson participated in the event.

The concert was directed by Dr. Maria Manzo of the Music Department. Dinner was provided by Fred Gilbert and NCWC Food Service Class.

Currently, the madrigal group, the new gospel choir, and the Wesleyan Singers are preparing for their Christmas Cantata on Dec. 9.

College sleeps its way to success

Go ahead. Put your head down on your desk. It's okay to take a 10 to 15-minute snooze during class, says the president of Teikyo Marycrest University.

Students, staff, and faculty at the Marycrest and Westmar campuses need to take naps — or at least rest for a few minutes during the middle part of the day, said Joseph Olander, president of the school.

In his first directive after taking over Oct. 1, Olander pointed out that Latin, Asian, and Mediterranean cultures have known for a long time that naps are good for people "spiritually, mentally, and physically."

"Therefore, I should like to encourage each of you, sometime between 1 and 2 p.m. every day, to take a 10 to 15-minute nap. Please take time away from work

to refresh yourself by this simple 'wellness program,'" the memo said.

"I would like to encourage faculty who are teaching during that hour to ask students simply to lower their heads at their desks with them and take a nap."

Responses from students, faculty, and staff have been mixed, although Olander says reactions have been mostly favorable.

"We want to build an international university. A 15-minute nap actually increases productivity, and will give students a truly global understanding," he said.

Marycrest College was founded in 1939 as a private women's college and became co-educational in 1966. The 1,400-student campus was affiliated with the Teikyo University Group of Tokyo last year.