

## Inside an Accident

Accident is a word applied to the culmination of a series of events which result in harm to an individual or damage to property.

The most important element that accident prevention programs must seek to eradicate is the unsafe act itself.

Accident prevention indoctrination must be directed not only toward self preservation, but also toward the protection of others.

All of us live in an environment which is potentially dangerous, even lethal, depending upon circumstances,

some of which are subject to our own control and some of which are subject to the control of others.











There is no such thing as a "safe" environment. There can only be "safer" environments.

There is no such thing as a "safe" person. However, persons who have been motivated, trained, and conditioned to behave safely are much "safer" individuals than persons not so motivated, trained and conditioned.

No matter how thoroughly an environment has been screened for accident-causing potentials, an unsafe person may have an accident or may cause an accident to happen under given circumstances.

### GENERAL DIRECTIONS FOR GIVING FIRST AID

PASTE THIS INSIDE THE DOOR OF YOUR MEDICINE CABINET

KEEP THE INJURED PERSON LYING DOWN  DO NOT GIVE LIQUIDS TO THE UNCONSCIOUS  CONTROL BLEEDING BY PRESSING ON THE WOUND  RESTART BREATHING WITH MOUTH-TO-MOUTH ARTIFICIAL RESPIRATION  DILUTE SWALLOWED POISONS  KEEP BROKEN BONES FROM MOVING  COVER BURNS WITH THICK LAYERS OF CLOTH  KEEP HEART-ATTACK CASES QUIET  FAINTING: KEEP HEAD LOWER THAN HEART  COVER EYE INJURIES WITH GAUZE PAD 

ALWAYS CALL A DOCTOR

A simple truth must be implanted in every mind. Accidents don't happen; they are caused. They are caused by what people do, or by what they do not do.

Acceptance of this truth means that one must admit that since human action can be modified, accidents with rare exceptions are preventable occurrences and that the same resources mobilized to combat heart disease, cancer and mental illness should be committed in much larger amount for the prevention of accidents.

--Albert L. Chapman, M. D.  
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