

Did you ever fire a machine gun? Probably not. To most of us, a machine gun bullet is just about the ultimate in striking power. But, you can outdo a machine gun bullet if you want to. Unfortunately, it will almost certainly mean your death.

Just go out on the highway in your car, drive at 30 mph on the wrong side of the road until you hit a second car coming at you at 30 mph. This should be a full head-on collision. If you weigh 150 pounds, or thereabouts, when your car hits the other, you'll hit your windshield, dashboard and steering wheel with an impact of about 6 1/2 foot-tons.

A 30-calibre machine gun bullet hits with an impact of about one foot-ton. If you weigh a bit more than 150 pounds, you won't have to drive as fast.

The point of all this, of course, is that "impact" is a killer. At high speeds, people turn themselves into human machine gun bullets.

It has been estimated that if you are going between 71 and 80 mph and you have a collision, you have one chance in two of being killed. Here's a shocking "impact" chart:

Speed	Chance Being Killed
0-10	1 in 1,373
11-20	1 in 963
21-30	1 in 316
31-40	1 in 97
41-50	1 in 88
51-60	1 in 31
61-70	1 in 7
71-80	1 in 2
Over 80	1 in 1.1

Speeding is like playing Russian roulette with a loaded machine gun. You may miss having an accident for a long time. But when you do, look out!

--John H. Herndon

Education will broaden a narrow mind, but there's no known cure for the big head.

HOW TO GET ALONG

1. Keep skid chains on your tongue; always say less than you think. Cultivate a low persuasive voice. How you say it often counts more than what you say.
2. Make promises sparingly and keep them faithfully, no matter what it costs you.
3. Never let an opportunity pass to say a kind and encouraging word to or about somebody. Praise good work done, regardless of who did it. If criticism is needed, criticize helpfully, never spitefully.
4. Be interested in others, in their pursuits, their welfare, their homes and families. Make merry with those that rejoice; with those who weep, mourn. Let everyone you meet, however humble, feel that you regard him as one of importance.
5. Be careful. Keep the corners of your mouth turned up. Hide your pains, worries and disappointments under a smile. Laugh at good stories, and learn to tell them.
6. Preserve an open mind on all debatable questions. Deliberate but do not argue. It is a mark of superior minds to disagree and yet be friendly.
7. Let your virtues, if you have any, speak for themselves, and refuse to talk of another's vices. Discourage gossip. Make it a rule to say nothing unless it is something good.
8. Be careful of another's feelings. Wit and humor at the other fellow's expense are rarely worth the effort, and may hurt where least expected.
9. Pay no attention to ill-natured remarks about you. Simply live so that nobody will believe them. Disordered nerves and bad digestion are a common cause of backbiting.
10. Don't be too anxious about your awards. Do your work, be patient and keep your disposition sweet, forget self and you will be rewarded.