## SUPERINTENDENTS

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moved to the looper room where he
fixed looping and seaming machines
for six years. He worked in a defense
plant during World War II. In 1945,
he returned to Kernersville and for the
next twelve years was in charge of
knitting, seaming and inspecting for
Vance Ring Company in Kernersville.

Again in March of 1957, Dewitt Winfree asked Williard to join him-this time with the knitting department of Adams-Millis. Williard was named supervisor of knitting for the second shift.

"With Eddinger and Williard in charge of the two departments, each will be able to concentrate on the work and problems of his particular department," Voncannon said. "This will strengthen our team and make for more efficiency in our expansion program."

"Charlie Tuttle has proved his ability to take over our plant in Oklahoma. We will miss him here, "Voncannon added, "but we know he will do an outstanding job with the new plant."

Tuttle has been with Adams-Millis thirty years, all of which were in the finishing department until last year when he was named superintendent of the plant. He is a member of Main Street Methodist Church in High Point where he has served on the official board. He is past president of the Furniture City Kennel Club and is a member of the High Point Industrial Management Club.

Eddinger has served in several official capacities in the Hasty Baptist Church in Thomasville. He is active in the Little League Baseball Program in Thomasville, having coached teams for several years. Under his supervision, the pairing department of Plant 7 has compiled an outstanding record of accident prevention.

Williard is a member of the Moravian Church in Kernersville and is a former member of the Lions Club.

## THE HERO OF THIS STORY IS YOU

To the sick and injured, your blood can be a matter of life and health. Everyone knows the Red Cross collects and distributes whole blood and blood derivatives, but do you know. . . WHO CAN DONATE BLOOD?

Any healthy person, 18 through 59 years of age. Written permission of a parent or legal guardian is needed for those 18 through 21, if unmarried. HOW MUCH BLOOD IS A PERSON ASKED TO DONATE?

One pint (or one unit).
HOW MUCH BLOOD DOES THE AVERAGE ADULT'S BODY CONTAIN?

From 12 to 13 pints, depending on the person's weight.

HOW LONG DOES IT TAKE THE BODY TO REPLACE THE UNIT GIVEN?

The fluid content of the blood is replaced within 24 hours and the red cells within 4 to 8 weeks.

HOW OFTEN CAN A PERSON DONATE BLOOD THROUGH THE RED CROSS BLOOD PROGRAM?

Volunteer donors can give every 8 weeks but not more than 5 times a year. HOW LONG DOES IT TAKE TO DONATE A UNIT OF BLOOD?

About 45 minutes to 1 hour. The actual donation takes only about 5 to 10 minutes.

WHAT PRECAUTIONS ARE OBSERVED FOR THE DONOR'S PROTECTION?

The Red Cross Blood Program is licensed by the National Institutes of Health. Bloodmobile visits are subject to periodic inspections to make certain that high standards are maintained.

Before anyone may donate, trained Red Cross Volunteers and registered nurses check temperature, weight, pulse, blood pressure, hemoglobin and medical history. A volunteer doctor and trained staff of registered nurses are present at all times.

WHAT HAPPENS TO BLOOD COLLECT-ED LOCALLY?

Volunteer donors give blood through the local Red Cross Chapter. The total