## AMCO NEWS

Vol. XXVII No. 1

Adams-Millis Corporation

January, 1971

## SUPERVISOR OF THE MONTH

"Our department is just like one big happy family," is the way Virginia Nunn summed up the pairing department in Mt. Airy.

Virginia started as a hand clipper in 1947; two years later, she was transferred to the sample department where she clipped and paired customer sam-



Virginia Nunn

ples. She was a floor lady in the pairing department for ten years.

In 1964, Virginia Nunn was promoted to supervisor of the pairing department. There are thirty employees in pairing, clipping and mending.

With the wide experience in the pairing department, Virginia is well fitted for her supervisory position. More important are her congenial personality and sincere friendship which mold her department into a harmonious working team.

A graduate of Blue Ridge High School in Ararat, Virginia, she is the former Miss Virginia Jessup. In 1944, she married L. C. Nunn, an army veteran of World War II, who is a salesman for Simmons Motors in Mt. Airy. They have two children: Mrs. Jewell Nunn Baldwin of Salem, Virginia; and Donnie Nunn, who is a senior in Patrick High School.

The Nunns are members of Raven Rock Methodist Church in Ararat, Virginia, where Virginia teaches in the junior department. Her ability to organize her work schedule at the plant is used in the same manner at home where she finds time to cook and sew, along with her other housekeeping duties.

"I guess you might say we are part-time cattle farmers. We have a small farm of forty-two acres on which there are eleven black Angus. We hope to increase our herd to fifty," Virginia said.

## SPRAINS COME FROM HEAVY LIFTING

Trying to move objects too heavy for one person sent a knitter and a truck driver to the doctor for medical attention for muscle strains. A knitter who had been cleaning around her work area tried to move her work bench without help. The truck driver was pulling a machine to load on his truck. He wasn't quite so fortunate with his sprained back; he was out of work for two months. One of the basic rules of lifting is to get help when needed. A second basic rule is to be in proper position. A dye house employee was in the wrong position to handle a bag of salt and sprained his back as he attempted to keep the bag from falling.

Rough places in the working area sent three other employees for first aid and medical treatment. One almost lost a fingernail when a protruding rough place on a lot truck stuck under his nail. Two others were more fortunate; they only had splinters under the nails. Examine your work areas and report rough places to your supervisor.

A seamer slipped on a lot ticket attached to a lot of work on the floor. This condition should be reported to the supervisor. Also, employees are cautioned to look where they are walking.

Use hand rails when walking on the stairs.
Two falls were on steps.

A warehouseman walking backwards with a loaded hand truck back into a door. Walk forward with the load in control. When carrying loads or pushing hand trucks, handle them in a manner so that clear vision is ahead.

When working around machinery, make sure of being clear of revolving parts like handles on knitting machines. A knitter and a fixer were struck by the handles of knitting machines.

Proper clothing is essential to safe working conditions. Loose blouses and dangling shirts can become entangled in the machinery. A knitter suffered a sprained back when her blouse was caught by the revolving handle of a knitting machine.

(Cont'd. on page 7)