

Employees Sharpen English Speaking

After nine hours of demanding work at Kernersville Knitting, My Vuong, Kieu Nguyen and Tuan Nguyen were still in high spirits. They were participating in a class sponsored by Adams-Millis to help employees who speak English as a second language.

They are among around a dozen Vietnamese residents of the Kernersville area who have been participating in the English class since the middle of September. They attend class for two hours each day Monday through Thursday immediately after work, except when their jobs require overtime work. Their participation is strictly voluntary.

"My and Tuan can speak English well enough that they can help others in the class who may have trouble understanding a meaning," says Stacey Stackhouse, who teaches the class.

Stackhouse completed work on her master's degree in adult literacy at Appalachian State University in December and is certified to teach English as a second language. Originally, she approached Guilford Technical Community College about teaching English to adults. When a program for Adams-Millis's High Point locations didn't work out, she was referred to Forsyth Technical Community College and that referral led to the beginning of the class in Kernersville.

When she started the



Instructor Stacey Stackhouse uses household items to generate discussion.

class, she took a serious approach like helping the students learn how to do practical things like order food at a restaurant. "Most of the students speak English well enough to do that, so in recent classes I've attempted to be more fun oriented," she says. "Their response has been very good."

In a session in mid-October she divided the class into two groups. One group was given a familiar household item which the other group had to identify from clues provided. The game used objects like a bar of soap, a candlestick,

a hammer and a roll of masking tape. The relaxed situation encouraged the students to use English without hesitation.

"My goal is to help them become more confident in their ability to speak English," Stackhouse says. She said the students appear to be shy, but she believes that it may be caused by their lack of confidence in their English.

"We work on pronunciation because poor pronunciation often is the reason for miscommunication. During one lesson we had the students say tongue

twisters to help them concentrate on saying words. I don't speak Vietnamese, but I have become familiar enough with their speech that I can identify words that some people in the plant may have difficulty understanding.

"All of the students are nice, and, from what I hear, they are very good employees. One Monday they threw a party for me and brought traditional Vietnamese foods for us to eat. They're very good in class and they're appreciative of what Adams-Millis is doing for them."

Adams-Millis Responds to United Appeals

Many people will benefit from the generosity of Adams-Millis employees who contributed to 1995 united appeals.

Employees at the Kernersville knitting and distribution centers raised \$23,000, an increase of 33 percent over last year. Influential plant employees raised \$15,362. Results will be available later for other locations.

Carlton Brady worked on the campaigns in Kernersville and at Influential. He was joined by Deby Earnhardt, Glenn Hawkins and Barbara Joyner in Kernersville and by Kathy Duncan and Pat Owen at Influential.

Many givers in the campaign received incentives. Annie Baker won a trip to Myrtle Beach as the grand prize in Kernersville. Other winners in Kernersville were:

Day Off With Pay

Peggy Shore, Manny Perez, Jason Southern, Katherine Taylor, David Jones and Latonya Cole.

Sagebrush Gift Certificate

Linna Burns, Annette Johnson, David Branch, Charlie Brown, Shane Sartor, Pat Callahan, Kay McDonald and Mike Lovelace.

K-Mart Gift Certificate

Bobbie Mullies, Rodney Norman, Mary McLaurin, John Mabe, Ernest Smith and Danny Pack.

Food Lion Gift Certificate

Ron Bristow, Alberta Rivers, Debra Martin, Connie Hood, Judy Mooney and Gil Lopez.

Hanes 500 Tickets

Sylvia Morrison, Lan Vo, Faith Burnette, Kum Lee, Timothy Allen and Pat Baum.

The winners at Influential were:

Day Off With Pay

Jennifer Carter and Glenna Curd.

Oak Hollow Mall Gift Certificate

Rhonda Grace, Mary Owens, Robin Crumbley and Brenda Hill.



Day at Spa

Judy Watson.

Dinner at Applebee's

Mitchel Tyson, Dianne Bull, Gladys Eccles and Lee Roy Dingle.

Dinner at Long Horn

Dawn Gill, Mary McEachin, Brenda Taylor and Nora Davis.

Facts You Should Know About AIDS

By Jeanne Smith
Health Services Manager

Slightly less than a decade ago, few people had heard of the disease now called AIDS (Acquired Immune Deficiency Syndrome). Today, there is hardly anyone who hasn't heard of it. Knowing about the disease and understanding the disease, however, are two different things. Misinformation creates fear and hysteria.

Understanding what AIDS is, how it is transmitted, and who is at risk can alleviate fears and misconceptions and can actually help us all win the war against AIDS.

What Is AIDS?

AIDS is a disease caused by the Human Immunodeficiency Virus (HIV). HIV cripples the immune system, leaving the person



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defenseless against numerous infections and certain cancers. In addition to the skin tumor, Kaposi's sarcoma, and the lung infection, Pneumocystis carinii pneumonia, other previously rare infections are counted among the diseases that constitute a diagnosis of AIDS.

Some symptoms appear early in the course of AIDS and don't fit the official definition. Persistent, sometimes painful, swelling of lymph nodes, oral yeast infection, leukoplakia (white patches in the mouth or on the tongue),

shingles, and extreme fatigue are some symptoms of AIDS Related Conditions (ARC). Many people with ARC develop AIDS within a few years.

Some persons who have been exposed to HIV produce antibodies to the virus, but show no signs of ARC or AIDS. These persons are called "HIV positive." It is likely that many HIV positive persons will develop ARC or AIDS in the future. Fortunately, experimental drugs are being tested at this stage with the hope that damage to the immune system can be averted.

Most treatments for AIDS focus on controlling the infections and tumors that result from immune deficiency. At present, there is no "cure" for AIDS itself. Attempts are under way to develop a vaccine that would protect those

not yet exposed to the AIDS virus (or, possibly, to boost the natural resistance of persons already infected). However, many more years of testing will be needed before a vaccine can be shown to be both safe and effective.

HIV is transmitted almost exclusively through unprotected sexual intercourse, the sharing of IV needles, and through childbirth (when the mother is infected with the virus). Persons who have had mutually monogamous relationships since 1978 (and continue to do so) or whose partners have not received blood or blood products between 1978-84 have little to fear. If you have multiple partners, or do not fit into the above groups, using condoms with a nonoxynol spermicide may offer protection against HIV.