

A Sense of Service

When visitors from other countries spend time in America, they often are amazed at how much time and effort the people spend in helping their neighbors. It's a characteristic that sets this country apart from other nations of the world.

Adams-Millis employees set this kind of example. Whether it's Michelle Williams of High Point working with children at her church, Melissa Black working in the volunteer fire department in Salley, S.C. or Kenneth Johnson of Galax, Va. helping coach youth sports, the same spirit is at work.

Adams-Millis employees set an excellent example for the rest of their communities. Those features in this issue of Amco News represent only a small portion of those in the company who have a sense of service.

Helping other people has always been a part of Kenneth Johnson's lifestyle. His 3 p.m.-to-11 p.m. work schedule as a pallet handler at the Adams-Millis plant in Mount Airy makes it a little difficult these days, but he still finds time to help.

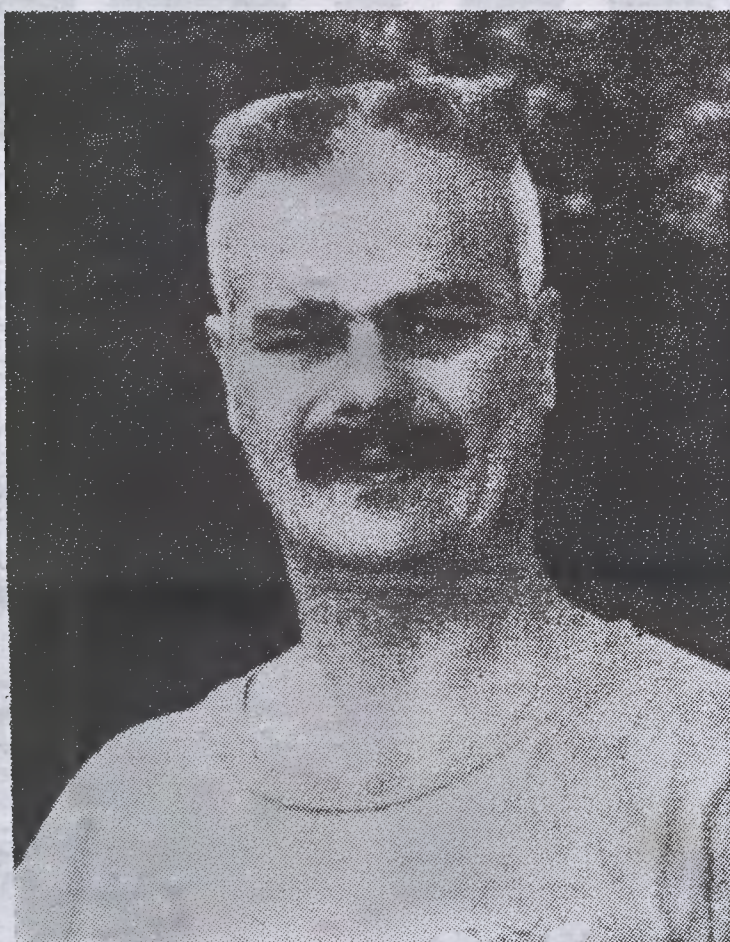
In Galax, where he lived before moving to Mount Airy, he helped coach soccer and softball and taught swimming at the recreation center. "When I was coaching soccer, I would get out on the field and play with them. If you talk to kids the message goes right through their heads, but if you're on the field with them they'll learn better," Johnson says.

"I like sports and people — especially children. I feel more like a big brother to them. It's important for adults to work with kids because many parents don't have time for their own children."

His volunteer efforts haven't been limited to children, however. He has helped elderly neighbors with yard work and has gone to the grocery store for them when the weather was too cold for them to get outside.

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Michelle Williams builds her volunteer efforts around the interests and activities of her two daughters, Jessica, who is eight, and Rocquel, who is five.



Kenneth Johnson

"I like to participate with my children. If they see that I'm interested, they will get interested, too," she says. "It shows them that they're important to me."

Michelle, a utility person



Michelle Williams and daughters

in the folding department at Influential, reads to Rocquel's class once a month at Parkview Elementary School. For the last two years she has been helping with the arts and crafts program in Jessica's Girl Scout troop.

For the last two years she has been director of the children's choir at Philipians Baptist Church in High Point. The choir has 20 children ranging in age from six years to 16 years. She also has coached volleyball and softball.

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As a member of the Ladies Auxiliary at VFW Post 1595 in Barnwell, Latanyia Nimmons gets involved in many community projects.

"We raffle baskets of household items to raise money for our activities," says Latanyia, an instructor in the boarding department. "We have donated to cancer research, AIDS programs, the association for the blind and the Heart Association."

One of the activities that she enjoys most is the Halloween party, one of many things the auxiliary does for children. The organization also sponsors a senior citizens' banquet, visits the veterans hospital, participates in parades and helps families whose homes burn.

Latanyia also is a member of the Eastern Star and is an usher and member of the missionary circle at Rome Baptist Church. She also is responsible for ac-



Latanyia Nimmons

tivities in the Cultural Arts Learning Center, a program where local children can go for help with their homework.

"Being able to help other people is what's important in life," she says.

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Treva and Bob Palmer understand the pains and problems that can be caused by diabetes and heart problems. Treva has had diabetes for 10 years, and heart problems are present in both of their families.

It was no surprise — except to Treva — when Bob accepted a call from the Diabetes Association to collect donations from the homes in his neighborhood in 1993.

Treva took responsibility for the door-to-door canvassing of the neighborhood in 1994 and 1995. "Researchers are close to finding a cure for diabetes, and every little bit of support helps them," she says.

Treva has been with Adams-Millis for 39 years, the last 20 in Accounts Payable. Both her mother and father worked at Adams-Millis beforehand.

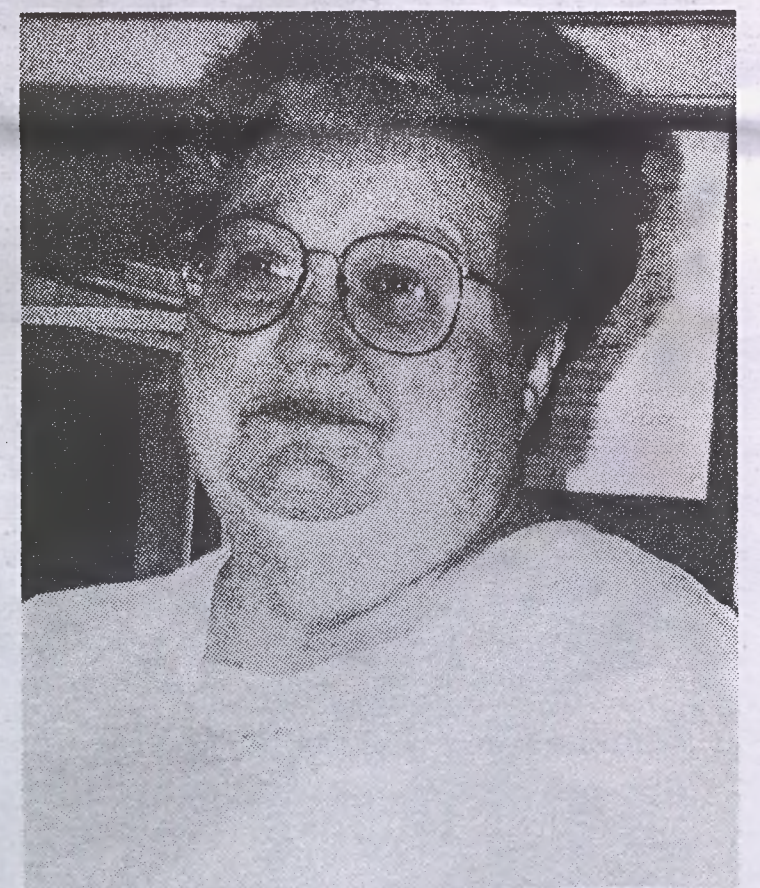
She lives in Archdale and teaches adult Sunday School classes (ages 34-39) at Trinity Baptist between Thomasville and High Point.

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Pete Bobalik has always

enjoyed sports. While a student at Purdue University he played for two years on the school's hockey team. Now, he coaches a youth soccer team for boys age seven and under.

He recognizes that his days as a soccer coach are limited. "After age 10, soc-



Treva Palmer

cer players need coaches who understand the game better than I do," he says. "That's when I will return to coaching baseball, a sport I enjoyed as a youngster growing up in Illinois."

Bobalik, manager of Information Systems in High Point, says that youngsters who participate in team sports benefit in more ways than simply from the physical activity. "The concepts learned in team sports carry right into the business environment. The same kind of teamwork is present in successful businesses as with successful sports teams," he says.

In addition to his involvement in little league

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