

# DAY UNIT FACILITIES OPEN AT DUKE



Recreational activities encourage patients to enter into activities with one another.



Occupational therapy focuses on the ability to cooperate with others in group projects, rather than on the individual's productive skill.



Group discussion is very helpful in getting the individual to realize that others have problems similar to his own.



The staff works as a closely-knit team, with daily staff meetings held usually after the patients have gone home, or before the Day Unit opens. The meetings offer an excellent learning experience for the younger staff members and provide a unified approach for patient therapy. Pictured above are, left to right: Mrs. Jackie Hart, secretary-receptionist; Miss Dorie Milner, occupational therapist; Mrs. Verna Sticht, coordinator; Dr. Ewald W. Busse, chairman of the Department of Psychiatry; Dr. W. W. Spradlin, chief of the Day Unit; and Miss Dorothy Riddle, psychology student.

Photos by Bill Smith

[Editor's Note: In accordance with the policy of the Department of Psychiatry, there are no patients depicted in these photographs. All photographs were posed for by Duke University Medical Center personnel, students, and members of the Day Unit staff.]

On February 1, the Duke University Medical Center Department of Psychiatry opened its Day Unit facilities.

The facilities are located on the third floor of the Diagnostic and Treatment Building and include a large, attractively decorated living area with adjacent kitchen facilities, occupational therapy shop, and staff offices. They are open five days a week, Monday through Friday, 9:00 a.m. to 4:00 p.m.

The Day Unit is a response to the needs of those individuals who temporarily require a structured and supportive environment, but who have the capacity and need to function part of the time in their family and community.

The therapy program of the Day Unit is based upon the fundamental concept that much of an individual's self-esteem, confidence, and productivity depend upon his ability to relate to other people in a socially acceptable way. The principal goal of the therapy program, therefore, is to help the individual establish better techniques for interpersonal relationships.

To accomplish this goal, the Duke Day Unit provides a plan of treatment which encourages the individual to assume responsibility for developing more satisfactory means of relating to his family and other members of the community.

(Continued on page 4)