## Summer Isn't Always 'Just a Time for Fun'

For those few, but die-hard, skeptics who declare with feeling that teenagers are definitely on the downgrade and should be put to sleep until approximately age twenty, the summer months at Duke Hospital might prove to be a period of enlightenment.

It is during these months that our records reveal an overwhelming trend in teens to go about "remembering others". The longed-for summer months aren't always spent for their own pleasure.

We indicate the Candy Striper.

Her hours for movie-going, daytime swimming and morning sunning are limited.

Yet, every June, the Duke Hospital Women's Auxiliary seems to have a very encouraging "complement" of teens to don the pink Candy Striper pinafores and go about performing many necessary but less-thanglorious tasks for the three months commonly known as "summer vacation".

"It's parental influence," retorts the skeptic. "Quite prevalent among teens that volunteer, you know."

And so we thought we'd ask.

Sarah Aanerud, 16-year-old daughter of Mr. Donald Aanerud, Chief Project Engineer for the hyperbaric chamber, says, "Ever since I was little I've wanted to be a nurse, and being a Candy Striper has encouraged me. I've gotten to meet so many people associated with medicine that I want to hurry up and get to school so that I can be a part of it." Sarah has been a Candy Striper for three years, and her sister Donna, age 15, has worked for the past two. Donna, who did part of her candy striper work in Physical Therapy this summer, says that she found it to be "one of the most interesting professions in the medical field." Donna liked the contacts which she had with patients and also found that her hospital work gave her a "good opportunity to know the maids and orderlies as well as the patients." Says Donna, "Maids and orderlies really put the patients at ease . . . they talk to them and make them feel at ease."

For Janet Kinney, 14-year-old daughter of Dr. Thomas D. Kinney, Chairman of the Depart-

ment of Pathology, this first summer as a Candy Striper proved to be a help in making plans for the future. "I had always planned for a career in medicine," says Janet, "and I know now that I definitely want to go into either medicine or nursing." Both Janet's brother and sister are enrolled in Duke and both are "pre-med". To the query "Do you regret spending your summer vacation days working in the hospital?" Janet replied, "No. What could I have done that would have been as fulfilling?"

"To be a Candy Striper gave me a feeling of helping somebody . . . in a small way," says Tula Cahoon, 14-year-old daughter of Mr. John B. Cahoon, Assistant Professor of Radiologic Technology. Although Tula is planning to major in home economics in college, she enjoyed her first year as a Candy Striper and hopes very much to return next year to don the striped pinafore.

Karen Swanson is another Candy Striper with a nonhealth-related career in mindengineering! Fourteen-year-old Karen is the daughter of Mr. Louis E. Swanson, Assistant Administrative Director, and this was her first summer as a Candy Striper. Karen found the summer's experience "instructive" and quite meaningful. "It's hard for me to explain," says Karen, "but it meant a lot to see the problems of others and to help them . . . you learn to accept the fact that others have certain problems.'

The skeptic was last heard saying nothing.

## PROFESSIONAL NEWS

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DR. RICHARD G. LESTER, Chairman of the Department of Radiology, instructed a course on "Selective Angiocardiography" at the Sixty Sixth Annual Meeting of the American Roentgen Ray Society, held in Washington, D. C. September 28-October 1. An exhibit was shown on "Inhalation Lung Scan" by DR. FELIX PIRCHER, Director of the Nuclear Medicine Division, and a talk was given on "Electric Shock Hazards" by DR. WILLIAM F. BARRY, Assistant Professor in the Diagnostic Division. Also in attendance were Dr. Robert J. Reeves, Dr. John A. Goree and Dr. M. Paul Capp.

DR. D. BERNARD AMOS participated in a full professional schedule in Europe this summer. He chaired an international conference on tissue typing for organ transplantation at Leiden, Netherlands, August 15-21. Dr. Amos and two of his Duke colleagues, DR. CHESTER M. ZMIJEWSKI and DR. RICHARD S. METZGAR, delivered papers during the conference on different tissue matching techniques. Following the Netherlands meeting, Dr. Amos and Dr. Zmijewski participated in the Congress of the European Society of Hematology at Strasbourg, France.

DR. BARNES WOODHALL was in Copenhagen during the last week in August to participate in the Third International Congress on Neurological Surgery. August 29 Dr. Woodhall flew to Rome for the purpose of "reviewing key developments in Italian neurosurgery." From Rome he flew to Vienna to participate in the general sessions of the International Congress on Neurology.

DR. DONALD J. STEDMAN, of the Department of Psychiatry, was the keynote speaker for the National Jaycee Convention in Buffalo, N. Y. on June 21. Dr. Stedman spoke on "Community Programs in Mental Health and Mental Retardation". June 10-11 he was a panel member at the national meeting of the American Association on Mental Deficiency, held in Miami, Florida.

DR. GORDON KLINTWORTH, of the Department of Pathology has just returned from Zurich, Switzerland, where he participated in a Neuropathology Conference, held September 3.

DR. KENNETH L. DUKE, of the Department of Anatomy, attended and took part in the VIIIth International Anatomical Congress at Wiesbaden, Germany August 8-13. While in Europe, Dr. Duke also visited the Hubrecht Laboratory Institute for Embryology at Utrecht, Holland, for five days.

DR. BERNARD AMOS, Professor of Immunology, is one of nine specialists from leading hospitals and medical centers to be appointed to the National Organ Transplant Advisory Body. The appointment was announced June 25 by the U. S. Surgeon General, Luther L. Terry.

MARY JANE MORDAN BURCH, of the School of Nursing Faculty, conducted a series of workshops on "Integration of Mental Health Principles in Nursing" during June and August at the West Virginia University School of Nursing at Morgantown, W. Va.



Time out for a splash! Duke Hospital Candy Stripers are shown above enjoying the swimming party and buffet supper which was given in their honor August 26 by members of the Hospital Auxiliary. The party marked the end of a summer spent in service to others. The 75 Candy Stripers who participated in the 1965 summer volunteer program spent a grand total of 5,370 hours working in the hospital.