



A. C. LEE
July 21, 1930



1,000,000 Patients

It was a hot summer day—July 21, 1930—when the Duke University Medical Center opened its doors and the first patient was registered.

Patient No. 1 was Arthur Carl Lee, who is 86 and still living in Charlotte.

Last week—on May 22, 1973—just two months short of 43 years after the medical center opened, Duke registered its one millionth patient with the birth of Craig Anne Lake.

A story in the right column below links up those events separated by 43 years.



CRAIG ANNE LAKE
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DURHAM, NORTH CAROLINA

Craig Anne Becomes Our 1,000,000th

Birth, Drugs, Aging Are the Subjects Of 3 Conferences Here Next Week

The span of human life, from conception and birth to old age and death, will be under intensive discussion at the medical center during the coming week.

The discussions will center in three separate meetings which will draw several hundred participants and guest faculty members from throughout the United States.

The three-symposium week will begin on Tuesday with Psychopharmacology in the Management of the Elderly Patient—a two-day meeting that will explore the many roles of drugs in the care and treatment of the elderly.

Successful Aging

This conference's goal is to focus national attention on the characteristics of successfully aging persons.

Sessions will be in the Paul M. Gross Chemical Laboratory.

Dr. George Maddox, director of the Center for the Study of Aging and Human Development, will deliver the keynote address Thursday morning, followed by a discussion on "What Does Successful Aging Mean?"

Six concurrent workshops that afternoon will touch on aging and its relationships to adaptation, creativity and politics; the media's attitude toward aging; mental health services; and death. Discussion sessions will continue that night.

Friday's program will center on "Models of Successful Aging" with repeats of the workshops that afternoon.

The dinner speaker Friday night will be Congressman Richardson Preyer of North Carolina.

Saturday morning's program will begin with "How to Help People Age Successfully," followed at 11:30 by an address, open to the public, on "Aging Successfully" by Dr. Paul Dudley White.

The 86-year-old Dr. White is perhaps best associated in the public's mind with his role as a cardiologist and physician to President Eisenhower and as an advocate of bicycle riding.

Conference chairman is Dr. Eric Pfeiffer, associate professor of psychiatry, who noted that "aging has its deficits, but the real central issue is how people adapt to it. The purpose is not to stay young, to deny aging, but to adapt to age successfully."

Drugs and the Elderly

The increasing number and complexity of drugs available to treat the elderly patient often create a dilemma for physicians and nurses charged with their care.

The conference will center on a better understanding of current information about drugs in treatment of the elderly.

Sessions will be held in Zener Auditorium of the Sociology-Psychology Building.

Tuesday morning's program will include the topics "Drugs, Physicians and Patients," "Drug Management in the Aged Disturbed Patient" and "Nursing Responsibilities in Drug Management," a panel discussion.

The afternoon program will be "Basic Neurophysiology-pharmacology," with discussions of the biochemistry, side effects and interaction of drugs.

The dinner speaker Tuesday will be Dr. Ewald Busse, chairman of the Department of Psychiatry, who will talk on "Hope of Rejuvenation."

Informal discussions will take place following dinner. Subjects will include diagnosing and treating neurologic disorders in the elderly and management of the elderly in institutions and private hospitals.

Wednesday's program topics are "Reassessment of Selected Drug Management Problems in the Elderly Patient," "Anti-Parkinson Agents: A Reappraisal" and "Alcohol Problems in the Aging Patient."

The conference chairman is Dr. W. D. Fann, assistant professor of psychiatry and assistant professor of pharmacology.

Thursday will begin a three-day national conference on "Successful Aging." On the program will be one of the country's most successful agers, Dr. Paul Dudley White, who will address an open session Saturday morning.

On Friday and Saturday the Hospital Amphitheater will be the setting for the ninth "E. C. Hamblen Symposium on Reproductive Biology and Family Planning."

Additional details of the three programs are contained in the columns below:

Hamblen Symposium

The symposium honors the late Dr. Edwin C. Hamblen, professor of obstetrics and gynecology, who founded the Division of Endocrinology and directed it from 1937-63.

Sessions will be held in the Hospital Amphitheater.

Topics on the morning program Friday will include "Gonadotropin Receptors in Ovarian Tissues," "Biological Activities of

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Dr. Raymond Lake was working in the emergency room Tuesday afternoon, May 22.

He was busy, he recalls, having just admitted some patients, when "I looked up and there was Susan."

When her husband left to come to work that morning, Mrs. Lake said she had no indication that this would be the day. But later in the morning she began feeling the signs of labor. Toward the early afternoon she got ready and asked a neighbor, Beth Crawford, to drive her to the hospital.

At 8:54 that night Mrs. Lake gave birth to a six-pound, three-ounce baby girl—and the baby became Duke's one millionth patient since the first patient was registered nearly 43 years ago.

The next day an arrangement of roses was ordered by Duke Hospital and delivered to an office on the first floor. The man who runs that office took the flowers and went to Mrs. Lake's room on Williams Ward, but Mrs. Lake was talking on the telephone so he quietly left the flowers in the room.

The next day when he went back to call on Mrs. Lake again, she was apologetic.

"I'm sorry," she said, "I didn't recognize you you were when you came (Continued on page 3)



A LITTLE PACKAGE WITH A BIG NUMBER—The center of attention here is Craig Anne Lake, who was born at 8:54 p.m. May 22 and became the medical center's one millionth patient. Dr. Stuart Sessoms, hospital director, dropped by Williams Ward to see Craig Anne and her parents, Dr. and Mrs. Raymond Lake. (Photo by Jimmy Wallace)