

In Beginning Inservice Programs

Nutrition Courses Help Employees, Patrons

The Department of Dietary Services ended the first phase of its new inservice education program recently with the graduation of 25 employees from an eight-week course for personnel in direct contact with patients.

Themed "A Flower and a Smile," the course is one of three planned for a variety of dietary employees between now and the end of the year.

According to Colleen Martin, new inservice education dietitian and instructor for the program, participating employees studied the importance of personal appearance and attitudes, self-evaluation, understanding the patient, menu presentation and teamwork at the weekly sessions.

"They also learned about the physical problems in delivering food trays, how to handle complaints, how to present appetizing meals to the patients and how to react to signs posted on patient doors and beds," Ms. Martin said.

A second 12-week course is scheduled to begin shortly, entitled "Nutrition in Health and Disease."

This course, available to dietary hostesses and food production personnel, will cover what food is, its importance in maintaining good health and how certain health problems can be helped through modifying diets.

A "customer-oriented" eight-week

course will be offered later this fall specifically for cashiers and cafeteria personnel, according to Ms. Martin.

"This course will cover the areas of personal appearance, customer relations, cashiering procedures, safety, sanitation, portion control, food merchandising and fast food preparation.



DIETARY NOTABLES—Ethel Taylor and Mary Tucker, at left and right, respectively, joined instructor Colleen Martin and supervisors (seated) Elizabeth Blalock and Yvonne Johnson shortly after receiving their certificates and carnations for completing an eight-week inservice course, "A Flower and a Smile." (Photo by Margaret Howell)

"We are also planning a variety of programs to help hospital employees in general and all cafeteria patrons," she noted.

Ms. Martin said the department is expanding its service of reporting and displaying calorie counts for all food served in the cafeteria.

The department has already begun

a program on nutrition education and information via cafeteria table tents and handouts.

The program, entitled NEUT's NOTES (Nutrition's Elusive Underground Taskforce) is designed to inform cafeteria patrons about proper nutrition and provide warnings about food fads and fallacies, according to Ms. Martin.

The new inservice dietitian also plans to compile a handbook for dietary employees as part of the department's orientation program.

Ms. Martin, who joined the medical center staff in July, received undergraduate degrees in home economics education and dietetics from Brigham Young University in Provo, Utah. A native of Washington, she is a registered dietitian.

In developing the department's first inservice education program, her duties will include serving as coordinator and instructor for the courses.

Book Outlines Area Cancer Resources

A 225-page book detailing resources for cancer patients in Durham County has been written by a social worker at the Comprehensive Cancer Center.

The book is the first of its kind in this community, according to its author, Mrs. Beverly Rosen.

Entitled "Supportive Resources for Cancer Patients in Durham County," the looseleaf book "enables the patient to make full use of the medical care available and assists him and his family in meeting the total impact of cancer," Mrs. Rosen said.

She said the volume answers such questions as:

—"How do we help a child with leukemia face the challenge of returning to school when he's worried about embarrassment?"

—"How do we help a woman cancer amputee relearn to manage her home?"

Bonuses include an article on the psycho-social stresses of cancer and a complete subject index. Although it was developed for patients in Durham County, "it could be adapted for patients living elsewhere," Mrs. Rosen said.

Almost 100 agencies are listed, along with hospital services. A reader learns how to contact the service, how the service functions, who's eligible, what the office hours are and what fees are involved.

Gentry Spotlights Today's Assassins

What type of person tries to assassinate the President of the United States?

Are the recent attempts on President Ford's life a reflection of today's society, or are assassination-prone individuals just beginning to surface in large numbers?

These and other questions will be posed to Duke's Dr. Doyle Gentry on WUNC-TV (Channel 4) tonight at 7:30.

Gentry, a medical psychologist in the Department of Psychiatry, will be interviewed on the educational channel's "North Carolina News Conference." Gentry has done studies in aggressive behavior and behavior modification.

James Schumaker, a veteran North Carolina newsman and a lecturer in the UNC School of Journalism, will be moderator.

United Fund Tops Half-Way Mark

The United Fund Campaign has just topped the half way point according to Herbert Aikens, associate director of personnel and co-chairman of the medical center campaign.

With \$46,851 collected as of the first of the week, the university has reached 50.7 per cent of the \$92,500 which the United Fund hopes to raise here by the end of October.

Recent contributions from pacesetters, individuals who pledge a minimum of \$50 per year to the annual charity drive, have not yet been added to the \$46,851 total, Aikens said, and so the true total exceeds the figure released on Monday afternoon.

Joan Friedlein, administrative assistant in the Department of Ophthalmology and also

co-chairman of 1975 United Fund giving, has reminded payroll clerks and department heads that a film on the United Way is available upon request.

FACULTY CLUB TRIP

The university's Faculty Club is sponsoring a ski trip to Keystone, Colo., from Jan. 4-11. Open to the entire Duke community, the trip will cost \$367, excluding tax. The price covers round-trip air transportation between Durham and Denver, accommodations for seven nights, six days of lift tickets at Keystone, Copper Mountain and Breckenridge skiing areas and transportation between all points.

There are special rates for children. For more information, call Walter Cleary at 684-6672.

Trading Post

You may send ads to "Trading Post," Box 3354, Hospital. Ads are printed free, but we do not advertise real estate, personal services or commercial enterprises. Please give your home telephone number. Duke extensions will not be listed.

FOR SALE—Couch and chair, dining room table, six chairs and hutch, \$140; Kenmore dishwasher, one-year-old, \$125; and, green chair, \$20. Call 544-3995.

BIKE WANTED—Prefer a 10-speed in good condition, moderately priced with large frame; however, all the above are negotiable. Call Mike, Rm 210, Grad Center, at 684-3614. Leave name and number.

FOR SALE—1974 Triumph Daytona 500 cc motorcycle, excellent condition, 2,700 miles. Extras, including helmets, cover, lock and chain, tools. \$1,100 or best offer. Call 477-0211 anytime.

FOR SALE—1974 Yamaha 175 competition bike, six running hours, owner must sell, \$900 new, will sell for \$650. Call 286-7517.

Intercom

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Editor

David Williamson

Associate Editor

Margaret Howell

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FOR SALE—Mobile home (Town and Country), 12' x 65', two bedrooms, one and a half baths, fully furnished, central air, washer and dryer, underpinning, storage bldg., porch, fuel oil tank, many extras, excellent condition. Call 467-0841 (Morrisville).

FOR SALE—Leitz microscope, 40x to 1,000x (oil immersion), six years old, good condition. \$600. Call 286-7154 after 6 p.m. or on weekends.

BASKETBALL SEASON SALE—One pair men's Converse All-Star tennis shoes, size 7-D, navy blue. Brand new, never even worn! \$10. Call 477-63 4 after 6 p.m. or before noon on weekends.

FOR SALE—Kimbrell Instant Entertainer Swinger 500 Organ and bench complete with music. Sold for \$1,200, asking \$600. Call 477-1881 after 6 p.m.

FOR SALE—Leather recliner in new condition; fireplace accessories; 25" Zenith TV; wood TV stand; sea scene picture; toys; bathroom vanity sink; and boy's 26" 3-speed bicycle. Call 477-5011 or see at 101 E. Maynard Ave. in Bragtown.

FOR SALE—Beautiful Bates velvet bedspread, queen-size in excellent condition, soft muted shades of yellow, beige and green, paid \$125, will sacrifice for \$60. Call 489-7941.

FREE—One handsome female puppy, three months old, black with brown markings, paper trained, good with children. Well-mixed, will be medium to large dog. Will have spayed if wanted. Call Chapel Hill 967-3796 after 6 p.m. on Sunday evening or any evening after Sunday.

FLU SHOTS

Employees who wish to get flu shots may do so through the hospital's Employee Health Sub-station and the Health Services Clinic in Pickens Bldg.

According to Nancy Houston of Employee Health Service, there will be a modest charge for the shots.