

# Intercom

## Duke University Medical Center

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DURHAM, NORTH CAROLINA

### Exercise Class Offers Healthy Heart and Lungs

They're rebuilding hearts and lungs in Wallace Wade Stadium, and if you want to do some work on yours, there's still time.

A fitness program, under the guidance of Dr. Andrew Wallace, chief of the Division of Cardiology, is being offered to men and women of both the town and Duke communities.

The Duke University Preventive Approach to Cardiology (DUPAC), conducted by staff members of the health, physical education and recreation department, features group and individual fitness training based on aerobics-type exercise — exercise that puts heart and lungs to work pumping freshly oxygenated blood into all parts of the body without strain on any particular part.

#### Introducing Fitness

The object is the prevention of cardiac and vascular disease, Dr. John Friedrich, chairman of health, physical education and recreation, said.

One of the DUPAC classes began this past Monday. It is a 10-week "Planned Vigor" program which is designed as "an introduction to fitness," according to Paul Koisch of the cardiology division.

About 50 people showed up at the track in Wallace Wade Stadium for the initial meeting. Others are invited to join, even though they will be a few days behind.

#### Different Groups for Different Troops

The classes are held each Monday, Wednesday and Friday from 5:30-6:15 p.m., or from 9-10 a.m. The morning session is labeled "Specially — But Not Only — For Women."

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## Cancer Center Sets Dedication

The Comprehensive Cancer Center will dedicate the first two of its three buildings Saturday, Sept. 25. In honor of the occasion, the center also will hold a national symposium on basic cancer research.

More than 400 people from the U.S. and Canada are expected to attend the events.

To be dedicated in a 2 p.m. ceremony are the Edwin L. Jones Basic Cancer Research Building on Research Drive and the Animal Laboratory and Isolation Facility across the street.

#### Special Guests

Special guests include Benno C. Schmidt, chairman of the President's National Cancer Panel; Dr. Albert B. Sabin, developer of the oral polio vaccine; Dr. Joseph W. Beard, James B. Duke professor emeritus of surgery at Duke; Dr. Thomas J. King, director of the Division of Cancer Research Resources and Centers at the National Cancer Institute; and members of the Jones family.

Schmidt will speak on "The Cancer Program: Past and Future" at a 7:30 p.m. banquet in the Great Hall Sept. 24. The next day, scientists from as far away as Toronto and Los Angeles will report on current topics in basic cancer research in the Gross Chemistry Building auditorium.

#### Dedication Ceremony

The dedication ceremony will take place outside the Jones Building with J. Alexander McMahon, chairman of the university's Board of Trustees, presiding.

Edwin L. Jones Jr., will present the building that bears his father's name to the university and President Terry Sanford will accept. In case of rain, the ceremony will move into the Jones Building Auditorium.

As was his father, Jones is a Duke trustee and chairman of the board of the J.A. Jones Construction Co. of Charlotte.

#### Doubles Research Space

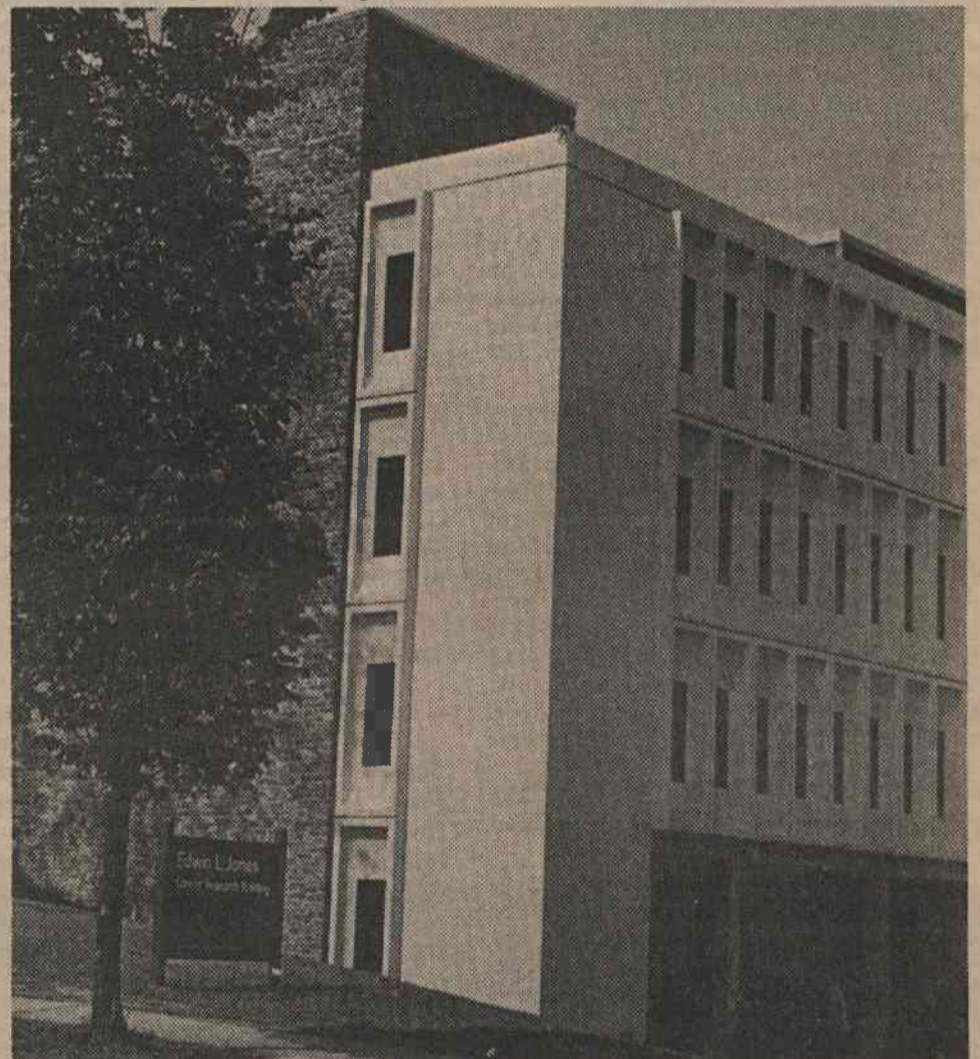
The Jones Building is the Comprehensive Cancer Center's headquarters. With its 74 labs, it doubles the amount of cancer research space here. A \$5.6 million grant from the National Cancer Institute and a \$1 million gift from the J.A. Jones Construction Co. and the Jones family made the facility possible.

Cancer center scientists working in the building are studying cancer

virology, immunology and cell biology.

The Animal Laboratory and Isolation Facility gives researchers here a safe place to handle hazardous microorganisms, including candidate tumor viruses.

The third building in the cancer center complex, a four-level treatment facility going up next to Clinical Research Building II, should be open by the end of next year.



NEW RESEARCH BUILDING—The Comprehensive Cancer Center will mark the official opening of its Edwin L. Jones Basic Cancer Research Building with a symposium and dedication ceremony next week. (Photo by Jim Wallace)

## Student Mental Health Gets New Director, New Office

Helping students "resolve normal but tremendously challenging developmental conflicts in a positive way that will prevent crystallized psychiatric illness" is a big job.

But that's exactly the primary purpose of the Duke Student Mental Health Service in the words of its new director, Jane Clark Moorman.

"The college years are ones marked by emotional intensity and changeability as students move through the transition from adolescence to adulthood," Miss Moorman said.

#### Insecurities Abound

She calls it a time when "insecurities abound" for young

people who are "attempting to deal with the difficult developmental tasks of separating from family, establishing emotional and financial independence and developing a sense of identity both personally and vocationally."

Miss Moorman, a psychiatric social worker and member of the Academy of Certified Social Workers (ACSW), received her Master of Social Work degree from Tulane University in 1971. She came to Duke in 1973 after completing a post-graduate internship in college mental health at the Tulane Student Health Service.

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PROBLEM HELPER—This is Jane Clark Moorman, new director of the Student Mental Health Service and associate director of the Student Health Service. (Photo by Ina Fried)