

# He squeezes a heap of living into each day

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the surgeon said she could, she began showing Schofell how to swallow air and form words when he expelled it.

"He's an unbelievable man," Jernigan said. "His willpower and motivation are phenomenal. And his wife is so supportive; she's made a big difference."

## Learned 'stop' first

Mrs. Schofell sat in on every teaching session. Back home, she would call out lists of words across the dining table and Schofell would call them back to her.

"'Stop' was the first word I learned how to say," he grinned. "'Cheese' is still hard to say."

The words and phrases came back slowly — "stone," "uphill," "take time to talk." As Schofell repotted plants in the greenhouse, he'd count each one out loud. "When he didn't have anything else to do, he'd go in the greenhouse and just talk,"

Jernigan said.

He now can carry on a conversation with little trouble, speaking in brief phrases.

## Club helped

The local Laryngectomee Club for people without voice boxes has helped too, Schofell said. Twelve active members from within a 50-mile radius of New Bern gather on the third Tuesday of every month. Spouses come too. Most of the members are retired, but one works as a security guard at a Jacksonville hospital.

"One person helps the other," Schofell said.

(For information on laryngectomee clubs throughout North Carolina, people can call the Duke Cancer Information

Service toll free at 1-800-672-0943. The number in Durham is 286-2266.)

## 'No picnic'

Last year, the cancer that had affected Schofell's voice box came back. The right side of his jaw swelled with one tumor. Cancer in the floor of his mouth caused a fistula, or hole, through the skin under his chin.

The family made six roundtrips to the Comprehensive Cancer Center here so Schofell could get experimental drug treatments.

"After two doses, I could see a difference," he said. At last the tumors shrank almost away, but the treatments were no picnic, the patient recalled.

"I'd feel sick to my stomach for the

whole ride back home," he said. "Food tasted terrible, but I ate it anyway."

## Proper nutrition aids treatment

Sandy Baughn, a Duke oncology nurse clinician, would remind Schofell how vital it was for him to eat enough of the right foods.

"For a couple of weeks after each treatment," she said, "the white blood cells and the red cells are depressed. They return to normal faster if the patient eats the right kinds of foods and enough of them."

Many people have helped Alfred Schofell — his family, Pat Jernigan, physicians and nurses. But he is getting along so well today mainly because he's helping himself. He won't give up.

## Nurses to discuss care of abused children

A workshop for nurses from across the state who recognize and care for the abused child will be held Wednesday and Thursday at the Ramada Inn on Interstate 85.

"A Community Approach toward the Problem of Child Abuse" is being coordinated by the hospital's Office of Nursing Inservice Education.

The workshop will focus on identifying and solving problems related to the abused child and his or her parents. Community resources that can aid child, parents and nurse will be explored.

The workshop faculty includes eight faculty and staff members from Duke, representatives from Durham County's Department of Social Services, Mental Health Center and Public Health Department, and a representative from Parents Anonymous, a self-help group.

Duke nurses interested in attending should call Inservice Education today at 684-4293.

Workshop faculty members from Duke are Ann Cresswell, pediatric social worker; Ann Daughtridge, pediatric social worker; Dr. Thomas Frothingham, professor of pediatrics; Dr. Lea O'Quinn, medical director, Developmental Evaluation Clinic; Susan Pierce, pediatric social worker; Jane Salmon, instructor, Nursing Inservice Education; Gloria Stevens, head nurse, Howland Ward; and Patricia Wagner, associate university counsel for health affairs.



**WORKSHOP LEADERS**—Discussing a Nursing Inservice Education workshop on child abuse are four members of the workshop faculty. They are (left to right) Ann Cresswell, pediatric social worker and child

abuse/neglect coordinator; Dr. Thomas Frothingham, professor of pediatrics; Susan Pierce, pediatric social worker; and Jane Salmon, inservice education instructor. (Photo by John Becton)



## For a new high

A medical doctor and psychiatrist have confirmed that jogging develops a "runner's high" akin to some of the mystical states, like meditation or Zen. "If a person can get past the initial discomfort of jogging and do his running at a relaxed pace, he will probably reach this state," a San Diego psychiatrist told *Circus Magazine*.

## New faculty member appointed, four promoted

One faculty appointment and four faculty promotions in the School of Medicine have been announced by Frederic N. Cleaveland, university provost.

Dr. Arno L. Greenleaf was appointed as assistant professor of biochemistry. Promoted from assistant professor to associate professor were: Drs. Andrew T. Huang, medicine; Robert A. Older, radiology; William Derek Shows,

psychiatry; and John Weinerth, urology.

Greenleaf earned his B.A. degree in biochemistry from the University of California at Berkeley and his M.A. and Ph.D. from Harvard. He came to Duke from the University of Heidelberg where he was a postdoctoral fellow in the Department of Molecular Genetics. Greenleaf was a public health service trainee from 1969-1974 and a teaching fellow while at Harvard.

Huang earned his M.D. from the College of Medicine at the National Taiwan University in 1964. Huang was appointed assistant professor of medicine in the Division of Hematology and Oncology at Duke in 1971. He is a staff physician at the VA Hospital and director of the chemotherapy center in the Comprehensive Cancer Center.

Older graduated from Wesleyan University in Middletown, Conn., in 1964 and from Duke's medical school in 1968. He completed his residency in radiology at Duke in 1972 and was appointed assistant professor in the Department of Radiology in 1974. Older is in charge of uro-radiology here.

Shows received his A.B. and a master's degree from the University of Illinois in 1958. He was a Fulbright Fellow at the University of Heidelberg in Germany from 1958-60. Shows received his Ph.D. in clinical psychology from Duke in 1967 and was appointed assistant professor of medical psychology in 1972.

Weinerth earned his B.S. degree from Bucknell University in Pennsylvania in 1963 and his M.D. from Harvard in 1967. He came to Duke as a surgical intern in 1967 and was appointed assistant professor of urology in 1974. He is director for postgraduate medical education and associate director of the Renal Transplantation Program.

## Intercom

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## Energy committee says thanks

Dear Editor:

The Emergency Energy Committee would like to express grateful appreciation to the many kind volunteers who gave their time generously to make the wood cutting effort on Saturday, December 10 a success. On that date, the combined efforts of 65 Duke students and Durham citizens prepared 15 cords of wood, cut and hauled, for ready delivery to homes of needy families with heating emergencies in Durham during the coming months.

Such results would not be possible without the cheerful spirit of co-operation of so many in the Durham community.

The Emergency Energy Committee has begun plans to coordinate more volunteer wood cutting Saturdays starting January 21st. Also, January 15, 1978 has been declared Emergency Energy Sunday in Durham. Financial contributions from civic organizations, from church and synagogue offerings and from individuals will be used by the Emergency Energy Fund to aid families who cannot afford to pay for heating fuels.

Questions about the 1978 Emergency Energy effort may be answered by calling the Volunteer Services Bureau at 688-8977 or the Women In Action Clearinghouse at 682-1431.

Again sincere thanks,  
1978 Durham Emergency Energy Executive Committee