



Duke University Medical Center

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DURHAM, N.C.

Health day to feature 73-year-old activist

Maggie Kuhn is a self-styled "guerilla fighter," but you'd never know it by looking at her. She stands five feet tall, weighs in at 95 pounds and is 73 years old. She lives in a quiet suburb of Philadelphia.

Shortly after her retirement in 1970, Kuhn founded the Gray Panthers, an activist organization that has sought to combat agism — discrimination against people because of their age.

She will be in Durham on Sunday to speak at a "Winter Health Day" in the Parkwood community of southern Durham County.

Her visit and the event it highlights are being coordinated by Southern Health Care, an unusual community-controlled corporation affiliated with the Department of Community and Family Medicine.

The Gray Panthers have been effective in reducing bus fares for older Americans, insuring that nursing homes are properly inspected and exposing fraudulent schemes that prey on the elderly.

Kuhn and her associates have tackled big government and big business for what she calls their "throwaway mentality that scrap piles old people like old automobiles."

In addition to her talk, Winter Health Day will feature dozens of exhibits, demonstrations and discussions on topics as varied as childbirth, solar heating, first aid, gardening, fire prevention, sexuality and land use planning.

Cooperative effort

All activities will be held at the Parkwood Shopping Center and Parkwood United Methodist Church

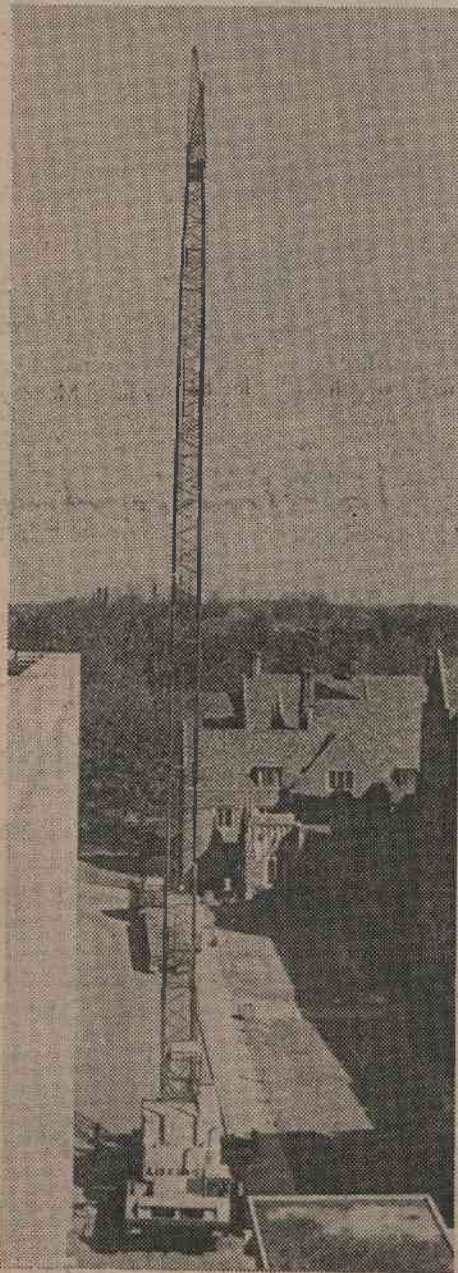
from 1-6 p.m., according to Liz DiCarlo, Southern Health Care's community facilitator.

"Winter Health Day is a cooperative effort of individuals and groups to enable people with concerns to interact and learn with resource people," she explained. "Our hope is that Winter Health Day will encourage them to continue working together on community matters."

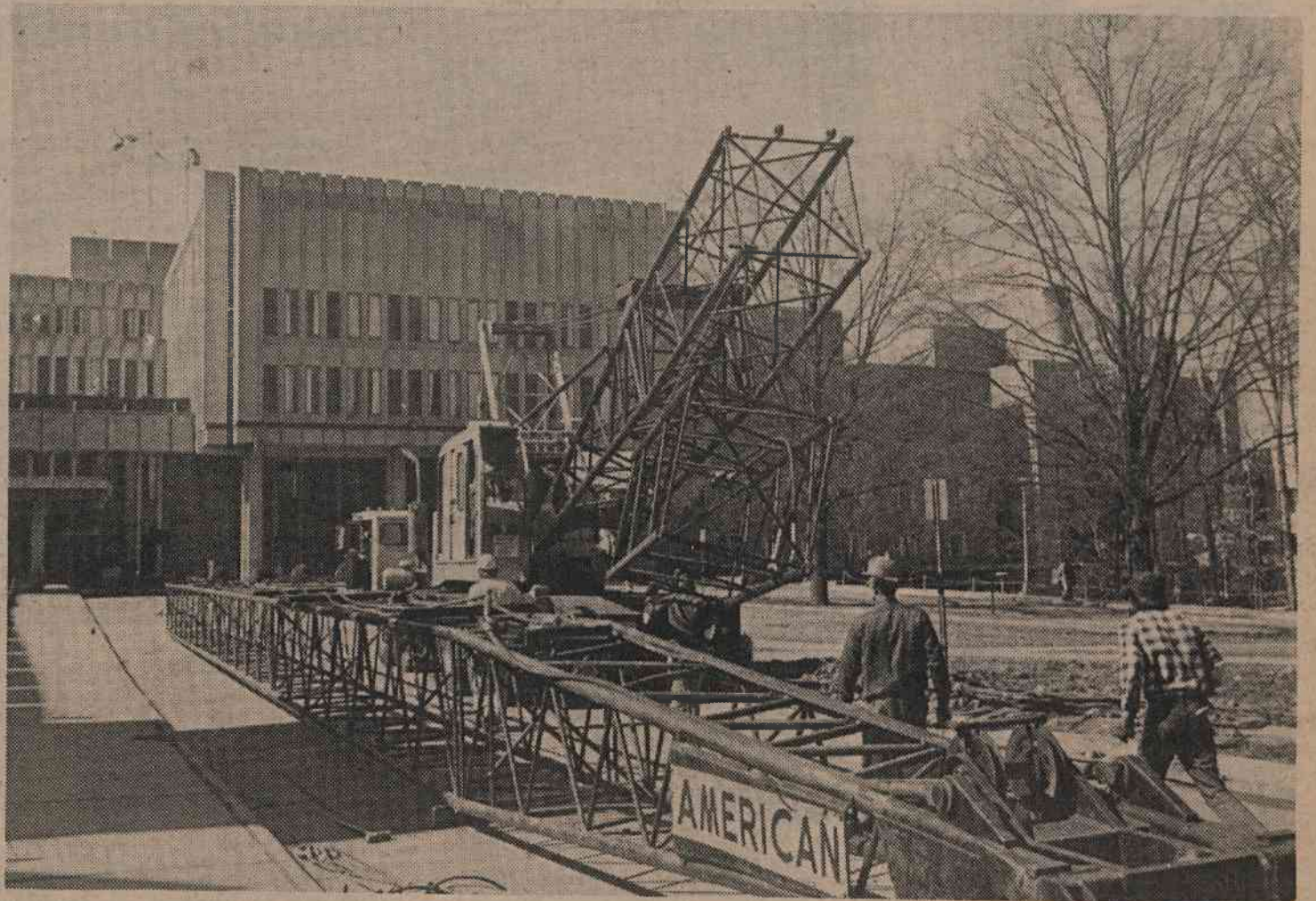
Among the other subjects that will be examined, she said, are nutrition, exercise, eye and dental care, recreation, parenting, local medicinal and edible wild plants, smoking, health careers, recycling, legal services, airport expansion and recreation.

"The primary emphasis will be on personal health and environmental

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LONG ARM FOR A SHORT LOAD—Passers-by and visitors to the medical center were a little surprised last Saturday morning to see a huge crane being assembled in front of the hospital. The 225,000-pound (100,000-kilogram) crane was needed to lift a 1,700-pound (765-kilogram) air conditioning unit which will be used to cool a full-body scanner being installed in the Department of Radiology. The crane, brought to the medical center in six sections, took four hours to assemble. The air conditioning unit was lifted up and over the front of the hospital and into the well above the courtyard cafeteria. See page 4 for more photographs. (Photos by Parker Herring)



Medical center listed in 'exclusive directory'

The Duke Medical Center, the Comprehensive Cancer Center and several physicians here have been cited in the February issue of *Town & Country* magazine.

They're included in what the magazine's front cover calls its "Exclusive Directory of Outstanding Physicians, Surgeons, Hospitals and Clinics in the U.S." The directory is in two parts, with Part II in the March issue.

"Because there is remarkably little consumer guidance in this most crucial aspect of our lives," the article said, referring to health care services, the magazine "interviewed more than 80 doctors in some two dozen specialties — representing more than 40 medical schools and institutions — to find out which medical

professionals and health care centers are, in their opinion, the best."

In the hospitals section, Duke was listed with Barnes Hospital in St. Louis, Baylor University Medical Center in Dallas, Columbia-Presbyterian Medical Center in New York, Massachusetts General Hospital in Boston, New York Hospital-Cornell University Medical Center in New York, Peter Bent Brigham Hospital in Boston, Johns Hopkins Hospital in Baltimore, University of California Medical Center in San Francisco, University of Michigan Medical Center in Ann Arbor, Hospital of the University of Pennsylvania in Philadelphia, University of Minnesota Hospitals in Minneapolis and

Yale-New Haven Hospital in Connecticut.

Duke was listed also as the site for one of the 19 national Comprehensive Cancer Centers.

Town & Country named the following Duke physicians among the leaders in their fields:

Dr. Andrew G. Wallace, cardiology; Dr. David F. Paulson, urological cancer; Dr. Herbert O. Sieker, pulmonary diseases; Dr. Will C. Sealey, thoracic surgery; Dr. Roscoe R. Robinson, kidney disorders; Dr. James F. Glenn, urology; and Dr. G.R. Scott Jones, gastrointestinal surgery.

Other specialties were to be included in the second part of the article in the March issue.