



Duke University Medical Center

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DURHAM, N.C.

Expected 'triplets' become Duke's first quads

By Joe Sigler

Duke Hospital's first quadruplets in its 49-year history were born in the early morning hours of last Saturday, March 25.

In the space of 14 minutes up on Carter Suite, the children of Duilio and Rebecca Roura of Fayetteville tripled in number.

For Duke the drama began the afternoon before when an Army helicopter flew Mrs. Roura and Dr. Chris Wilson, a Duke resident, here from the Cape Fear Valley Hospital in Fayetteville. She was transferred to Duke because she

was expected to have a multiple delivery — triplets was the prediction — and she was threatening to go into labor and deliver eight weeks early.

Three teams on hand

Dr. Stanley Gall, associate professor of obstetrics-gynecology, the chief resident on the service, Dr. Arnold Grandis, and others working with Mrs. Roura attempted to delay labor, but as Friday night became Saturday morning that hope dwindled as it became obvious she was going to progress into delivery.

Still they were expecting three babies.

Three teams of two pediatricians each, with resuscitators and other equipment, were on hand and at 3:45 a.m. the first baby was born, followed at 3:46 by the second and at 3:51 by what obstetricians Gall and Grandis thought was the last one.

But soon they realized there was still another baby on the way.

No panic, just surprise

"It wasn't a panic situation," Gall recalled. Then he added what may be a record for Carter Suite understatement: "But we were surprised."

Quickly pediatricians from two of the other teams were pulled in, equipment was set up, a station was made ready in the Intensive Care Nursery and the fourth of the quadruplets was born at 3:59.

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Flu season worst in at least four years

Speculation that this year's flu season has been the worst in at least the past four years in the Durham area has been confirmed by a computer in the Pickens Building.

Dr. John P. Hansen, director of University Health Services Clinics, said visits for influenza by students, employees and Durham area residents since the second week in January have averaged almost three times as high as during the same periods in 1976 and 1977.

The visits for flu are also running 50 per cent higher than in 1975, Hansen said.

"We now suspect that there have been more cases of influenza at Duke and in Durham since 1970 or before, but we don't have enough information to prove that," he said.

Record numbers

The sophisticated computer system that tabulates visits to the primary care facility in the Pickens Building and breaks them down into different categories of illness for each day was installed in 1975, the physician explained.

The only figures available for influenza treated at University Health Services between 1970 and 1975 are the number of admissions to the student infirmary. More students have been admitted to the

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DUKE HOSPITAL DAILY ADMISSIONS REGISTER				
SATURDAY 03/25/78				
HIST #	PATIENT NAME	ACCT #	FC	AGE
M90075	ROURA, BABY GIRL A	256966	26	NB
M90076	ROURA, BABY GIRL B	256967	26	NB
M90077	ROURA, BABY GIRL C	256968	26	NB
M90078	ROURA, BABY GIRL D	256969	26	NB



THE CENTER OF ATTENTION—First one, then two, then three and four TV stations called Monday to ask if they could talk with Mrs. Rebecca Roura, mother of the quadruplets born here Saturday morning. To conserve the mother's strength, they agreed to interview her at one time. Here a smiling Mrs. Roura talks with her husband, lower left, and

Linda Woodlief, *Intercom/Heartbeat* reporter for the Department of Obstetrics and Gynecology. At right, WRDU-TV reporter Colleen McGarry talks with Dr. Lillian Blackmon, director of Duke nurseries and the neonatologist supervising the quadruplets' care in the Intensive Care Nursery. (Photo by Lewis Parrish)

Prominent sociologist to deliver Carter Lecture

A nationally prominent sociologist who specializes in health issues and sex roles will deliver the 10th annual Harriet Cook Carter Lecture at the School of Nursing this afternoon.

Dr. Pauline B. Bart, associate professor in the Department of Psychiatry at the University of Illinois, will speak on "Innovations in Health Care for Women" at 2 p.m. in the school's Ann M. Jacobansky Auditorium.

Her talk and the discussion to follow are open to the public without charge.

The Carter Lectureship was

established in 1969 to honor the late Mrs. Carter, a nurse who was co-founder of the Hospital Auxiliary and active in Durham civic affairs. She was the wife of the late Dr. Bayard Carter, first chairman of the Department of Obstetrics and Gynecology.

The lecture highlights the university's Spring Nursing Program which this year includes a private dinner, presentation of the School of Nursing's Distinguished Alumna Award and induction ceremonies for new members of Sigma Theta Tau, the national nursing honorary society.

Sigma Theta Tau induction is scheduled to begin at 11 a.m. tomorrow in Duke Chapel.

Bart earned a Ph.D. in sociology at the University of California at Los Angeles in 1967 and has served on the faculties of the University of Southern California and the University of California at Berkeley.

She is the author of numerous papers on subjects ranging from depression in middle aged women and rape to abortion and sexism in health care delivery.