

Seniors View Shapes and Shades of Elon's Past & Present

By Diane Costa

As May 25th comes rapidly upon us, the class of '75 begin their entrance into the "real world" and reflect on the significance and sorrows of their four-year hitch at Elon. With a brief look at the shape of things to come and the shades of days gone by, here are a few ideas from representative seniors.

Frank Lyon, a social science major from Durham, said "Student Life Committee and social fraternities give you more things to do. No, I'm not prejudiced towards my fraternity. It's a matter of who you want to have your fun with. If there were more fraternities here, the SLC would be nil. The athletics and the two big weekends are really where the students are interested in the college—its social functions. Oh, don't forget to mention that Greek Week was great. It got everybody together." Frank is planning a sales career after graduation.

Barry Bradberry, senior class vice president and political science major from Virginia Beach, had this to say: "The fraternities provide a sense of unity and recreation as a central part of the college. Everyone knows his fraternity is the best. Greek Week is a good example of that. Student government is limited because of the alcohol thing. I've had a good time at Elon. It's been real; I'm gonna miss it. The senior class of '75 is best."

Rick Teller, a political science major from Manassas, Virginia, felt that "What the college aims for is to provide a well-rounded education in a Christian atmosphere. What it really does, in a worthwhile sense, is give you

a degree. Without the mickey-mouseness of the trustees of the college, it could be really good. I've enjoyed my stay because I haven't obeyed all the rules. They're too worried about financial trouble when they don't need to be. They are tight when they don't need to be. If they gave the students a little more freedom, it wouldn't hurt a bit."

Ricky Edwards, a music major from Apex, made some eye-opening and enlightening statements as to his experiences at the Big E. However, they were a bit lewd for printing.

Barbara Wright, an elementary education major from Sanford, has done her thing at Elon in 3½ years. She said, "The most touching experience was when Capt. Jeremiah Denton spoke at Founders Day in '73. I'm surely glad for the change in administration."

Tom Hall, senior class president, said, "May 25th is going to be the most worthwhile thing in four years. The fraternities have finally united in a Greek Week. SGA has expanded in more concerts. Spring sports have gotten more money, largely through private donations. The greatest thing has been the coming of Dr. Young and Dean Long. With the addition of dorm government, they've opened the doors to student policies and procedures within the school. I've seen a new national fraternity, Kappa Sigma; I've seen three lives saved by the ITK blook drive."

"What can I say about Elon. The people make the school here. The library hours are still bad. One of the saddest things was losing the Coffeehouse. That was one place the students could get

together that was all theirs.

"The greatest social change is no hours for women. But with all these changes, Elon remains quaint and straightlaced." Tom plans to turn golf pro with the Sea Pines Company at the Hilton Head in Myrtle Beach.

Jim Little, chairman of the Liberal Arts Forum and an economics major from Raleigh, felt, "In the SGA and Liberal Arts Forum I've gotten the most pleasure and gratification. I think fraternities are a waste of time and a waste of people's energies. But for some people they serve a good purpose. Elon took a lot of getting used to; it grows on you."

Jennifer Somers, a history major from McClean, Va., will be looking for a job in research or sales after graduating. She commented, "Outside of the academics, during my four years here I've grown to appreciate more individuals and their particular points of view. I don't have any real gripes; I think this school has changed a lot. You can't compare changes at the universities when Elon's a private college. I'd like to see drinking on campus, although it will never be. There is a definite need for more cultural activities on campus. I worked on *Broadside Today* and *Dimensions Today*, and although *The Pendulum* is more organized, I really enjoyed it. Seniors shouldn't attend graduation mandatorily. Leave it up to the individual."

The good and the bad, the facts and the opinions, all take their places as the Class of '75 bids adieu to Elon College.

About Town, Just Trash

This may not be new, but some people think the Town of Elon College "smells of waste."

This was discovered during Earth Week by students of the Elon College Middle School who participated in their school's Ecology Week program. They scoured the town, searching for trash trouble spots. After finishing their leg work, they noted areas where litter was a problem and marked these places on a detailed map of the town. By using different symbols for the several types of trash they found, the students came up with a map that shows heavily littered areas at a glance.

The map captures Elon's trash red handed. Red circles represent discarded cans, squares indicate paper, other symbols show broken glass, bottles, cups and cigarette butts. Some areas have been distinguished with "smells of waste" printed across them. The map uncovers Williamson

Avenue along the track and the softball fields as being especially well endowed with cups, cans and paper. The streets forming the perimeter of the college are almost free of debris, but West College Ave. has more than its share of symbols.

The principal of the Middle School, Mr. Dee Atkinson, believes firmly in informing his students of ecological problems. He has placed emphasis on ecology in science and health courses at his school. A supporter of Earth Week, Atkinson points out that environmental concern "is not just limited to one week; it's a life-time thing."

The Ecology Week program at the Middle School also examined conservation, pollution and recycling. The litter survey impressed the map makers with the problem of litter, and it should stir up the town to be more litter conscious.

Get in tune with Elon's WELN-FM 91.1

By Debbie Cochran

Giving Elon College what it has needed for 86 years—music—WELN FM will sound off in the fall of '75.

The educational station will hit 91.1 on your dial reaching a 20-mile radius. "The FCC forms and all of its exhibits and maps are completed and in good form to be sent to Washington for approval," said Bob Hurst, who has worked on the station for the past two years. Recently the administration granted \$1,000 to the renovation of three rooms in Moffitt for the station studios. "After approval in the early

summer, construction and installation of equipment will begin at mid-summer," explained Hurst.

The station, already equipped with 400 popular albums and 600 45's, will offer 15 hours a week of something other than oldie moldies, rock, and bluegrass. Those 15 hours will be devoted to nationally taped educational programs, a BBC science series, local news pertaining to the college and community affairs, speeches by prominent campus visitors, and campus talent.

Duties such as newscasts, taping, programming, and manning the control board will use the talents of nine Elon students everyday. Provisional licenses will be given out by Hurst to those interested in being a D.J. "I want to recognize Chris Angel as well as many other students on the committee for their dedication thus far while the legalities were being taken care of," said Hurst. "Their work for this station will be needed soon for the success of WELN. Also, special thanks to Manager Jack Starnes and his staff of WGAB for their help. All photographs as the one above were taken at the studios of WBAG-WELN's 'big brother'."



Boogin' n' Boppin' Bobby Hurst practices for the real thing.

(gingivitis). There is usually an increased incidence of this condition during exam periods.

Dr. Patterson says that lack of rest, meals consisting of coffee and doughnuts or other nutritionally poor foods, and poor oral hygiene are the contributing factors in lowering resistance. In its initial stages gingivitis is a minor problem, though annoying and unsightly. Treatment generally involves a professional prophylaxis, greater attention to brushing and flossing and improved rest and diet. Orange juice or other sources of

Vitamin C are helpful and a solution of one teaspoon of hydrogen peroxide to a glass of water used as a mouth rinse three times a day may be recommended.

If the condition is not treated and rest, diet and oral hygiene practices are not improved the condition may progress from a simple inflammatory to a degenerative disease.

CHALLENGE: Eat, sleep, play, study in moderation. You may discover that you enjoy life and class attendance more.

College Illnesses- Real or Psychosomatic?

Eliminating Absences for Medical Reasons

By Mildred B. Lynch

The second greatest cause of absenteeism at Elon is medical problems.

Dr. Phillip Mann, one of the campus physicians, said recently that the most frequently occurring medical problems that he treats on the campus are minor upper respiratory infections.

These usually occur after a week-end or holiday when students have gone home or traveled to other locations and contracted new viral strains for which a resistance has not been built up.

The return to close living quarters on campus precipitates a spread of these viruses among other students who do not have a resistance to them.

When questioned about the effects that rest and diet may have on resistance to these viruses, Dr. Mann stated that this would certainly help in establishing a resistance to some minor infections, but in the case of a new viral strain this would not significantly increase

resistance.

The problem of just not feeling well could be caused by many factors. Among them are:

- Improper diet
- Lack of rest
- Lack of physical exercise
- Indiscriminate use of alcohol and/or drugs

Emotional and mental stress (this may include the "I-didn't-do-my-homework" syndrome)

To avoid these problems it is necessary to achieve a reasonable balance in your activities. Don't allow large time spans to be monopolized by one particular activity. Physical exercise is essential for efficient mental function. Take a break from study and move about. On the other hand, too much activity may tire you to the extent that you cannot study.

Proper rest and diet affects physical health by building resistance. One problem which Dr. George Patterson, a Burlington dentist, sees frequently among college students is bleeding gums