

Elon nine holds district lead

by Grayson Whitt

The Elon College baseball team is ranked number one in District 26 this week. The District 26 tournament started last night with the Fightin' Christians facing Catawba.

With two doubleheader sweeps this week, the Fightin' Christians ended their regular season with a 28-8 record. Elon has a district record of 16-4.

Elon started the week off by defeating Davidson by a

margin of 11-6 in both games.

In the first game, the Fightin' Christians clouted five home runs to win the 10-inning affair. Joey Hackett hit two of the roundtrippers while Mike Rushton, Cilly Freeman and Gene Drumwright each added one. George Winfrey picked up the win with two innings of relief. John Crumbley, also pitched well for the Fightin' Christians.

In the nightcap, Elon

scored eight runs in the first three innings to capture the victory. Phil Baskerville and Rushton had two hits each while Larry Colson, Alan Dalton and Rushton each homered. Eric Smith picked up the win to run his record to 5-1.

Later in the week, Elon defeated Lenoir Rhyne 7-1 and 1-0. Great pitching provided the sweep over the Bears.

In the opener, Stan Queen pitched a five-hitter to run his record to 3-1. David Whitley, Billy Freeman, Colson, Rushton, and Hackett had two hits apiece to aid Queen.

The second game, against Lenoir Rhyne, was a pitchers duel. Elon's Hughes Crisp pitched a no-hitter to claim the win. Crisp's record for the year is 6-0. Dave Lenig's two hits paced the hitters in this game.

The Fightin' Christians scored their only run in the second game in the last inning. With the bases loaded and one out, Lenig's suicide squeeze bunt scored Hackett.

Going into the district tournament, Elon has a chance to break the school record of 30 wins in a season.

Football recruits signed

Head football coach Jerry Tolley recently announced the signings of 24 gridders to grants-in-aid for the 1979 season.

Leading the list are Dale Ayers, QB, Marietta, Georgia; Quinton Bullard, DT, Gates; Ricky Grays, LB, Petersburg, Virginia; Danny Scales, TE, Madison; and

Stanley Tootoo, LB, Wilmington.

The lists also includes two local players, Gary Whitesell and Dwayne Janey. Whitesell, a DE, played at Western Alamance while Janey, a LB, played at Eastern Alamance.

The complete list is as follows:

Joe Strouse	SE	Goldsboro
Stanley Tootoo	LB	Wilmington
Rockne Honeycutt	TE-P	Paffetown
Phil Wrenn	K	Fayetteville
Otis Davis	RB	Fayetteville
Tim Dillon	DT	Winston-Salem
Dale Ayers	QB	Marietta, Georgia
Ricky Grays	LB	Petersburg, Virginia
Dean Grimm	K	St. Petersburg, Florida
Reggie Leach	HB	Newton Grove
Robert Hinson	C	Monroe
Al Smith	FB	Hamlett
Mike Harper	RB	Statesville
Boyd Byerly	QB	Tabor City
Gary Whitesell	DE	Burlington
Kevin McDonald	OT	Erwin
John Murray	G	Ahoskie
Danny Scales	TE	Madison
Dwayne Janey	LB	Burlington
Bill McGovern	QB	Hampton, New Jersey
Mark Mura	DT	Hampton, New Jersey
Quinton Bullard	DT	Gates
Jimmy Moore	HB	Washington, N.C.
Jay Junkins	RB	Hampton, New Jersey



This week's Pendulum Player of the Week is Hughes Crisp. A pitcher on Bob McBee's baseball squad, Crisp hurled a no-hitter last week to defeat Lenoir Rhyne 1-0. A native of Graham, Crisp struck out nine in the seven inning affair.

Intramural softball champions decided

by Gray Amick

The intramural softball season concludes this week with the post-season playoffs. A total of 10 men's teams and four women's teams are vying for their respective championships. By press time of the Pendulum both men's and women's championships will have been decided.

The men's league has four divisions. Representing Division I in the playoffs are BBF with a 7-0 record and NHG

which has a 6-1 slate. Division II has three teams in the running: TKE-A which is 6-1, TNK Pan Red 5-1, and WEPAC 5-1. Division III also has three teams competing for the title. They are the undefeated Second Stringers 7-0, the Desperados 5-2, and the Underdogs, 5-2. Bagubas 6-1, and the Ludes 7-0, round out the field and are representatives of Division IV.

There is only one women's league. Battling for the wom-

en's crown are: Third Staley 7-1, LFPINC 6-2, undefeated Sweetness 8-0, and First Virginia 5-3.

Both men's and women's champions were to have been decided yesterday. They, along with all other intramural champions of this year, will be honored tonight at the intramural awards banquet. The banquet is at 6:30 on the second floor of McEwen Dining Hall.

Coach stresses weight training

by Paul Chaconas

If you think that Elon's football team has some big men — you're right. But if new defensive line coach Linwood Ferguson has anything to do with it, the average size of an Elon player will be even bigger within the next few years.

Like University of Maryland head football coach Jerry Claiborne, who has built the Terps into a perennial A.C.C. powerhouse and bowl team, Coach Ferguson is a strong advocate of weight training. He has already developed a mandatory weight training program for his defensive line crew at Elon.

Coach Ferguson does not want to see his weight training program stop with de-

fensive linemen or even footballers for that matter. He has opened his training sessions in Elon's weight room not only to football players, but also to basketball players and tracksters as well. As a P.E. instructor, Ferguson will also be conducting a class he calls "weight training," not overload conditioning as Elon students know it now.

Introducing weight training as a key instrument to his coaching plans, Ferguson credits weight lifting with building confidence in that it increases one's strength and speed. This is accomplished by what Ferguson calls two "high intensity" workouts per week where the athlete exerts

ail of his energy and then recovers with longer periods

of rest. Ferguson also stresses stretching exercises before and after each workout to increase flexibility and thus reduce the athlete's chance of injury.

Besides "pumping iron," Coach Ferguson emphasizes technique in his defensive linemen's style of play. Says Ferguson, "Being able to hit hard is great, but I also want my players to know how to react to certain blocks and plays. It is always easy for a coach to be a slave driver. I can be that too. But I want to teach the players something about the game of football itself; something that they can always carry with them."



New assistant football coach Linwood Ferguson, former defensive coordinator at Chowan Junior College and offensive backfield coach at East Carolina, comes to Elon as a winner with sound philosophies. Photo by John Hurd.