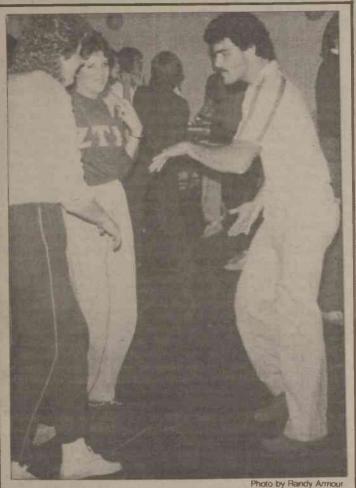
Thursday, November 17, 1983

Features



Fund-Raising Dance

Elon students (left to right) Cindy Cline, Julie Jordan and Mike Simonelli dance to help raise money for Joshua Brooks, a 9-month old boy who underwent a liver transplant operation last Saturday. The transplant came from a child recently declared brain dead. The son of two Elon alumni, Brooks was born with biliary atresia, a disease in which the bile ducts fail to function properly and the liver becomes hardened. Brooks is still listed as critical and could be that way for days.

The fundraising effort, to which Zeta Sorority donated, has raised about \$88,700 for the operation.

Ski season begins

By Penny Thomas Features Editor

The chill of the air has come to North Carolina. With dropping temperatures and winter approaching, summer sports equipment like surfboards or tennis rackets are for the most part being tucked away until warmer weather. Yet this time of year marks the start of winter sports, especially snow skiing

Joey Zeller, 20, and a junior from Jacksonville, Fla. has already begun to prepare for ski season. Actually, Zeller was preparing for skiing in the Summer when he applied for the positions of ski instructor at Appalachian Ski Mountain in Boone, NC.

Two weekends ago, Zeller was chosen as one of the top five male applicants to become ski instructors. He said that the applicants had to demonstrate 'intensity on the hill work and show proof of skiing ability.' He said that another requirment was to demonstrate communication skills and to express individual attitudes towards skiing.

Starting Nov. 19, Zeller will be attending training clinics and learning the instructing techniques of the French Swiss Ski School. These training sessions will last until Dec. 15. Zeller will travel on weekends and Mondays, Wednesdays to Boone but he said that "it's worth it.

During the month of January, Zeller will work full time as a part of the Appalachian Ski in-structing staff and will prob-ably work weekends throughout the season when school begins again, he said.

Instructing Goals

Zeller said that he had some experience instructing when he worked in the Special Olympics program last year. He said he taught some basic techniques to mentally retarded and handicapped people and said that "it was quite rewarding."

He said he hopes to be able to train advanced intermediates this winter and help them overcome a common plateau of style that these type of skiers frequently encounter. He said he wants to advance their style and "help them get out of their

ruts." "I want to help people help themselves," said Zeller.

Along with this job. Zeller will be assisting Drew Van Horne, director of student activities, and Donald Kelly associate professor of physical education and associate football coach, in a series of ski clinics designed to affect skier awareness of physical conditioning.

Ski Clinic Series

This three part series will begin on Monday, Nov. 21 at 7 p.m. in Jordan Gym with the first session dealing with exercises that a person can do to tone muscles and keep the body flexible in preparing for the ski season. Zeller said that skiing uses different muscles and this is why it is important to condition these different areas.

Nov. 28 at 7 p.m. again in Jor- shape during these three clasdan Gym. Kelly will be leading ses," said Zeller, "but it is just this section and will be focus- to give ideas of what a person ing on exercises for skiing in should be doing for his body aerobic form and also a review and equipment in preparing



Joey Zeller

Horne demonstrated the previous session.

The final session on Nov. 30 which Zeller will be leading, is to deal with showing different types of equipment for people purchasing skiis and ski boot for this season. He will show how to take care of equipment and how to get a secure boot fitting since this is the most important part of ski equipment said Zeller.

The series is a service for anybody interested in gaining more insight in being both physically and mentally prepared to ski, he said.

"The emphasis of the series The second session will be on is not designed to get people in

