

The Pendulum

Volume XVII, Number 9

Serving the Elon College Community

November 8, 1990



Scott Lansing/The Pendulum

Robin Evers of Alpha Omicron Pi receives the homecoming crown for AOII's third year in a row. This was the first year non-greeks participated in homecoming events.

Wide voter turnout at local polls

Students help out with campaigns

Murray Glenn
The Pendulum

Republican Senator Jesse Helms defeated Democratic candidate Harvey Gantt on Nov. 6, to win a fourth term in office. Helms obtained 52 percent of the votes.

The race had the attention of citizens on both the national and local levels. Gantt, former mayor of Charlotte, was seeking to become the first black senator since the post Civil War reconstruction era to represent the state. Helms, an 18-year veteran of the Senate, is famous for his conservative views.

In Alamance County 37,257 voters exercised their right to vote. This figure represents 67 percent of the 55,581 registered voters in the county. Helms won approximately 22,000 of these votes.

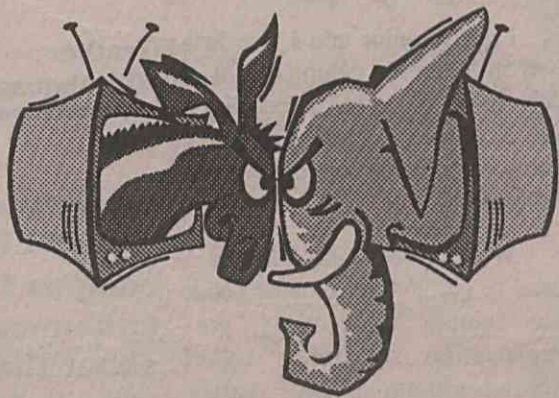
"We had many more people

than we expected. For this turnout to fairly be compared to years past, you would have to go back to 1978, the last time that the Senate race and a presidential election year did not coincide. The turnout that

year was 55 percent," said Rena Murchison, Alamance Board of Elections supervisor.

Many Elon College students volunteered at the local headquarters of both the Democratic and Republican parties. Student duties ranged from operating the phone banks, putting in yard signs and handing out pamphlets at the polls.

Carter Smith, an Elon junior, volunteered at the Alamance



County Democratic headquarters. "I learned from my experiences that campaigns are a lot more complicated than they appear to the public. Many of the candidates were under unbelievable amounts of stress," Smith said.

Faiger Blackwell, a volunteer at the Alamance County Democratic headquarters, said, "We have had approximately 10 Elon College students who have been

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Wei signs agreement, links Elon to China

Kelly Potter
The Pendulum

Madam Wei Yu, president of Southeast University in Nanjing, one of China's leading universities, signed an educational exchange agreement with Elon College on Tuesday, Oct. 30.

The agreement signed by Dr. Wei and President Fred Young provides the annual exchange of faculty between the two institutions. Students now also have the opportunity to study in China during special summer programs.

Robert Anderson, assistant to the president said for a small school like Elon, it was one of the



Wei Yu

small number of schools who have worked directly with China.

"We are proud to be associated with Southeast University. It's kind of like the MIT of China,"

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Nutritionist III program available at Elon

Kirstin Stump
The Pendulum

A nutrition program is now available to students at the push of a button. There are two separate programs on hand in the computer labs for students to see what nutrients are stored in certain foods.

Auto-Nutritionist III develops a one to seven day diet plan based on the input of the individual and prints out a shopping list of the kinds and quantities of food to be purchased.

The input is based on the person's purpose for the diet. For example, if a person wants to lose or gain weight, or reduce cholesterol or sodium, those factors can be incorporated into the program.

The program can also restrict the foods allowed on the diet by the dieter's likes and dislikes.

"The Nutritionist III and Auto-Nutritionist III computer software programs are some of the best nutritional programs in the

United States," said Dr. Barry Beedle, associate professor of Health, Physical Education and Leisure/Sports Management.

Nutritionist III breaks down most of the major and minor nutrients in a person's diet into the percent of the Recommended Dietary Allowance (RDA) and the amount of nutrients consumed. The RDA is the amount of nutrients the government feels individuals should have in their diet based upon their age and sex.

Nutritionist III prints out a list of nutrients a person is getting in excess and those nutrients he/she is deficient in.

"By using the Nutritionist III program, students learn to connect nutrients to certain foods. They learn if they are eating right and they inquire more about the nutrients they are getting or lacking," Beedle said.

"Don't misconstrue these programs in terms of dieting or gaining weight. These programs are for educational purposes only.

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