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of Elon professors Thomas Tiemann and Jeff Pugh, Arcaro was able to train at various distances over several weeks. The week before the race he said he only ran a few miles. He was told to run the largest distances three weeks before the race. He said he ran four days a week during his training period. He also swam and rode on a bicycle on a regular basis.

"Mentally and emotionally it's a tough race," he said. "You're trying to get your body to do things that it doesn't want to do for a really, really long time."

When the big day came, Arcaro said he didn't get a chance to see the top runners because they were separated from the regular racers.

"They warmed up in a separate area and didn't come to the front until five minutes before the race," he said. "We were on the same track, but it's not like running with them."

Arcaro said the first 10 miles of the race was downhill and the last part was the steep part, called "Heartbreak Hill."

"I didn't run the race I wanted to run," he said. "I did adequate

training up to it. But for some reason on race day, I cramped up."

Arcaro finished with a time of three hours and 36 minutes, good for 4,400 place out of 12,000.

Despite the feat of qualifying and finishing in the Boston Marathon, Arcaro said there are much more important things in life.

"I got a chance to see the AIDS Quilt last weekend (at Elon). I realized what I did was puny compared to the struggle of other people," he said. "Yes (running in the Boston Marathon) was big deal, but it was just a race."



Darcie Cascone/The Pendulum

An overhead view of the entire AIDS Quilt from Alumni Gymnasium. Six panels were added to the more than 300 on display. The entire Quilt has more than 40,000 panels and counting.

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community and added to the already 300 panels that were on display at Elon.

"I thought it was a really good way of putting names there instead of numbers, because these people actually died. For those students that went, I think it brought a little bit more reality about the AIDS epidemic," said senior Josh McIntosh.

Seeing the Quilt this past weekend got so personally emotional for Ulrich that he had to leave the gymnasium at one point and "recover."

Volunteers played a huge role in all the work it took to make this AIDS Quilt event successful.

Freshman Michelle Wideman put in about nine hours of service and said just being there was "emotionally draining" for the volunteers.

"I have life and I'm going to live, so I could dedicate three or

four days to the AIDS Quilt," said Solanes, who was there with the Quilt from 8 a.m.-11 p.m. Thursday through Saturday and until 7 p.m. on Sunday.

Another volunteer was senior Kate Kennedy, who helped out during the opening and closing ceremonies. It was her first time seeing the Quilt.

"It was amazing to see how many lives this event touched. A lot of work went into it too," Kennedy said.

"It took me a little while to get used to the actual quilt being in front of me. You never get used to the idea of a disease that is as powerful as AIDS."

Other students were equally touched by their first sight of the Quilt.

"It was too touching to look at all the Quilt. When I first walked in and saw a little boy's picture on the floor, tears immediately ran down

my face," said senior Julius John, who sang "Bring Him Home" from the musical "Les Miserables" during Sunday's closing ceremonies.

It was surprising to some that the AIDS Quilt was even coming to Elon. Wideman said it was hard enough just to get one individual panel displayed at her high school.

The importance of the AIDS Quilt is the awareness it is raising at Elon and many other places, along with the impact it — and the AIDS epidemic — is having on peoples' lives.

"I think it got to me more than I thought it would. I don't personally know anyone, but seeing families leave roses helped it hit home," said junior Katie Ruegge.

"People can take AIDS more seriously and how it affects people if they saw the Quilt."

Ulrich said Elon is hoping to bring the AIDS Quilt back to campus in five years.

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him as special. "He was one of the few male members of the Rape Crisis Center," his friend said.

Elon President Fred Young said, "It is an extraordinary tragedy. The young man would have graduated about three weeks from now, and now his life has been taken away. The Elon College community will miss him."

College Chaplain Richard McBride said, "There are real dangers out there. However, it is best not to focus on them and he didn't. He wanted a broad range of expe-

riences from SCUBA diving to trips to Belize or working for Habitat. He was eager to embrace life and it sounds like he did that. Therefore, we should celebrate that."

Excessive speed or alcohol are not linked to the accident at this point, Culler said.

No charges have been brought against Beach pending further investigation, which includes a reconstruction of the event.

There will be a memorial service held Friday at 9:20 a.m. in the Elon College Community Church.

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