Sports.

February 12, 1998

Campus Recreation Spring 1998

Spring '98 Hours of Operation

CR Office, Jordan Gym, RaquetballM-F6am - 10pmS-S1pm - 8pm

Fitness & Free Weight RoomM-F6am - 8am (fitness only)M,W,F12:30pm - 10pmT,Th11:30am - 10pmS-S1pm - 8pm (fitness)S-S1pm - 5pm (free weight)

S-S 1p

M,W,F M-F T M,W-F S-S Beck Pool 6am - 7:45am 11:30am - 1pm 5pm - 6pm 5:15pm - 8:45pm 3pm - 7pm

For more information call Campus Rec @ x2436!

Aerobic Schedule Spring

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Fac/Staff H20 Aerobics - M,W,F @ Noon - !:00pm
Fat Burner - M,W @ 4:15pm - 5:15pm
Funk'n Tone - T,Th @ 4:15pm - 5:15pm
Challenge Combo - F @ 3pm - 4pm & M @ 5:30pm - 6:30pm
Just Step - W @ 5:30pm - 6:30pm, F @ 4:15pm - 5:15pm & M @ 8pm - 9pm
Step'n Tone - M @ 6:45pm - 7:45pm, Th @ 5:30pm - 6:30pm & Su @ 4:45pm - 5:45pm
Fac/Staff Step - T @ 5:30pm - 6:30pm
Box Aerobics - T, Th @ 6:45pm - 7:45pm
Advanced Step - W @ 8pm - 9pm
Super Sunday - Su @ 6:00pm - 7:30pm

Please arrive and get class pass at least 5 minutes before the scheduled start!

