

Viewpoint

In its attempt to be cross-cultural and aware of other cultures and traditions, there is a European tradition that we think Elon needs to introduce as standard policy.

In many European countries, most shops and businesses close down starting at lunch time until mid to late afternoon for something called a siesta, or in English, a nap.

Every day, thousands, possibly millions, of people go home every afternoon and take a nap after lunch. This helps to revive them in the middle of the day.

Now let's be honest, every one of us has fallen asleep in an afternoon class after eating a bit too much for lunch, or after staying up a little too late the night before. Even professors look a little sleepy during the afternoon hours.

Wouldn't we all get more out of the educational experience if we had a little nap every day?

Just think of all the advantages. Students could take their naps in the comfort of their own bed, instead of on the hard, often uncomfortable, desks found in Elon classrooms. Not only does this save on the wear and tear of classroom furnishings, but it minimizes the attendant neck strain and the stigma from classmates who might spy you mopping up that pile of drool left over from your mid-afternoon snooze.

Just think, profs, with a daily nap, you could assign more homework and papers to your classes, since your students will now be rested enough to stay up all night writing them. And then you'll be rested enough to stay up and grade them all!

Just think, students, with a daily nap, not only are you catching up on your much needed rest, but now you'll have enough energy to go out every night and party even longer! You'll be so rested from the siesta that you can spend even more time procrastinating on your homework.

And who says we have to go home to sleep? If you live off-campus, that would be just plain inconvenient. Instead, the school could set up a Nap Center in Moseley. There could be some lovely Elon sleeping bags spread out on comfy couches, plenty of pillows, a full service hot chocolate bar and plenty of soothing Enya music playing to lull you off to dreamland. What could be better?

Now if we could just do something about alarm clocks.

• The Pendulum editorial staff

Young: Retiring means balance

Now that Elon's next president has been chosen and plans for the transition are underway, Elon College President J. Fred Young discusses his preparations and plans for retirement.

Dr. Young: Transition. It's interesting. It's different. I've sort of enjoyed watching myself go through it. I don't know quite what to expect and I don't know quite what to think. It's not unpleasant at all. People are very nice to me.

One of the things I am enjoying is having Dr. Lambert on campus, giving him information and seeing his enthusiasm. That's really pleasant. We have a pleasant relationship. I'm enjoying the farewell events. The uncertainty concerns how much I want to work and I just don't know that.

Pendulum: Do you find yourself getting more involved on campus since this is your last chance to do Homecoming, last chance to do Family Weekend...

Dr. Young: It's a little of that. Each event becomes a bit more special since I know it's the last time. I'm offered opportunities to participate and I like to do it, which makes it a bit more pleasant.

...

Dr. Young: I think the first hobby that I'm looking forward to is enriching my life with relationships with friends—to have time to

spend with friend and family members. The interesting thing, though, is that my friends and family will be working and won't have time to spend with me. It's an interesting paradox... I want to give more time to visit with friends without being pushed for an appointment.

Dr. J. Fred Young Elon College President

There are a number of other things I'd like to do. I like to play golf. I don't plan to do that all the time, but it's a hobby. And I'd like to travel. And I plan to be involved in some education-related projects through a foundation. I'll be president of the Foundation for International Education.

Pendulum: Any ideas where you'd like to travel?

Dr. Young: Years ago, Phyllis (Mrs. Young) and I made a list of places we wanted to see because we felt we should be well traveled and go to places we wanted to be. What we have found as we have gone to places we want to see, they turn out to be places we want to be. So we want to go back.

I have a long list of places to travel and it would take years if I traveled incessantly to get all the places that are of interest. But I'm

not interested in being a full time traveler, nor a full time golfer nor a full time worker. I want to balance that out just in terms of what interests me, which I think is the wonderful thing about this retirement opportunity—I'll be able to decide that every day. And hopefully I can find a balance of travel, work, relationships and play.

The Pendulum: Are you planning on continuing your Spanish?

Dr. Young: Oh yes. In fact, I plan on getting more serious since I'll have more time.

I like to read and I hope to do more of that.

I've got a new hobby—fly-fishing. I hope to do some of that.

I'm also interested in developing a bit more skills on the computer—the Internet research sorts of elements and e-mail correspondence with friends. I'm spoiled—Sandra (Fields, his secretary) does it...

So I'm looking forward to developing those skills, to no high level, but enough that I'm self-sufficient.



THE PENDULUM

Informing the Elon College Community

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The purpose of *The Pendulum* shall be to inform and entertain the Elon College community. *The Pendulum* shall be a forum where all members of the college community are able to express their ideas and opinions.

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Speaking of ... Homecoming

Do you think Homecoming accurately represents all the facets of Elon?



Mike Garcia, sophomore:

You can't say yes or no because no one really knows what Elon is really about. There's just a whole bunch of little groups like in high school. Elon tries to be one big community, but all it's very different, separate groups doing their own thing.

Emily Waschak, junior: I don't know since I have no idea what's going on this year, I'm not in Greek life. It's more like a thing that Greeks get involved with.



Liz Shames, junior:

I think it's probably more centered towards the Greek organizations. I'm Greek, but I see that all the floats and everything are Greek.

Lisa Fort, sophomore: I think so because all the organizations really get involved on campus. The ones that really want to represent themselves do. It helps people who aren't involved in activities see what's out there.



Shaun Conway, freshman:

Yeah, especially sports, I think. Everybody goes to the football game. I'm only a freshman, but that's what I've heard.

Dimetri Manolatos, senior: I don't know, I haven't really participated. Why do I care? I'm getting out of here after this year. It's just a bunch of friends from last year coming down to visit and a party, there's nothing else to it.

compiled by Carrie Lancos with photos by Emily MacDonnell