

# Religious Life brings medieval meditation tool to campus

Jason Chick  
A&E Editor

A replica of a 13th century labyrinth allowed Elon students, faculty, staff and community members to find themselves. Sponsored by Religious Life, the labyrinth was showcased in McKinnon Hall last Sunday and Monday.

In the Middle Ages, labyrinths were used in cathedrals as alternative pilgrimage destinations for those who could not reach holy lands.

The labyrinth was an 11-circuit spiral replica of the 13th century stone work in the floor of Chartes Cathedral in France. The Chartes Labyrinth's design honors the lost tradition of sacred geometry, a knowledge that demonstrates that everything is one.

There is only one path leading to the center and back out again. Unlike a maze there are no false turns or dead ends. The path is about one-third mile long and takes about 20 minutes to complete.

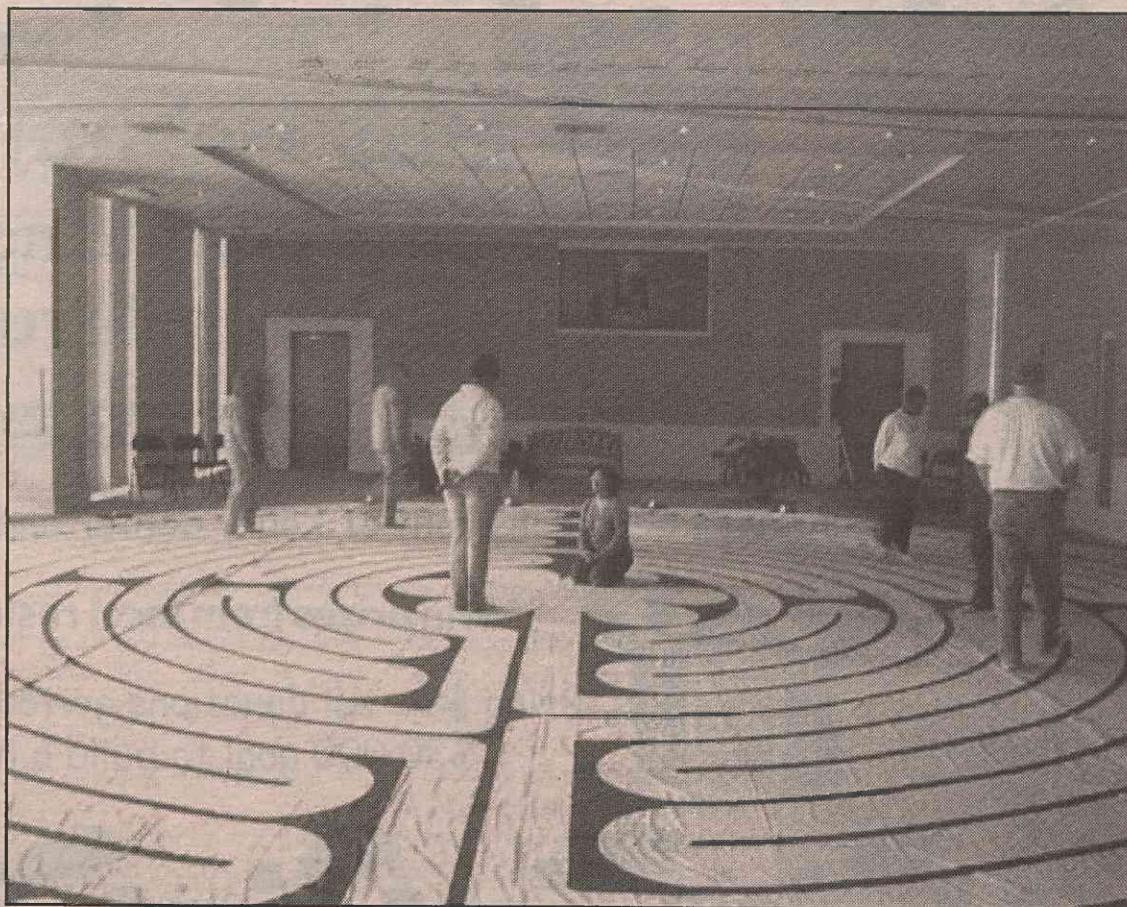
Some people walk, other dance or skip, a few even crawl. But those

who believe in its healing powers say the walk is for similar reasons—to find inner peace, solve a problem, or connect with their spirituality.

The meditation walk is a three-stage process. The first is moving to the center, letting go of life's details. The second stage occurs when one reaches the center. This is a place to meditate. Enter with an open heart and mind; receive what is there. The last stage is the walk out. As one leaves, one's spirituality and healing powers go to work.

The labyrinth allows people to ward off the stress and pressures of everyday life. Votive candles, dimmed lights and soft instrumental music create the atmosphere for "the pilgrims."

The number of labyrinths and other spiritual tools in the United States has increased greatly in recent years. In 1991, the mystic spiral appeared for the first time in 350 years at San Francisco's Grace Cathedral. The labyrinth was installed permanently in 1995, making it the first in the western hemisphere in 600 years.



Brian Viebranz/The Pendulum

The labyrinth, which takes about 40 minutes to an hour to experience, is used to reflect on one's life. Students used the time to relax, meditate and to just put aside the stressful college life.

## Emmys, first time that an awards show has been canceled? Decision by Friday

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The 53<sup>rd</sup> Annual Emmy Awards have been canceled for a second time, this time because of the United States attacks on Afghanistan and may not be rescheduled again.

Once the strikes began, organizers said they began to receive calls that attendees that they were bailing out even if the show went on.

Ellen DeGeneres, this year's host, after a morning of rehearsal, told the Los Angeles Times she was devastated.

However, much of the Industry supported the Television Academy of Arts and Sciences decision.

There is doubt on whether or not there will be another rescheduling, as CBS has lost an estimated \$3 million into these failed attempts. The cost came from venue bookings and tightened security that included a no-fly zone over the Shrine Auditorium and an ultra-sensitive metal detector at the front door.



Orange County Register/KRT Campus  
Members of the media began to leave after the announcement that the award show was again canceled.

Television Academy Chairman Bryce Zabel told GoldDerby.com, "We probably aren't going to try to stage another Shrine Auditorium spectacle [even if we reschedule]."

This year's show had planned to include opening remarks by newsman Walter Cronkite and closing comments by New York Mayor Rudy Giuliani.

Special segments in tribute to those lost on Sept. 11 and to the rescue workers were also planned.

As the red carpet was rolled up and the set torn down for a second time, the Industry may have to prepare itself for the complete cancellation of the 53<sup>rd</sup> Emmys. If that happens, it will be the first time ever for a major awards show.

## Nominations are open for Who's Who Award

Each year the national publication, "Who's Who Among Students in American Universities and Colleges," solicits names of juniors, seniors and graduate students to be nominated by their college/university on the basis of outstanding scholastic, service, and leadership performance.

Nominees who are accepted by *Who's Who* will be listed in the national *Who's Who* directory, receive an award certificate, and be recognized locally and in their hometown newspaper. Students often include the recognition by *Who's Who* in their resume when searching for employment.

Juniors, seniors and graduate students with at least a 2.5 GPA are eligible for this award, and can nominate themselves by completing an application form available in Alamance 120. As specified on the form, students must submit a cover letter indicating their interest in being considered, and a resume. Letters of recommendation from faculty are allowed, but not required. The deadline for submitting completed application materials is Nov. 1.

A committee of Elon University students, faculty, and Student Life staff will review applications and make nominations.