

# Letters & Submissions

Letters to the editor are always welcome. Submissions must include your name, contact information and class standing. Letters from faculty and staff and members of the community are also accepted. The Pendulum reserves the right to edit obscene or potentially libelous material. Lengthy letters or columns may have to be trimmed to fit. All submissions become the property of The Pendulum and will not be returned. Send submissions to [opinions@elon.edu](mailto:opinions@elon.edu).

## Kudos to Pendulum article

To the Editor:

We are delighted to see the Pendulum address an issue so familiar to college students in their article on Oct. 13 regarding the Freshman 15. In this article, it was suggested that self-discipline is the key to staying thin. We agree with moderation and balance in one's diet and believe some excellent tips were given concerning making healthy food choices; however, the idea that self-discipline is the key to staying thin may be erroneous. By emphasizing self-discipline the article implies that those who

are overweight or struggle with their weight have no self-discipline. It is critical that as a community we are mindful and respectful of different body shapes and sizes. We need to dispel the myth that self-discipline is the only key to thinness. Furthermore, thinness does not reflect health. We need to be cognizant of the relationship between genetic predisposition, healthy eating and moderate exercise in their influence on body shape and size.

~Eating & Body Image Concerns Committee

## Lack of etiquette during cultural events

To the Editor:

I have become increasingly disappointed with the Elon community's etiquette at cultural events, especially during eminent guest speaker events. I recently attended the Samantha Power lecture on Monday. Like all Liberal Arts Forum events, there was a question and answer session following her address. About half of the audience in McCrary Theatre exited as the first question was being asked. This is the current trend for most students who attend these events. It's rude to the guest speaker and embarrassing for Elon. We are highly privileged to have speakers such as Francis Bok, Billy Collins and Samantha

Power come to Elon. What's more, as students, we get a free ticket. I don't think it's much to ask to sit for an additional half an hour to hear thoughtful questions from your peers, professors and/or members of the community. As Elon's reputation grows and we climb higher in the best colleges lists, we need to improve our student body's reputation, not just our academic and student programs' reputation. I would hope that Elon students would have more respect for distinguished guests than we have been showing lately.

~Bryn Porter '06

## Elon rocks!

To the Editor:

Elon is the best university in the world. If you disagree with me, please email me at [jfiedler@elon.edu](mailto:jfiedler@elon.edu) and we will do lunch and I will tell you why it is the best school in the universe. But I have an idea to make this magical place even better.

Our student athletes are amazingly talented and hard-working. On top of that, they are humble and gracious. In addition, our coaches are some of the best in the nation. The reason Elon is not in contention for national championships every year is not the teams fault; the problem lies with the student body. I went to senior day for the volleyball game on Sunday, and Alumni Gym was shockingly quiet. The football games are sad and the basketball games are full of people who are just there to socialize. I am making this claim out of love for Elon, because I have a dream that Elon will move Elon forward to exponential heights. This Saturday, I say we sell out the football game, if noth-

ing else, to support the amazing athlete Ruben Lawrence's career. Once we come out in droves on Saturday and defeat App. State, I ask Elon to start selling out both men's and women's basketball games. I hope we have to start a lottery system to watch our talented men's and women's basketball teams this year, as they will both go on to the NCAA tournament in March. Then, I encourage the school to support the track and baseball team, and watch us compete for national champions.

Regardless, you know that big Fiedler loves you, and is looking forward to watching Elon reach amazing heights in the new future.

~Jonathan Fiedler '07



Courtesy of KRTcampus.com