



THE PENDULUM

SEE MORE. DO MORE ONLINE.

www.elon.edu/pendulum

FOLLOW CURRENT AND BREAKING NEWS • VIEW ONLINE-EXCLUSIVE CONTENT • CHECK OUT SPECIAL MULTIMEDIA PACKAGES INCLUDING VIDEOS, PODCASTS, BLOGS, SLIDESHOWS AND MORE • LEAVE COMMENTS AND FEEDBACK

RESPOND TO THE PENDULUM IN WRITING, ON THE FACEBOOK FAN PAGE AND TWITTER

NEW MEDIA

TWITTER

www.twitter.com/elonpendulum

TWEET @elonpendulum

The Pendulum's main Twitter feed is used to direct followers to main stories from the print edition and stories that are more timely and only online.

Twitter, LIVE UPDATES

www.twitter.com/pendulumlive

The Pendulum's live coverage feed is used for minute-by-minute updates of events such as athletic games, speakers, awards shows and more.

PRINT EDITIONS OF THE PENDULUM

<http://issuu.com/pendulum>

The Pendulum posts its print versions online so it can be viewed even after it's swiped off newsstands.

YOUTUBE

www.youtube.com/user/ThePendulumOnline

In addition to embedding Pendulum videos with their respective stories on the Pendulum Web site, you can view and comment on all videos on YouTube.

FACEBOOK

www.facebook.com/thepondulum

Become our fan. The Pendulum's fan page is a way to reach out to more members of the Elon community and readers outside the campus. The page is used for the dissemination of information through status updates and shared links that show up on fans' news feeds. It's also for **your** feedback and comments.

PENDULUM PODCASTS

Reel Talk with the A-Team:

<http://www.elon.edu/pendulum/Story.aspx?id=3281>
Is the star-studded "Valentine's Day" worth all the hype? And after tons re-editing, is "The Wolfman" sufficiently suspenseful? Alexa Milan and Adam Constantine weigh in.

Sports Jam:

<http://www.elon.edu/pendulum/Story.aspx?id=3282>
Sam Calvert and Conor O'Neill take on the pothole-ridden Daytona 500 and the start of the Vancouver Olympics.

Opinions Podcast:

<http://www.elon.edu/pendulum/Story.aspx?id=3280>
Opinions Editor Ashley Jobe takes a look at the top headlines this week, and what they mean to you.

THIS WEEK ONLINE

BLOGS

REEL TALK

"The New Virginity of Hollywood" Taylor Madaffari looks into the trend of Disney star chastity vows. And is "Valentine's Day" worth a trip to the cinema? Alexa Milan is underwhelmed by its sugary sweetness.
pendulumreeltalk.wordpress.com

SWING FASHION

Looking for internships? What do you wear after you get one?
swingpendulum.wordpress.com

SNAP-CRACKLE-POP CULTURE

Valentine's Day? Shmalentines Day. The Winter Olympics are on. Plus, some truly strange — yet comfortable — clothing to buy.
pendulumpop.wordpress.com

THIS WEEK IN VIDEO

Senior Andrew Pressley composes a rock opera for honor's thesis.
<http://www.elon.edu/pendulum/Story.aspx?id=3274>

Art professor Brant Schuller holds exhibition at Arts West.
<http://www.elon.edu/pendulum/Story.aspx?id=3275>

The Onion Monologues

<http://www.elon.edu/pendulum/Story.aspx?id=3276>

Brite Tab: a look at a new resume Web site

<http://www.elon.edu/pendulum/Story.aspx?id=3277>

Inside the Positive Attitude Youth Center

<http://www.elon.edu/pendulum/Story.aspx?id=3278>

Being a Vegan or Vegetarian isn't only about lettuce and carrots at Elon Dining.

You've made a commitment to vegan/vegetarian diet. We've made a commitment to help you make healthy vegan/vegetarian choices.

Samplina of Today's Vegan & Vegetarian Options For Lunch:

1889 Grill

Black Bean Burger, Unlimited Salad Bar
Acorn Coffee Shop

Mushroom Florentine Panini, Cranberry Salad,
Veggie Sandwich

Colonnades Dining Hall

Vegetable Rice Soup, Stir Fry Station, Vegetable
Lasagna, Whole Wheat Veggie Pizza

Harden Dining Hall

Black Bean Burger, Grilled Cheese
Pan Geos

Caesar Pleaser Wrap

Octagon

Vegetarian Sushi, Portobello Mushroom Sandwich,
Veggie Pizza

Varsity

Boca Burger, Garden Burger, Classic Caesar Salad,
Grilled Cheese

In addition are our great salad bars, appetizers,
sides, many desserts and so much more!



For all menus, questions and dietary suggestions, please contact us at www.elon.edu/dining.