nora Brisson, Licensed Practical Nurse, checks on Dawn Stevens, WCC student, donating blood for the first time. Photo: K. Mcleod

Sanford serves WCC sick

By: Jill S. Watkins

Every Wednesday from 11:00 a.m. to 12:00 noon a line of students waits in the Student Activities office of the North Campus to see Dr. Virginia Sanford, M.D.

Sanford came to Goldsboro in 1969 and started her private family practice at 811 Simmons Street.

The following year she became the doctor for WCC.

Sanford graduated from Duke University with a degree in Family Practice.

She is the wife of Dr. Vernon Magnum.

They have two children a daughter Sarah Rose and a son Jamie. Also included in the family is Rip, a black labrador.

Sanford also serves on the staff at Wayne Memorial Hospital.

In her spare time Sanford preforms for Center Stage Theater.

She has also has a part in the up coming production of "Harvey".

Other hobbies include going to the beach, reading and writing.

Sanford advised
students: "Take advantage
of educational opportunities. Keep a level head.
Live each day. Take
concern for our environment
and the world around us."

Students bleed for Red Cross

By: K. McLeod

On Monday, October 22, the Red Cross Bloodmobile collected 102 pints of blood from 116 donors who attempted to give blood.

The event was held from 9 a.m. until 2 p.m. at the North Campus Student Union.

The Red Cross had set a goal of 90 pints contrasted with last fall's goal of 75 when 99 donors participated.

Twenty-four participants were first time donors.

Brenda Bellamy, Blood Coordinator of the Wayne County Chapter, said she was very pleased with the results of this quarter's "Bleed-In."

She complimented WCC student nurses who assisted with the bloodmobile: "They were a tremendous help."

The nurses had helped at the fall bloodmobile as well.

Three students were voluntary source plasmapheresis (VSP) donors.

According to an American Red Cross pamphlet, VSP is a special type of blood donation that allows a donor to give plasma, a critically needed blood component and the liquid portion of the blood in which all of the cells (red blood cells and platelets) are suspended.

When the donor's blood passes through the machine, the plasma is deposited into a separate bag and the red blood and platelets are returned to the body through the same needle.

This procedure takes approximately an hour and 15 minutes.

Students were given juice, cookies and pizza while recovering from their donations.

Bellamy cited the location, refreshments, and publicity as the main reasons for a successful bloodmobile.

The Red Cross encourages students to participate during the winter quarter "Bleed-In" on January 28, 1991.

Center's motto: Write right

The Liberal Arts Department is offering students assistance with writing assignments for the second consecutive year through the Writing Center.

This quarter, students in mammology, biopolitics, secretarial procedures, and western civilization courses have had English instructors proofread and edit their papers for

Instructors may require that students use the Center and that they have the helping instructor initial the paper.

grammatical, spelling, and

stylistic improvements.

"I have seen a big improvement in their writing," said wildlife instructor Susan Collins. "Employers tell us constantly that students need to write better than they do, so I require written reports to give students exposure to writing in their field."

Students need to make an appointment with an English instructor in advance of the paper's due date.

They should report to K14 to be assigned an instructor who may be available either to help or to make an appointment for another time.



Dr. Virginia Sanford awaits her next patient. Photo: Lorraine Roberts, SGA Office



Dr. Sanford examines the ear of Laurie Andrews, WCC nursing student. Photo: Jill Watkins